

FREEMOTION

EPIC SELECTORIZED

LATERAL RAISE

MODEL # ES816

FREEMOTION

CABLE STRENGTH EPIC SELECTORIZED

The Freemotion EPIC Lateral Raise builds strength in the shoulders with arms that move independently to create single or dual exercises. Less time adjusting the fit on this machine means more time targeting coveted shoulder muscles to improve strength in everyday life. A new, lower tower height promotes an open feel.



EPIC SELECTORIZED LATERAL RAISE

PRODUCT FEATURES

LOW PROFILE TOWER DESIGN

The low profile tower works well with an open design floor plan and adds to the 'welcome' environment.

UNILATERAL ARM MOVEMENT

Handles move independently to create single or dual-arm exercises that build strength with balance and symmetry.

MOLDED ARM PADS

Contoured to fit the shape of the body, the machine's arm pad have been carefully molded to create a comfortable fit.

BUILT-IN STORAGE

The redesigned top cap of this machine features a built-in accessory tray to help users keep track of their phone, keys and more.

SMALLER FOOTPRINT

The new EPIC Lateral Raise has a smaller, narrower footprint to free up your square footage.

SWIVELING HANDLES

Handles swivel to accommodate users of various body types.

MULTIPLE SEAT ADJUSTMENTS

Seat adjusts to multiple positions to accommodate users of all sizes.

HEAVY DUTY CABLE

Heavy duty cable is designed to support the rigorous usage demands of this machine.

HEAVY DUTY FLOOR PROTECTORS

Made with molded rubber, the Freemotion floor guards help better protect your floor.

EASY SERVICEABILITY

The tower design allows for simple cable service.

WARRANTY US AND INTERNATIONAL

10 Years Frame | 3 Years Parts | 1 Year Cables and Labor | 120 Days Other

SPECIFICATIONS

Weight Stack	205 lbs (92.9 kg)
Resistance	205 lbs (92.9 kg)
Drop Down Weight	5 lbs (2.2 kg)
Weight Stack Configuration	10 lbs header (4.5 kg) 20-180 x 10 lbs (4.5 kg) 190-200 x 20 lbs (9 kg)
Standard Frame	Platinum Sparkle, Black River
Plastic Color	Black
Upholstery Color	Black
Product Dimensions (LxWxH)	33.4 x 45.3 x 57.8 in (84.8 x 115 x 146.8 cm)
Product Weight	440.9 lbs (200 kg)
Shipping Dimensions (LxWxH)	Box 1: 75 x 29 x 46 in (190.5 x 73.6 x 116.8 cm) Box 2: 20.2 x 15.3 x 5.9 in (51.3 x 38.8 x 14.9 cm)
Shipping Weight	Box 1: 545.8 lbs (248.5 kg) Box 2: 13 lbs (5.8 kg)
Regulatory Approval	CE