# BETH G. GOLDSTEIN, M.D., F.A.A.D.

#### Summary

I am the founding partner of one of the largest physician led dermatology practices in North Carolina, serving Sanford, Raleigh, Cary, Pittsboro, Durham, and Chapel Hill, NC. I focus on treating skin cancers and emphasize providing the best experience and outcome possible for the patient. With more than 32 years of dermatology experience, I have developed a focus on surgical dermatology, including Mohs surgery. In addition, I am the co founder of Skinvest, Inc. whose mission is to help men have their healthiest skin. It's my passion to educate patients about not only the prevention of skin cancer, but also its early detection when treatment is much more effective and less disfiguring. I also focus on educating patients about avoiding further sun damage to their skin.

#### Press

Medical News Today, Glamour, The Expedition, Bustle, Yahoo, Insider, Healthline, Everyday Health, Elite Health, Huffpost, Spy.com, Bustle 2022,

### Experience

Central Dermatology Center **President and Founder** 01/1999 - Current

Skinvest Inc. **Co-Founder** 08/2019 - Current

Central Dermatology Center | Chapel Hill And Sanford, NC **Mohs Micrographic Surgeon and Lab Director** 12/2008 - Current

Solo Practice | Chapel Hill, NC Dermatologist 01/1994 - 01/1999

Cary Dermatology | Cary, NC Employed Physician 07/1990 - 07/1993

### **Education and Training**

Medical College of Georgia | Augusta, GA, Georgia M.D 05/1986

University of Georgia | Athens, GA, Georgia B.S in Microbiology 01/1981 Cum laude graduate Medical College of Georgia | Augusta, GA Dermatology Resident 1990 Professional Memberships

American Society for Mohs Surgery - Fellow American Society for Dermatologic Surgery American Academy of Dermatology - Fellow Women's Dermatologic Society North Carolina Dermatology Association

## Licensure

Diplomate of the American Board of Dermatology State of North Carolina Medical License

## **Publications**

1. Goldstein AO, Goldstein BG. Skin Cancer. FP Essentials- American Academy of Family Physicians, October, 2012 2. Nasir, A., Goldstein, B.G., van Cleeff, M., Swick, L.: Clinical Evaluation of Safety and Efficacy of a New Topical Treatment for Onychomycosis, Journal of Drugs in Dermatology, 2011; 10(10): 1186-1191

 Goldstein, B.G., Goldstein, A.O., Malignant Melanoma, American Family Physician, 2001; 63: 1359-1368 4. Goldstein, B.G., Goldstein, A.O., Malignant Melanoma, Patient education handout, American Family Physician, 2001; 63: 1374
Goldstein, A.O., Ives, T.J., Goldstein, B.G., Mycotic Infections: Effective Management of Conditions involving Skin, Hair and Nails, Geriatrics, 2000: 55:40-52

6. Goldstein, BG, Fischer, PM, Richards RW Jr., Goldstein AO, Shank C: Smoking Counseling Practices of Recently Trained Family Physicians, Journal of Family Practice, 1987: 24 (2): 195-7

7. Goldstein BG: Psoriasis: Proceedings of the 4th International Symposium. Author: Farber EM, Nail L., Morhenn V. Jacobs PH, New York 1987. Elsevier Science Publishing Co., Journal of the American Academy of Dermatology, 1987; 18: 1374-75 (Book Review)

 Bastein MR, Goldstein BG, Lesher JL, Jr., Smith JG, Jr.: Treatment of lymphedema with a multi-compartmental pneumatic compression device. Journal of the American Academy of Dermatology, 2989: 10: 853-54 (letter) 9. Anders KA, Goldstein BG, Lesher JL Jr., Shimp RG, Chalker DK: The use of live pigs in the surgical training of dermatology residents. Journal of Dermatologic Surgery and Oncology, 1989: 15: 734-36
Goldstein BG, Smith JG Jr.: Dermatitis herpetiformis and sulfasalazine. Journal of the American Academy of Dermatology, 1990; 22: 697(Letter)

11. Goldstein, BG, Chalker DK, Lesher JL, Jr.: Acne Fulminans: A case report and literature review. Southern Medical Journal, 1990; 83(6): 705-708

12. Goldstein GB, Lesher JL, Jr.,: Periumbilical pseudoxanthoma elasticum with systemic manifestations. Southern Medical Journal, 1991: 84: 788-89

13. Roberts CA, Goldstein EK, Goldstein BG, Jarman KL, Paci K, Goldstein AO.: Men's Attitudes and Behaviors About Skincare and Sunscreen Use Behaviors. Journal of Drugs and Dermatology, 2020: 20: 88-93

14. Adams GJ, Goldstein EK, Goldstein BG, Jarman KL, Goldstein AO.: Attitudes and Behaviors that Impact Skin Cancer Risk Among Men. International Journal of Environmental Research and Public Health, 2021: 19: 9989

## Books

1. Goldstein, B.G., Goldstein, A.O., Practical Dermatology, 2nd edition, Mosby yearbook, St. Louis, 1997 2. Goldstein, B. G., Goldstein, A.O., Practical Dermatology, 1st edition, Mosby yearbook. St. Louis, 1992

## **Online Editor**

1. Goldstein BG, Goldstein AO. Patient information: Nonscarring hair loss. Dermatology articles 2009-2021.

UpToDate, www.UpToDate.com.

2. Goldstein AO, Goldstein BG. Patient information: Ringworm. Dermatology articles 2010-current. UpToDate, www.UpToDate.com.

3. Goldstein BG, Goldstein AO. Patient information: Warts. Dermatology articles 2010-current. UpToDate, www.UpToDate.com.

4. Goldstein BG, Goldstein AO. General principles of dermatologic therapy and topical corticosteroid use. Dermatology articles 2000-current, UpToDate, www.UpToDate.com.

5. Goldstein BG, Goldstein AO. Approach to dermatologic diagnosis. Dermatology articles 2000-2021. UpToDate, www.UpToDate.com

6. Goldstein BG, Goldstein AO. Approach to the patient with a scalp eruption. Dermatology articles 2000-current. UpToDate, www.UpToDate.com.

7. Goldstein BG, Goldstein AO. Approach to the patient with macular skin lesions. Dermatology articles 2000-2012. UpToDate, www.UpToDate.com

8. Goldstein BG, Goldstein AO. Approach to the patient with pustular skin lesions. Dermatology articles 2000-current. UpToDate, www.UpToDate.com

9. Goldstein BG, Goldstein AO. Androgenic Alopecia. Dermatology articles 2000-current. UpToDate, www.UpToDate.com 10. Goldstein BG, Goldstein AO. Dermatologic Procedures. Dermatology articles 2000-current. UpToDate, www.UpToDate.com

11. Goldstein AO, Goldstein BG. Nonscarring hair loss. Dermatology articles 2000-2020. UpToDate, www.UpToDate.com 12. Goldstein BG, Goldstein AO. Vitiligo. Dermatology articles 2000-2021. UpToDate, www.UpToDate.com 13. Goldstein AO, Goldstein BG. Scabies. Dermatology articles 2000-current. UpToDate, www.UpToDate.com 14. Goldstein BG, Goldstein AO. Keloids. Dermatology articles 2000-2021. UpToDate, www.UpToDate.com .Viewed on line 12,031 times in 2011.

15. Goldstein BG, Goldstein AO. Melasma. Dermatology articles 2000-2021. UpToDate,

www.UpToDate.com 16. Goldstein BG, Goldstein AO. Pseudofolliculitis barbae. Dermatology articles 2000-current. UpToDate, www.UpToDate.com

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19. Goldstein AO Goldstein BG. Cutaneous warts. Dermatology articles 2000-current. UpToDate,

www.UpToDate.com 20. Goldstein AO, Goldstein BG. Dermatophyte (Tinea) infections. Dermatology articles 2000-current. UpToDate, www.UpToDate.com

21. Goldstein BG, Goldstein AO. Tinea versicolor. Dermatology articles 2000-current. UpToDate, www.UpToDate.com
22. Goldstein BG, Goldstein AO. Benign neoplasms of the skin. Dermatology articles 2000-2021. UpToDate, www.UpToDate.com

23. Goldstein BG, Goldstein AO. Dermatoses in dark skinned patients. Dermatology articles 2000-2011. UpToDate, www.UpToDate.com

24. Goldstein BG, Goldstein AO. Lichen planus. Dermatology articles 2000-current. UpToDate, www.UpToDate.com

25. Goldstein BG, Goldstein AO. Metabolic and inherited diseases affecting the skin. Dermatology articles 2000-2012. UpToDate, www.UpToDate.com viewed online 22,203 times in 2011.

26. Goldstein BG, Goldstein AO. Pemphigus and bullous pemphigoid. Dermatology articles 2000-2016. UpToDate, www.UpToDate.com

27. Goldstein BG, Goldstein AO. Oral Lesions. Dermatology articles 2000-2020. UpToDate, www.UpToDate.com

28. Goldstein AO, Goldstein BG. Pediculosis. Dermatology articles 2000-current. UpToDate, www.UpToDate.com