

FREEMOTION.

# GENESIS™ QUAD

MODEL # F609



## CABLE STRENGTH GENESIS™

The no-adjustment, open design of the Genesis Quad has zero learning curve. One size fits all; simply select the weight, drop the foot in the tough foot cage and get to work. Face the machine or turn away and grip the handle to target the front and back of the leg. A nice alternative to the traditional machine that has people lying down with glutes in the air. The smart drop down platform creates the perfect path to swing the leg without raising the hip.

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### PRODUCT FEATURES

- ① **INDUSTRIAL CONSTRUCTION**  
Built with 11 and 7-gauge steel and electrostatically powder-coated, this machine is built to last.
- ② **UPGRADED HANDLE**  
The Freemotion Quad has an upgraded handle with improved ergonomics and multiple grip positions.
- ③ **WEIGHT STACK**  
The protected, enclosed weight stack limits access to moving parts to better prevent accidents or injury.
- ④ **TAKE A STAND**  
The upgraded Line-X Platform has been added to make foot positioning more comfortable.
- ⑤ **SWIVEL PULLEYS**  
The pulley design creates fluid cable travel and nearly unlimited range of motion.
- ⑥ **CABLE TRAVEL**  
Extensive cable length creates full exercise extension. Two legs: 42 in (106.6 cm)
- ⑦ **FOOT HARNESS**  
The smart design harness fits people of varying foot size.
- ⑧ **KICK PLATES**  
Large, 16-gauge, stainless steel kick plates protect the machine from wear and tear.

### SPECIFICATIONS

Weight Stack	150 lbs (68 kg)
Weight Stack Configuration	5 - 50 X 5 lbs (0 - 22.6 X 2.2 kg) 60 - 150 X 10 lbs (27.2 - 68 X 4.5 kg)
Resistance	1 Arm - 75 lbs (34 kg) 2 Arms - 150 lbs (68 kg)
Cable Travel	Two legs: 42 in (106.6 cm)
Rubber Feet	Molded floor protectors
Standard Frame Colors	Platinum Sparkle
Optional Frame & Upholstery Colors	On Request
Product (L x W x H)	66 x 36 x 77 in (167.6 x 91.4 x 195.5 cm)
Shipping Weight	431 lbs (195.4 kg)
Regulatory Approval	EN957, CE

#### WARRANTY | US AND INTERNATIONAL

10-Year Frame | 3-Year Bearings, Guide Rods, Pulleys and Weight Stacks | 1-Year Cable and Labor  
120-Days Upholstery, Handles and Accessories.