

Aqua therapy

From moisturisers to serums, hydration is the key to unlocking a glowing complexion.

1 This water-based serum is packed with highly concentrated actives to help boost hydration and skin radiance. Liberty Belle Rx Glam Squad, \$144, libertybellerx.com.au **2** The peptides in this face cream deliver a luminous, even complexion. Babor ReVersive Pro Youth Cream, \$282, babor.com.au **3** A protective and brightening antioxidant-rich oil designed to defend against environmental stressors including pollution and UV. Bybi Buriti Booster, \$23, sephora.com.au **4** An overnight gel mask with traditional Chinese herbs that act as a barrier to moisturise the skin and minimise the signs of ageing. Yora Revitalise Face Mask, \$155, yora.com.au **5** A refreshing face mist that locks in moisture to restore hydration. Yora Refresh Face Mist, \$115, yora.com.au **6** A silky, non-foaming formulation that contains powerful AHAs to refine skin texture without stripping the skin's lipid barrier. Dermalist Ultra Hydrating Lactic Cleanser, \$69, dermalist.com **7** This age-defying face oil is enriched with an abundance of omega-rich oils to help achieve youthful and radiant skin. Edible Beauty & Exotic Seed of Youth Anti-Ageing Oil, \$64, ediblebeautyaustralia.com