

CABLE STRENGTH **GENESIS**™

Machines that do more than one thing maximize your floor space and ROI. This Genesis Bicep features a rotating seat for a seated or standing position to isolate the biceps or activate stabilizers. The patented Freemotion cable delivers smooth, consistent resistance for user-defined strength training that prevents arms from hyper-extending, lessening the chance of injury.



GENESIS™ BICEP

PRODUCT FEATURES

- 1 INDUSTRIAL CONSTRUCTION
 - Built with 11 and 7-gauge steel and electrostatically powder-coated, this machine is built to last.
- (2) WEIGHT STACK

The protected, enclosed weight stack limits access to moving parts to better prevent accidents or injury.

TRADITIONAL SEATED POSITION

A supported, seated position is ideal for traditional and first-time exercisers. To further challenge the body and initiate core muscles, move forward on the seat or stand up.

4 INDEPENDENT ARM MOVEMENT

Unilateral handles move independently to create single or dual-arm exercises that build strength with balance and symmetry.

CABLE TRAVEL

An extra long cable length creates full exercise extension: Single arm: 84 in (213.3 cm), two arms: 42 in (107 cm).

SWIVEL PULLEYS

Swivel pulley design ensures fluid cable travel and provides nearly unlimited range of motion.

KICK PLATES

Large, 16-gauge, stainless steel kick plates protect the machine from wear and tear.

WARRANTY | US AND INTERNATIONAL

10-Year Frame \mid 3-Year Bearings, Guide Rods, Pulleys and Weight Stacks \mid 1-Year Cable and Labor 120-Days Upholstery, Handles and Accessories.

SPECIFICATIONS Weight Stack 150 lbs (68.03 kg) 5 - 50 × 5 lbs (0 - 22.6 × 2.2 kg) Configuration 60 - 150 × 10 lbs (27.2 - 68 × 4.5 kg) 1 Arm - 75 lbs (34 kg) Resistance 1 Arm - 42 in (107 cm) 2 Arm - 84 in (213.3 cm) 2 Arm - 84 in (213.3 cm) Rubber Feet Molded floor protectors Standard Frame Colors Platinum Sparkle Optional Frame & Upholstery Colors On Request Product (L x W x H) 52 × 36 × 77 in (132 × 91.4 × 195.5 cm) Shipping Weight 431 lbs (195.4 kg) Regulatory Approval EN957, CE