



Dundalk Leisurecraft Outdoor Cedar Barrel Shower Assembly Instructions

Please read and understand the complete instructions prior to assembly and use of your sauna. Customer agrees not to hold Dundalk LeisureCraft Inc. and any of its authorized dealers liable for improper installation, maintenance and repair of this product



Requirements

- *2 People (Recommended)
- *Rubber Mallet
- *Flat Head Screwdriver
- *Cordless Drill (We supply the bit)
- *Impact Driver
- *3/4' Open end crescent wrench or Socket
- *6' Step Ladder
- *Carpenters Level
- *Measuring Tape
- *Gloves

View the assembly process on YouTube

www.dundalkleisurecraft.com



Outdoor Cedar Barrel Shower Assembly Instructions



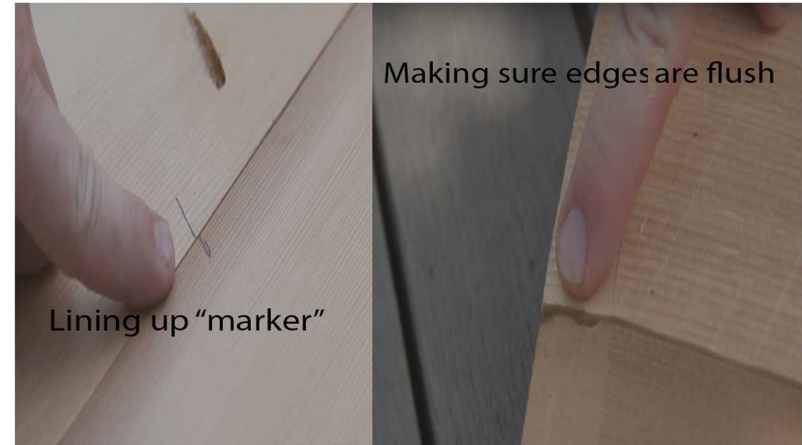
1. Use a clean and level area for assembly.



2. Start by placing both floor pieces on level ground.



3. Line up the 2 floor pieces.



4. Line up the marker lines on both pieces.
Make sure the ends are flush.



5. Screw together using 2 1/2" screws.



6. Place wood supports across the floor pieces, longer pieces on inside, shorter pieces on outside. Ensure wood supports are centered and not covering the outside bessel.



Outdoor Cedar Barrel Shower Assembly Instructions



7. Secure wood supports with 2 1/2" screws.



8. Flip over assembled floor piece.



9. Insert drain into hole in floor, tighten firmly.



10. Attach bottom entrance staves on the opposite side from the floor drain.



11. Use rubber mallet to ensure snug fit.



12. Attach the left and right staves for the entrance.



Outdoor Cedar Barrel Shower Assembly Instructions



13. Continue adding staves clockwise around shower ensuring staves are tight together.



14. Use rubber mallet if required.



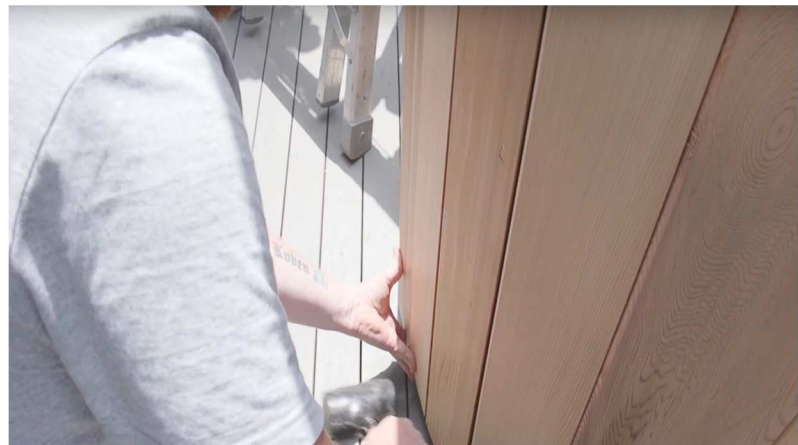
15. Insert Stave with holes adjacent to floor drain. Continue attaching staves.



16. Insert the double stave last.



17. Carefully angle out the 2 adjacent staves and insert the double stave.



18. Some finessing may be required.



Outdoor Cedar Barrel Shower Assembly Instructions



19. Fit in top entrance piece.



20. Secure with 2 1/2" screws.



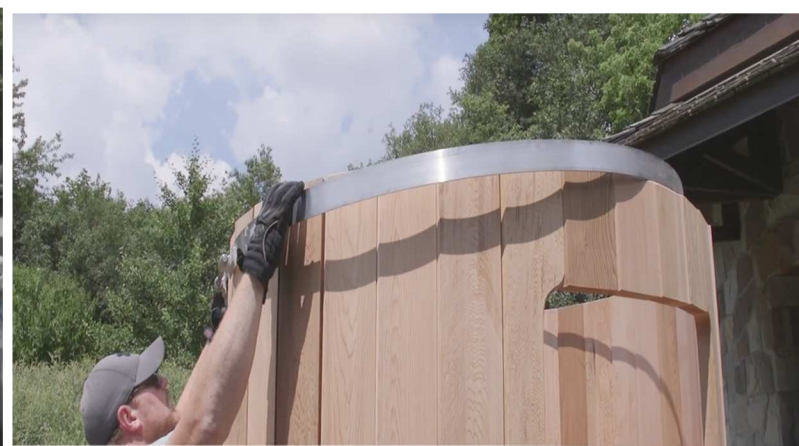
21. Carefully unwrap the metal bands, they are very springy. You may want to use gloves.



22. Bring the ends together of the first band and connect them using the provided threaded rod and nuts as shown.



23. Make sure the band is as loose as possible.



24. Slide the metal band over the top of shower.



Outdoor Cedar Barrel Shower Assembly Instructions



25. With a helper, wrap the second band around the bottom of the shower and connect the ends in the same manner as the top band.



26. Make sure the metal bands are 2" from the top and bottom all the way around the shower.



27. Using a wrench or impact driver tighten each band a little at a time, starting with the bottom. Tighten the band in stages-bottom first then top.



28. Work around the shower, hitting each stave with a firm tap right on the bottom strap. You will see each stave sit a little tighter.



29. Use the same method for the top band.



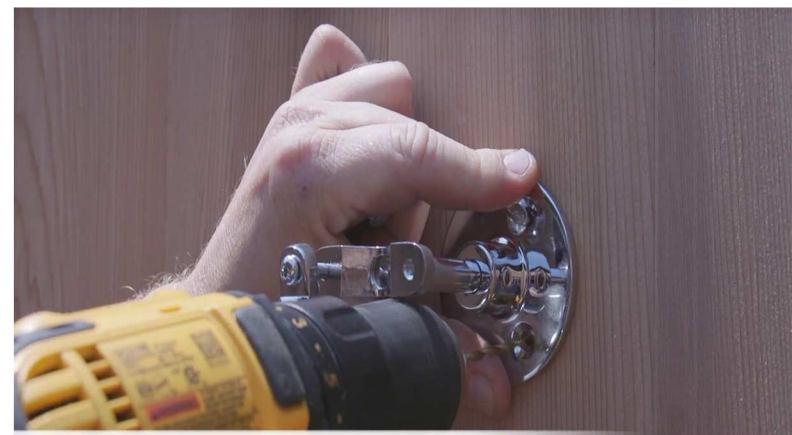
Outdoor Cedar Barrel Shower Assembly Instructions



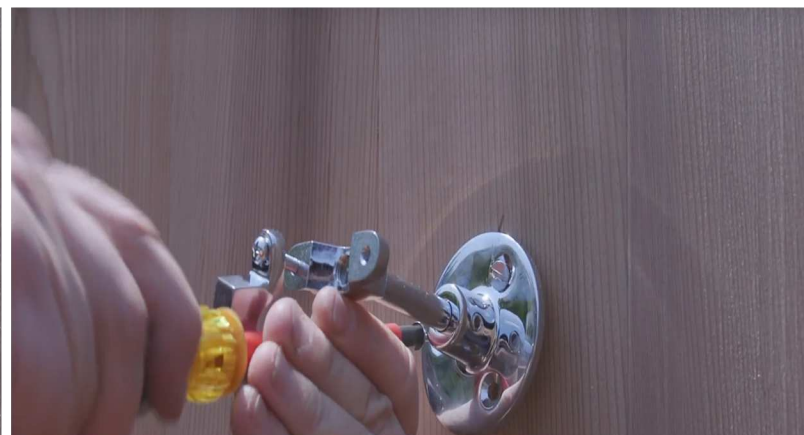
30. Use a wrench to ensure both bands are very tight. Hearing the wood creak is common.



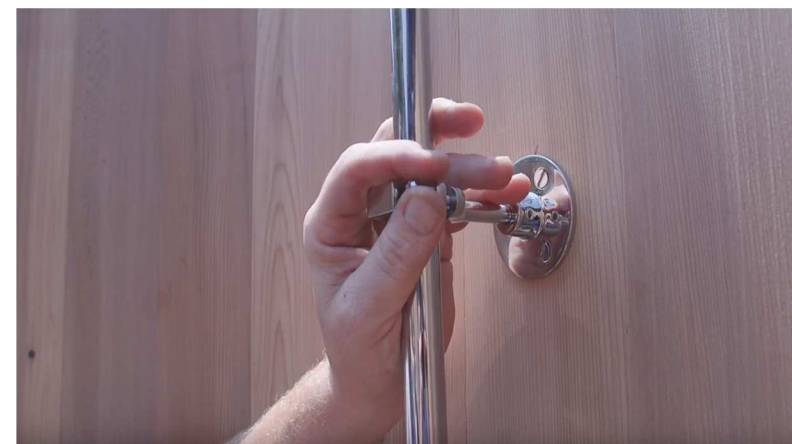
31. Line up the shower head assembly with the stave that has the holes.



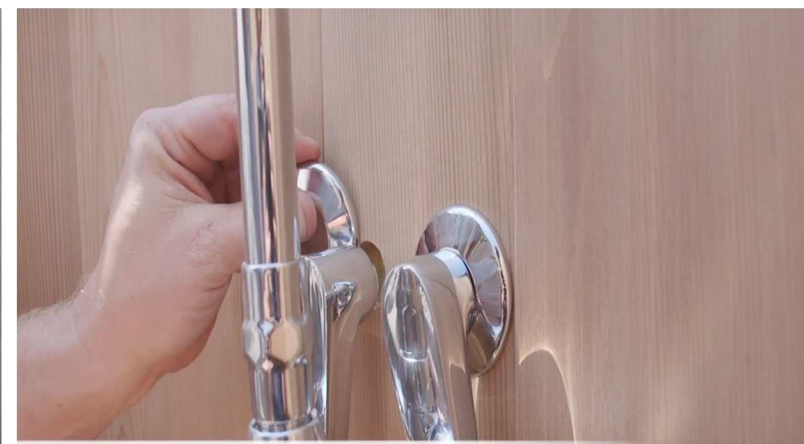
32. Mark holes for shower support and predrill screw holes. Make sure not to drill through stave.



33. Attach shower support using provided screws.



34. Attach shower to shower support.



35. Insert wall flange in between stave and shower assembly.



Outdoor Cedar Barrel Shower Assembly Instructions



36. Tighten support snugly ensuring shower head faces forward.



37. Attach towel hanger in your preferred location using 1 3/4" screws.



And there you have it!
Your very own Outdoor Cedar Barrel Shower.
Enjoy!

www.dundalkleisurecraft.com

WARRANTY

Our Products are warranted to be free of defects in materials and workmanship under normal use and service, for a period of three years (3 years) from date of purchase. With the warranty you will get a NO HASSLE next business day (depending on shipping service) replacement for all requested parts. Product must be cared for properly, this warranty does not cover misuse or negligence and the manufacturer is not liable for any injury or damage caused by the product. The warranty is also not valid if repairs are attempted by anyone not authorized to do so. Please contact your Dundalk LeisureCraft Dealer for more warranty Information.

HOW TO TAKE A SAUNA

1. Pre-heat your sauna to the desired temperature (usually between 80-100°C)
2. While it's warming up, take a nice hot shower.
3. Enter the pre-heated sauna, relax and allow your body to perspire in the soft dry heat. Do not throw water on the rocks during the first part of the session.
4. Cool off with a cold shower or a quick swim in a lake or pool.
5. Re-enter the sauna and sprinkle water on the rocks. This will increase humidity to about 30% to assist in perspiration. Half a cup every 5 minutes should be enough. Too much water will just cool off the rocks and you'll get less steam.
6. After a 20-30 minute sauna, cool off in the shower or lake or pool.
7. Repeat this sauna/cold shower process as often as desired.
8. It is important to drink during your sauna session and even a light snack.
9. Like bathing in a hot tub, excessive exposure can be harmful to a person's health. People with poor health should consult their physicians before using the sauna.

***THESE ARE GUIDELINES ONLY. ENJOY YOUR SAUNA WHATEVER WAY YOU DESIRE.
CHILDREN MUST BE SUPERVISED BY ADULTS.***

MAINTAINING YOUR SAUNA AFTER INSTALLATION

1. Wash the layer of rock dust off of the sauna rocks before using them.
2. When your sauna is set up and working you should "break-in" the sauna before using it for the first time. Turn it on its highest setting and keep it like that for about 1 hour. This is recommended to burn off any oils and impurities from manufacturing, and it also "cures" the woodwork. After about $\frac{3}{4}$ hour, slowly pour about one litre of cold water on the rocks. It should all turn to steam and not come out of the bottom of the heater. If it does, you're pouring too fast.
3. It is considered good sauna etiquette that guests take a shower with soap and sit on a double-layer of terrycloth towels to prevent perspiration from getting onto the benches and walls where the oils will accumulate over time. After each use, leave the door fully open for the wood to dry out. Duck boards can be lifted up to air out if necessary.
4. Under normal conditions, a slight wash of the floor and benches several times a year will maintain its cleanliness. The cedar benches can be washed with a mild solution of liquid cleaner and water to remove any buildup and perspiration stains from the wood. Never use ammonia or harsh cleaners as they can turn the wood gray.
5. Good care should be taken of the wooden bucket and ladle. They should be stored upside down to promote drying.
6. The peridotite sauna rocks may need to be replaced in 6 to 10 years depending on severity and frequency of use. In many cases, the rocks could last up to 15 years.
7. Do NOT use commercial wood sealers from local lumberyards or hardware stores. These are not designed to withstand the sauna temperatures or humidity!
8. Contact your local dealer or Dundalk LeisureCraft directly if you have questions or concerns regarding your product.

View Assembly Video online: www.youtube.com/watch?v=5OzWeDzMYyk

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