Health Care Budget – State of Indian public finance and the complementing tools to support

- 1) Mrs. Sivasankari Perumal, Research Scholar, Dept of Yoga for Human Excellence, Bharatiar University, Tamilnadu, India
- 2) Dr V Ramadas, Dept of YHE, Director, WCSC-VISION SKY Research Center, Aliyar, TN 642101

Abstract: Background

All developing economies and underdeveloped economies have huge challenge in managing the expectations from the fiscal perspective on Public Health. India is also one among the country to have relatively lesser public health budgets in the World, compared to its Gross Domestic Product (GDP). Consequently the performance of public healthcare delivery system gets impacted in various forms, like User charges acting as a major hurdle, falling infrastructure, shortage of skilled personnel, notorious unaccountable public-private partnership and unavailability of medicines etc. Simplified Kundalini Yoga (SKY) system devised by Vethathiri Maharishi can meet the needs and demands with in the available means from health care perspective.

Objective:

In this study, we assess the constitutional rights to health, current health conditions like Mortality rate, Age, Overview of financial allocation to the Ministry of Health and Family Welfare (MoHFW), Allocation of major expenditure heads, Sources of financing for current health expenditure, the new insurance scheme namely the National Health Protection Scheme, Universal Health Coverage (UHC) system, National Health Mission, Public health care professions (including AYUSH doctors besides Allopathic Doctors), the state of medical education and the Out-of-Pocket expenses details by citizens. Amidst the above, how SKY system can complement the financial situation of the country and release the stress on Indian Govt budgetary allocations, thereby resources can be well deployed on the needy sectors. Vethathiri Maharishi has clearly differentiated the benefits and impacts on all popular medical sciences, be it Allopathic medical science, Siddha medical science & Homeopathic medical science. The study tries to assess how the SKY yoga practices can help to achieve healthy people.

Methods:

To understand the current financial situation on public health, following documents which are available in public domain, are considered as base material:- Union Budget, Economic Survey by Ministry of Finance, National Health Policy, Reports of World Health Organisation, Studies by NITI Aayog. Vethathiri Maharishi's philosophical books, Research reports published by VISION (Vethathiri Maharishi Institute of Spiritual & Intuitional Education) – Research Wing on the health benefits.

Conclusion:

By (i) practicing the SKY Yoga system, (ii) making public aware of SKY Yoga system, (iii) creating infrastructure for inculcating the habit of SKY yoga system provides the great scope to improve the overall public health as well the specific indicators like Mortality rate, Average Age, Utilisation of available qualified professional etc.