# PLATE LOADED SQUAT

**MODEL # F217** 

# STRENGTH **EPIC FREE WEIGHT**

The EPIC Plate Loaded Squat features a unique contoured platform which enables users to maintain correct ankle alignment. It's also textured with Line- $X^{\otimes}$  to ensure stable foot placement. Contoured shoulder pads swivel and slide to comfortably fit a wide variety of people. And, low plate load design allows for easy loading and unloading, no higher than waist level. Other features include a weight-locking lever, safety stop, bolt-down holes and heavy-duty steel construction. The Plate Loaded Squat is also electrostatically powder-coated for an eye-catching finish.



# **EPIC FREE WEIGHT** PLATE LOADED SQUATE

## PRODUCT FEATURES

#### STEADY AND READY

Unique contoured design of this platform helps maintain correct ankle alignment. It's also textured with Line- $X^{\circ}$  to ensure stable foot placement.

### **EASIER ON SHOULDERS**

Contoured shoulder pads swivel and slide to comfortably fit a wide variety of users.

#### **WEIGHT-LOCKING LEVER**

Simply lift the weight carriage to begin exercising. To finish the workout, push down on the weight-locking lever and lower the carriage into one of three locking positions.

#### **LOW PLATE LOAD DESIGN**

Plate storage bars are positioned near the load arms for easy loading and unloading, no higher than waist level.

#### **SAFETY STOP**

Users set the lowest point in squat motion by placing a solid steel locking bar in 1 of 7 positions.

#### **BOLT-DOWN HOLES**

For added safety, this bench can be bolted to the floor through pre-drilled holes.

#### **INDUSTRIAL CONSTRUCTION**

The Plate Loaded Squat is built with heavy-duty steel. It's also electro-statically powder-coated for a commercial, sleek finish.

#### **CUSTOMIZABLE COLOR OPTIONS**

A variety of color options are available to match your gym or specific color preferences. A surcharge may apply.

#### WARRANTY US AND INTERNATIONAL

10 Year Frame | 3 Year Bearings and Pulleys

1 Year Cables and Labor | 120 Days Upholstery, Handles and Accessories

## **SPECIFICATIONS**

Upholstery	Stretched/Sewn vinyl 1.5 in thick high density foam
Max User Weight	350 lbs (159 kg)
Workout Area	29.69 ft² (2.76 m²)
Standard Frame	Platinum Sparkle (Black River - Optional)
Upholstery Colors	Black, Graphite, Blue Ridge, Burgundy, American Beauty Red, Grand Sierra Wheat
Product Dimensions (LxWxH)	75 x 57 x 68 in (190 x 144.7 x 172.7 cm)
Shipping Dimensions (LxWxH)	Box 1: 76.3 × 31.8 × 32 in (193.8 × 80.7 × 81.2 cm) Box 2: 38.5 × 13.3 × 5.1 in (97.7 × 33.7 × 12.9 cm)
Product Weight	137 lbs (62 kg)
Shipping Weight	<b>Box 1:</b> 553 lbs (250.8 kg) <b>Box 2:</b> 10 lbs (4.5 kg)
Regulatory Approval	EN957, CE