

FREEMOTION

EPIC SELECTORIZED

HIP ADDUCTION/ABDUCTION

MODEL # ES809

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CABLE STRENGTH EPIC SELECTORIZED

The open, accessible design of the EPIC Hip Adduction/Abduction machine by Freemotion makes working the thighs easier for all body types. This comfortable, non-restrictive design with a lower weight tower, features pivoting pads to create two leg workouts in one machine. Multiple start positions isolate and strengthen inner and outer upper leg muscles to contribute to an all over strength training workout.



EPIC SELECTORIZED HIP ADDUCTION/ABDUCTION

PRODUCT FEATURES

LOW PROFILE TOWER DESIGN

The low profile tower works well with an open-design floor plan and adds to the 'welcome' environment.

PIVOTING THIGH PADS

Padded for comfort, these thigh pads pivot to perform hip adduction and abduction movements.

MULTIPLE HANDLE POSITIONS

Designed with multiple start positions to accommodate users of varying sizes.

BUILT-IN STORAGE

The redesigned top cap of this machine features a built-in accessory tray to help users keep track of their phone, keys and more.

SMALLER FOOTPRINT

The new EPIC Hip Adduction/Abduction has a smaller, narrower footprint to free up your square footage.

TEXTURED FOOT PEGS

Foot pegs are textured for secure placement and to better help isolate the lower leg.

HEAVY DUTY FLOOR PROTECTORS

Made with molded rubber, the Freemotion floor guards help better protect your floor.

EASY SERVICEABILITY

The tower design allows for simple cable service.

WARRANTY US AND INTERNATIONAL

10 Years Frame | 3 Years Parts | 1 Year Cables and Labor | 120 Days Other

SPECIFICATIONS

Weight Stack	205 lbs (92.9 kg)
Resistance	205 lbs (92.9 kg)
Drop Down Weight	5 lbs (2.2kg)
Weight Stack Configuration	10 lbs Header (4.5 kg) 20-100 x 10 lbs (4.5 kg) 110-200 x 20 lbs (9 kg)
Standard Frame	Platinum Sparkle, Black River
Plastic Color	Black
Upholstery Color	Black
Product Dimensions (LxWxH)	61.4 x 64.1 x 57.8 in (155.9 x 155.1 x 146.8 cm)
Product Weight	617.2 lbs (280 kg)
Shipping Dimensions (LxWxH)	Box 1: 68 x 30.3 x 52.5 in (172 x 76.9 x 133.3 cm) Box 2: 37.4 x 14.5 x 4.3 in (94.9 x 36.8 x 10.9 cm)
Shipping Weight	Box 1: 709.2 lbs (321.6 kg) Box 2: 22 lbs (9.9 kg)
Regulatory Approval	CE