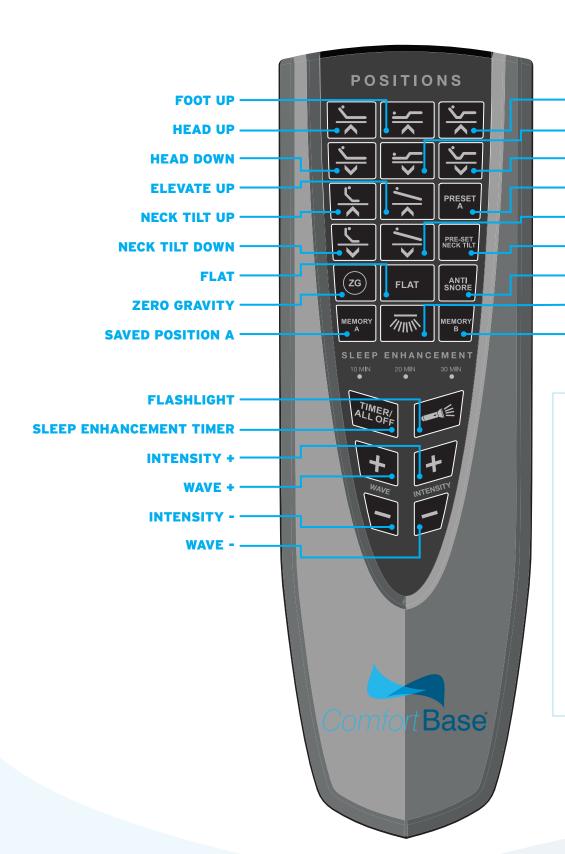


# REMOTE GUIDE





**HEAD AND FOOT UP** 

FOOT UP

**HEAD AND FOOT DOWN** 

PRESET POSITION A

**ELEVATE DOWN** 

PRESET NECK TILT

**ANTI SNORE POSITION** 

**UNDERBED LIGHT** 

**SAVED POSITION B** 

#### **HOW TO SYNC REMOTE**

- Press and hold the Sync button on the side of your base until the under bed light starts to blink indicating the bed is ready to be synced to the remote. Release the button.
- 2. Simultaneously press and hold the Head Up and Foot Up buttons on the remote control. When the under bed light stops blinking, release the buttons.
- 3. Test the bed and repeat the steps if it is not working.









#### **HEAD UP AND DOWN**



Press and hold the HEAD UP or HEAD DOWN button to adjust the head position. Release button when desired position is reached.



### **FOOT UP AND DOWN**



Press and hold the FOOT UP or FOOT DOWN button to adjust the foot position. Release button when desired position is reached.



#### **HEAD AND FOOT UP AND DOWN**



Press and hold the HEAD AND FOOT UP or HEAD AND FOOT DOWN button to adjust the head and foot positions. Release button when desired position is reached.



#### **NECK TILT UP AND DOWN**



Press and hold the NECK TILT UP or NECK TILT DOWN button to adjust the neck position. Release button when desired position is reached.



#### **ELEVATION UP AND DOWN**



Press and hold the ELEVATION UP or ELEVATION DOWN button to adjust the elevation position. Release button when desired position is reached. This button will not work unless the elevation kit is installed.



#### **ZERO GRAVITY**

Press the ZERO GRAVITY button to adjust the head and foot positions. This can be stopped at any time by pressing another button.



#### **ANTI SNORE**

Press the ANTI SNORE button to adjust the head position. This can be stopped at any time by pressing another button.



# FLAT

Press the FLAT button to level the bed. This can be stopped at any time by pressing another button.



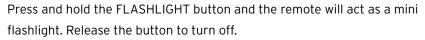
## **MEMORY A AND MEMORY B**



Press the MEMORY A or MEMORY B button to adjust the base into the set positions. Release button when desired position is reached.



#### **FLASHLIGHT**





#### **UNDERBED LIGHT**

Press the UNDERBED LIGHT button and the LED lighting under the bed will light. Press again to turn the under-the-bed lighting off. The LED under-bed lighting will turn off on it's own after five minutes.



- Adjust the head and foot sections to desired position.
- 2. Press the MEMORY A or MEMORY B button to memorize. The remotes backlight will flash to confirm that the memorizing was successful. Release the button.

# HOW TO START / STOP SLEEP ENHANCMENTS

- To start the total body vibration, press the INTENSITY + button or the WAVE + button once.
- To increase the duration of sleep enhancement, press the TIMER button 1x to increase duration to 20min, 2x to increase for 30min. The respective LED will flash beneath each selection to denote the duration has changed.
- 3. To turn off the massage before the time is up, press the TIMER button past the 30min light or press the INTENSITY + button beyond its maximum or the INTESNITY button beyond its minimum