

freemotion

EPIC *PLATE LOADED LEG PRESS* FREE WEIGHT

MODEL # **F218**



STRENGTH EPIC FREE WEIGHT

This heavy-duty piece of equipment has a starting resistance of 90 lbs (40.8 kg) and a maximum load weight of 900 lbs (408 kg). The four-bar linkage on the EPIC Plate Loaded Leg Press allows the lower body to move in a more natural pattern and helps reduce stress on the knees. Tough grip Line-X® coating ensures stable foot placement while a sophisticated weight-locking lever ensures safe and easy use. Each load bar is positioned for easy entry and exit and pre-drilled holes can be bolted to the floor for added stability.



EPIC FREE WEIGHT PLATE LOADED LEG PRESS

PRODUCT FEATURES

PLUSH AND TOUGH

Choose from four convenient seat positions to accommodate workout preferences. Plush 1.5 in (3.8 cm) foam and high-quality vinyl add to the seat's comfort and durability.

GOING UP

Getting on and off the machine is easier thanks to the seat and platform adjustment.

OPEN DESIGN

Each load bar holds up to 450 lbs (204.1 kg) per side and is positioned to facilitate easy entry/exit of the machine.

DUAL-SIDE WEIGHT LOCKING LEVER

To begin exercising, simply place feet on platform, extend to start position and pull the locking lever up. To exit the machine, return to start position, push the lever down and release the platform.

TEXTURED PLATFORM

To help ensure secure foot placement, the platform is coated with Line-X®.

BOLT-DOWN HOLES

For added safety, this bench can be bolted to the floor through pre-drilled holes.

INDUSTRIAL CONSTRUCTION

The Plate Loaded Leg Press is built with heavy-duty steel. It's also electro-statically powder-coated for a commercial, sleek finish.

CUSTOMIZABLE COLOR OPTIONS

A variety of color options are available to match your gym or specific color preferences. A surcharge may apply.

WARRANTY US AND INTERNATIONAL

10 Year Frame | 3 Year Bearings and Pulleys

1 Year Cables and Labor | 120 Days Upholstery, Handles and Accessories

SPECIFICATIONS

Adjustments	Adjustable seat
Upholstery	Stretched/Sewn vinyl 1.5 in (3.8 cm) thick high density foam
Max User Weight	350 lbs (159 kg)
Workout Area	39.29 ft² (3.65 m²)
Standard Frame	Platinum Sparkle (Black River - Optional)
Upholstery Colors	Black, Graphite, Blue Ridge, Burgundy, American Beauty Red, Grand Sierra Wheat
Product Dimensions (LxWxH)	82 x 69 x 58 in (208.2 x 175.2 x 147.3 cm)
Shipping Dimensions (LxWxH)	Box 1: 61.8 x 29.5 x 37.8 in (156.9 x 74.9 x 96 cm) Box 2: 13 x 5.5 x 37 in (33 x 13.9 x 93.9 cm)
Shipping Weight	Box 1: 475 lbs (215.4 kg) Box 2: 10 lbs (4.5 kg)
Regulatory Approval	EN957, CE