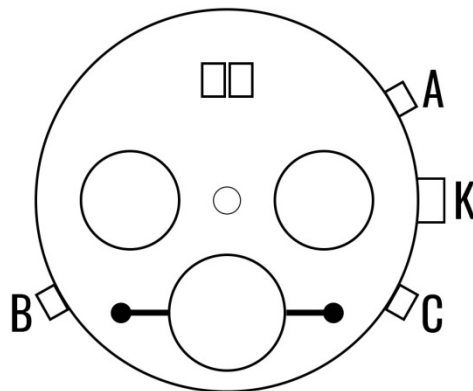


## Athos Automatique – User manual



### Automatic movement

The Athos Automatique model has an automatic movement. The power reserve is approximately 48 hours. Power reserve refers to the available energy stored in a watch's mainspring. While the watch runs, the spring gradually unwinds, until all the power is spent and the watch stops or is wound up again. The power reserve is directly related to the activity of the wearer. For example, a watch worn for 12-15 hours is sufficient to provide a power reserve of 20 hours. If you have not worn the watch for several days, please wind it up again before wearing it.

### Winding

Before using the watch for the first time or if you have not worn the watch for more than 48 hours, it must be wound up. To wind the watch, turn the crown (K) approximately 50 turns clockwise (upwards towards 12 o'clock) without pulling out the crown (K) first. You will hear a soft sound of the winding mechanism when winding the watch. Please always turn the crown (K) clockwise to wind it up. During the first two weeks, the watch should be rewound once a day. Wearing the watch daily will prevent it from stopping. If you do not wear the watch for a long period of time, the power reserve is used up and the movement will stop. Now wind the watch by hand again and, if necessary, repeat the daily manual winding process over a period of several days.

### Setting the time

You should wind your watch first before you set the time. After winding, gently pull out the crown (K). Turn the crown (K) so that the hands turn clockwise. When you have set the time correctly, push the crown (K) firmly back against the case to its original position.

Please make sure that the time is set to morning or afternoon so that the date can change correctly. Example: You want to set the time to 13:00. Pull out the crown (K)

and turn the crown (K) until the hands pass the 12 o'clock marker. If the date jumps one day when the hands pass the 12 o'clock mark, you know that you have just passed 24:00. Therefore, continue turning the crown (K) until the watch passes the 12 o'clock mark again (12:00 noon) and then continue turning for another hour. Then you can push the crown (K) back in to its original position.

### **Setting the date**

Press pusher (A) once to advance the date by one day. Repeat the procedure until the desired date is displayed. **Please note:** Do not make these settings when the time displayed on your watch is between 20:00 and 04:00! This may damage the movement.

### **Setting the weekday**

Press pusher (B) once to advance the day of the week by one day. Repeat the procedure until the desired weekday is displayed. **Please note:** Do not make these settings when the time displayed on your watch is between 20:00 and 04:00! This may damage the movement.

### **Setting the month**

Press pusher (C) once to advance the month display by one month. Repeat the procedure until the desired month is displayed. **Please note:** Do not make these settings when the time displayed on your watch is between 20:00 and 04:00! This may damage the movement.