

FREEMOTION.

# r8.9b RECUMBENT BIKE

MODEL # VMEX82018

## CARDIO 8 SERIES RECUMBENT BIKE

This upgraded biking experience comes with a simplified console made smarter with the addition of the users smart device. Use "as is" and the bike tracks workout essentials such as calories, time and distance. Sync a personal device and choose from workouts filmed on location around the world and the bike will match the workout with increased/ decreased resistance.



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### PRODUCT FEATURES

#### FRONT AND CENTER

Users can keep an eye on everything that keeps them motivated: speed, resistance, RPM, distance, calories, time, heart rate, watts, and pace on the simplified user interface.

#### IFIT® SYNC

Experience 'What's Next' in smart training. The console on the r8.9b Recumbent Bike powered by iFit® goes from simple to interactive when synced with a smart device. As the industry's first "Bring Your Own Device"-solution, the recumbent has resistance matching technology to recreate the actual terrain of video workouts filmed around the world.

#### STEP-THRU™ DESIGN

This bike's innovative design eliminates the traditional base, making it easier to get on and off the bike.

#### 24 LEVELS OF DIGITAL RESISTANCE

To burn more calories, crank up the intensity. To improve muscle tone, choose one of the 24 resistance levels.

#### QUICKLIFT™ OVERMOLDED SEAT

For easy, secure seat adjustments, simply lift the lever and quickly slide the seat to the desired position and it locks in place.

#### BUILT-IN WORKOUTS

Choose between 4 Weight Loss, 4 Speed Interval, 2 Race Training, 2 Hill Climb, Heart Rate and Watts Training workouts with the touch of a button.

#### WARRANTY

**US:** 7 Years Frame, 3 Years Parts, 3 Years Labor (in non-dues paying facilities)

**INTERNATIONAL:** 7 Years Frame, 3 Years Parts, 1 Year Labor

**UNITED KINGDOM:** 7 Years Frame, 3 Years Parts, 3 Years Labor

### SPECIFICATIONS

<b>Resistance System</b>	Digital Resistance Control
<b>Crank</b>	2-Piece Crank
<b>Transport Wheels</b>	2 in (5 cm) transport wheels
<b>Display Type</b>	LED display
<b>Resistance Levels</b>	1-24 levels
<b>Preset Programs</b>	4 Weight Loss, 4 Speed Interval, 2 Race Training, 2 Hill Climb, Heart Rate, Watt Training
<b>Electronic Readouts</b>	6 preset (20 levels) / Fitness test / HRC (6levels) / WATT control / goal (time, distance and calories)
<b>Maximum User Weight</b>	400 lbs (182 kg)
<b>Equipment Dimensions (L x W x H)</b>	69.3 x 23.3 x 49.4 in (176 x 59.1 x 125.4 cm)
<b>Equipment Weight</b>	204.2 lbs (92.6 kg)
<b>Shipping Dimensions (L x W x H)</b>	70 x 17.9 x 30.6 in (177.8 x 45.4 x 77.7 cm)
<b>Shipping Weight</b>	225.1 lbs (102.1 kg)
<b>Power Requirements US &amp; Canada/International</b>	110 VAC, 240 VAC
<b>Regulatory Approvals</b>	CE, BQB

#### OPTIONAL

- 15.6 in (39 cm) HD Personal TV
- 900/800 MHz receiver (MYE900RCVR)