

## **The Pranic Healing and Twin Hearts Meditation concepts in Thirukkural and the need to practice them in large numbers to achieve the warless Vedhathiri World Consciousness**

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### **Abstract**

It is possible to design a safe and happy planet from its present state which is in chaos due to the creed driven society associated soaked with "consumerism". The creed driven excited society is clamoring more and more for everything from water, air, energy, and luxurious consumer products that makes money making the ultimate goal. The need for transforming youth through Yoga and Meditation is essential for both rich and poor families. The need for therapies like Pranic Healing, REIKI and alternate medical practices to save the mankind in this lovely planet is felt by peace loving peoples and teachers. Thiruvalluvar has given excellent concepts before two thousand years to save this planet from such calamities. Vedhathri Maharishi has proclaimed the possibility of making the War free, peaceful earth by our ancient wisdom and present day yogic technologies. Recently **Grand Master GMKCS** has introduced the Pranic Healing methodology and meditation with Twin Hearts that is evolved from ancient wisdom in China and India. Combination of concepts from Thirukkural, Vedhathiri Maharishi Teachings and GMKCS would be a need of the hour and the technology is discussed in this paper.