PRODUCT REGISTRATION

Make sure to register your purchase at allensportsusa.com to qualify for product warranty and to receive important product notifications.
J1 JOGGER USER MANUAL
Please keep this User Manual for future reference.

PRIOR TO ASSEMBLY
Please read this Owner’s Manual completely before assembling or operating this product.
This product should be assembled by an adult.
# J1 JOGGER USER MANUAL

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1. IMPORTANT SAFETY INFORMATION

IMPORTANT ⚠️
Read and follow these instructions and safety rules before operating your jogger, for the safety of your child.

WARNING ⚠️
- Do not use your jogger if any part is damaged or missing.
- Never leave child unattended.
- Avoid serious injury from falling or sliding out. Always use safety restraint harness (crotch strap, waist belt and shoulder harness).
- Never hang items from handlebar, as it may result in tip over or loss of control.
- Do not skate with your jogger.
- Maximum load for seatback storage pockets is 4 lbs. Maximum weight for storage basket is 6 lbs.
- Do not use with children weighing more than 50 lbs/25 kg, or greater than 42 inches in height.
- It is recommended that a child be at least 6 months old before using for jogging. Check with your doctor, as child development differs.
- The jogger may become unstable if any of the manufacturer’s recommended weight loads are exceeded.
- Take care to avoid injury to fingers when unfolding and folding frame. Keep child away from jogger when preparing the jogger for use, making adjustments, or folding for transport or storage.
- Check that all folding elements are secure and operating correctly before each use.
- Inflate tires to 30-50 PSI. Always use a hand or foot pump to inflate tires.

CAUTION ⚠️
- Follow all manufacturer’s instructions.
- Engage brakes whenever you park the jogger.
- Do not leave children unattended.
- Do not carry extra children or shopping bags on this jogger.
- Make sure children are clear of any moving parts when adjusting the jogger.
SAFETY GUIDELINES

Think Safety First! Enjoy your jogger, but remember to follow a few guidelines to make your experience a safer one.

• **WRIST STRAP:** Wear the wrist strap at all times when operating your jogger. This is a safety line that connects you to your child.

• **PARK BRAKE:** This feature allows you to lock your jogger in place while loading and unloading. Even though the brake is very reliable, do not depend on these brakes to secure and protect your child. **DO NOT LEAVE YOUR CHILD UNATTENDED!**

• **ALL TERRAIN:** Your jogger is balanced and stable enough for general-purpose usage. It can be used at home on rough gravel roads, grass and sand.

• **IN-LINE SKATES:** **DO NOT USE YOUR JOGGER WITH IN-LINE OR OTHER TYPE OF SKATES.** To do so will increase the chance of falling and injuring your child dramatically.

• **OWNERS’ MANUAL:** The information in the Owners’ Manual is valuable. Retain for future reference.

• **HELMETS:** It is recommended to let your child wear a bicycle helmet. Your pediatrician can give you guidance in selecting the right helmet for your child.

• **NIGHT USE:** Operating the jogger at night can be dangerous. Your jogger is not recommended for nighttime usage. If you need to use it at night, please install light equipments and reflective materials to improve the visibility of the jogger.

• **ROUTINE CARE:** To prevent deterioration of fabric and rubber components, do not store your jogger outdoors. The seat can be hand washed in cold water. Allow fabric to air dry on frame. Check tires for proper pressure and make sure all fasteners are tight. **DO NOT MACHINE WASH OR DRY.**

• **WEIGHT LIMIT:** Maximum user weight capacity of your jogger is 50 lbs/25 kgs, or 42 inches in height. **DO NOT EXCEED THIS LOAD LIMIT.**

• **SEAT BELT:** Always make sure to fasten the seat belt during operation. This is a very important safety feature that should always be used.

• **BASKET:** The basket is provided as a convenience for small necessities. Cargo items placed in basket or pouch may affect the balance of the jogger. **DO NOT OVERLOAD THE BASKET AND THE SEAT POUCH.** Please keep in mind that maximum weight for basket contents is 6 Lbs/3 Kgs.

**ALWAYS PAY ATTENTION:**

• Purses, shopping bags, parcels and accessory items may change the balance of the jogger and cause hazardous, unstable conditions.

• Maximum weight to be carried in the basket is 6 lbs/ 3 kgs. Excessive weight may cause unstable, hazardous conditions.

• Be certain the jogger is completely latched before allowing the children to ride.

• A passenger who weighs more than 50 lbs/25 kgs or 42 inches in height will cause excessive wear and stress on the jogger and may cause tipping.

• Do not use the jogger on stairways or escalators.

• Never allow your jogger to be played as a toy.

• Periodically, check your jogger for loose screws, worn parts, torn material or stitching.

• Repair or replace the worn parts as needed.

• If the jogger malfunctions or become damaged, discontinue using it.
2. PARTS LIST

- (1) Front tire
- (2) Rear tires
- (1) Jogger strap

3. KEY FEATURES

- Quick Assembly, take down and storage
- Lightweight aluminum jogger with durable Quick-Release 16 inch wheels
- Safely and comfortably transports 1 child (up to 50 lb max payload). Minimum age: 6 months.
- Rear suspension smooths out the bumps in the road
- Raised rear axle for running comfort
- Five-point safety harness and a reclining seat
- Easy trigger folding and push button release rear wheels

Meets ASTM F1975 Norm for Cycle Trailers
Meets ASTM F833 Norm for Carriages and Joggers

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Please read all instructions and examine contents carefully before assembly.
4. ASSEMBLY INSTRUCTIONS

4.1 FRAME ASSEMBLY

Open carton and remove contents. Position the jogger frame as shown, with foam grip and sun canopy on the top and rear axle assembly on the ground (Fig. 1). Unfold the frame by lifting the handle, and allowing the rear axle to move down to the ground (Fig. 2). When unfolded, the locking mechanism on each side of the frame (Fig. 3) will close with an audible click. Take off the fabric from the tube (Fig. 4). Make sure the locking mechanisms are fully closed before continuing assembly.

![Figure 1]
![Figure 2]
![Figure 3]
![Figure 4]

4.2 REAR WHEELS

Lift the rear of the frame, then push and hold the button in the wheel center to allow you to insert the wheel axle into the hole in the frame (Fig. 5). Push the wheel all the way in to lock in place. After completing this operation, tug on the wheel to make certain it is properly locked in place. To remove the rear wheel, push and hold the button in the center of the wheel (Fig. 6) and pull the wheel out.

![Figure 5]
![Figure 6]
4.3 FRONT WHEEL

IMPORTANT: Seek qualified instruction on use of the Quick-Release lever.

The jogger is equipped with a Quick-Release front wheel. Wheel installation is quick and simple. Place the jogger so the rear wheels and handlebar are touching the floor. The front axle has a flat area on it (Fig. 7) that you must align with the slots in the front fork. After aligning the front wheel in the fork slots, align the safety washers so the hook-shaped tip fits in the hole in the fork end; and then slide the wheel all the way into the front fork. When you set the wheel in its position, and the Quick-Release lever in the “Open” position, tighten the finger nut on the axle until it is nearly touching to the fork. Move the lever into the “Closed” position (Fig. 8). You should feel significant resistance when closing the lever. If you do not feel enough resistance, open the lever and tighten the finger nut a bit more and close the lever again. Continue to do this operation until the movement of the lever results in tension on the lever when closing, and the wheel is tight. When you complete the wheel installation process, attempt to pull wheel out. If wheel fails to be stable, tighten the finger nut further and repeat the test.

CAUTION: You cannot tighten the Quick-Release lever by merely twisting. You can only ensure it is locked by properly tightening the finger nut and then flipping the Quick-Release lever from “Open” to “Closed”.

WARNING: Failure to properly install and adjust wheels with Quick-Release levers could allow wheel to come off during use. This could lead to serious injury.

4.4 HANDBRAKE

The Jogger kit includes a hand-operated V-brake caliper for use while walking or jogging. To connect the brake, simply squeeze the brake caliper together, while pulling the curved metal tube cable housing, and insert the cable ferrule into the metal bracket on the opposing brake arm. This fixes the brake caliper and allows your brake to function properly.

CAUTION: Test the hand brake before each use to make sure that it slows down the jogger. If brake fails to stop jogger properly, visit your local bicycle deal for adjustment service.
4.5 ADJUSTABLE HANDLEBAR
The handlebar of the jogger can be positioned easily. To set the perfect position for you, press the buttons on each side of the handle (Fig. 11) and raise or lower to the position as desired.

![Figure 11](image1.png)

4.6 PARKING BRAKE
The parking brake consists of a pedal that engages a slotted hub, which is affixed to the rear wheels (Fig. 12, Fig. 13). This brake blocks the movement ability of the jogger completely. To apply, press the pedal with your foot until the pedal engages with a slot on the hub. Always use both wheel brakes when parking jogger. To release the brake, lift the brake pedal with your foot.

NOTE: Never leave child unattended.

![Figure 12](image2.png) ![Figure 13](image3.png)

4.7 WRIST STRAP
IMPORTANT: Every Allen Sports Jogger comes with a strong, nylon wrist safety strap. Please make sure to attach this to the main handle bars when installing your jogger. Wear the wrist strap at all times when operating your stroller. This is a safety line that connects you to your child.

Installation of the strap is simple and easy. Simply wrap the strap over the handle bars and slip one end through the looped end to securely link the strap to the jogger. The slide your wrist into the looped end as shown here in Figure 14. If you slip or lose grip of the handle bars, the wrist strap will ensure that you stay connected to the jogger. The wrist strap is meant as a safety measure and is not intended for use of pulling or dragging the jogger or for usage in stopping or slowing the jogger.

![Figure 14](image4.png)
4.7 SEAT BELT

To Close & Adjust Waist Belt: Slide forked male portion of the buckle into the female portion until it snaps securely. Pull the ends of the seat belt until snug around your child’s waist.

![Figure 15](image)
![Figure 16](image)
![Figure 17](image)

To Adjust Shoulder Harness: Slide buckle up or down to suit the shoulder height of your child. The shoulder straps should be fitted snugly around the child’s torso. They can be adjusted by pulling the loose end of the strapping through the plastic buckle.

To Release: Press the red button in the center of the buckle with your finger, releasing both sides of the buckle.

4.8 RECLINING

Your jogger includes a reclining seat to allow your child to sleep more comfortably. To recline, lift to release the red latch on the rear of the seat, and allow the seat to recline back. To return to the upright position, lift seat back to close the red latch.

CAUTION: When fully reclined, the jogger may tip over more easily.

4.9 FOLDING

Your jogger can be easily folded for transport. First, set the seat to the upright position. Next, lift the plastic triggers on both sides of the handle (Fig. 18) and push down the handle. Be careful not to pinch your fingers. For a more compact fold, remove wheels as described above.
5. MAINTENANCE

Before each ride, check the jogger for signs of wear or damage. Inflate tires to correct pressure as stated on tire sidewall, and check for wear and tear before each ride. Use of hand pump recommended to avoid over-inflation. Check nuts and bolts for tightness, and make sure Quick-Release pins for wheels and frame are secured. The jogger fabric can be cleaned with mild soap and water, and allowed to air dry. The fabric is not machine washable.

6. WARRANTY

Visit www.allensportsusa.com for full warranty details.
If your product requires warranty service, please do not return it to a retail store.

Please contact:

ALLEN SPORTS USA

CUSTOMERSERVICE@ALLENRACKS.COM

Please note that all returns and exchanges are subject to the return policy of the retailer where the product was originally purchased.

LEARN MORE

For more information, including instructional videos and online manuals, visit ALLEN CARE at www.allensportsusa.com

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