

FREEMOTION.

# GENESIS™ *SHOULDER*

MODEL # F601



## *CABLE STRENGTH GENESIS™*

The Genesis Shoulder Press welcomes people to a more effective workout. There's no intimidation factor on this machine, just a better way to build shoulder definition. When the person chooses to stand, core muscles are activated to get more out of a standard workout. The Genesis Shoulder Press is constantly evolving - every time a member uses it they can upgrade the challenge to gradually see results over time.



## GENESIS™ SHOULDER

### PRODUCT FEATURES

- ① **TRADITIONAL SEATED POSITION**  
A supported, seated position is ideal for traditional and first-time exercisers. To further challenge the body and initiate core muscles, move forward on the seat or stand up.
- ② **CABLE TRAVEL**  
Extensive cable length creates full exercise extension. Two arms: 42 in (106.6 cm).
- ③ **SWIVEL PULLEYS**  
The pulley design creates fluid cable travel and nearly unlimited range of motion.
- ④ **INDUSTRIAL CONSTRUCTION**  
Built with 11 and 7-gauge steel and electrostatically powder-coated, this machine is built to last.
- ⑤ **WEIGHT STACK**  
The protected, enclosed weight stack limits access to moving parts to better prevent accidents or injury.
- ⑥ **KICK PLATES**  
Large, 16-gauge, stainless steel kick plates protect the machine from wear and tear.
- ⑦ **INDEPENDENT ARM MOVEMENT**  
Unilateral handles move independently to create single or dual-arm exercises that build strength with balance and symmetry.

### SPECIFICATIONS

Weight Stack	150 lbs (68.03 kg)
Weight Stack Configuration	5 - 50 X 5 lbs (0 - 22.6 X 2.2 kg) 60 - 150 X 10 lbs (27.2 - 68 X 4.5 kg)
Resistance	1 Arm - 75 lbs (34 kg) 2 Arms - 150 lbs (68 kg)
Cable Travel	Two arms: 42 in (106.6 cm)
Rubber Feet	Molded floor protectors
Wheelchair Accessible	Yes
Standard Frame Colors	Platinum Sparkle
Optional Frame & Upholstery Colors	On Request
Product (L x W x H)	60 x 52 x 73 in (152.4 x 132 x 185.4 cm)
Shipping Weight	431 lbs (195.4 kg)
Regulatory Approval	EN957, CE

#### WARRANTY | US AND INTERNATIONAL

10-Year Frame | 3-Year Bearings, Guide Rods, Pulleys and Weight Stacks | 1-Year Cable and Labor  
120-Days Upholstery, Handles and Accessories.