



Quick fix
Don't have time for a bath? Get your daily lavender hit with **Korres Lavender Blossom Shower Gel, £8, M&S.**



Soothing scent
Have a night to yourself with a hot bath and let the stresses of the day fizz away with **Radox Calming Lavender Handmade Bath Bomb, £2.50, Tesco.**



Travel essential
The mini version of **Dr. Hauschka Moor Lavender Calming Bath Essence, £3**, is the perfect on-the-go companion. Add a few capfuls to bath water to soothe jet lag.



Breathe deep
New brand Disciple makes small-batch skincare and sells ethically sourced oils like this **Lavender Essential Oil, £12, John Lewis.** Add a few drops to your bath or rub into wrists and inhale.

WE TRY BEFORE YOU BUY

Love for LAVENDER

Keep stress away and sleep better with these calming aromas



Magic soap
Dr. Bronner's All-One Hemp Lavender Pure-Castile Bar Soap, £3.99, is scented with pure lavender oil. Use it on your face, body and hair – it's a true multi-use product you'll love, and it won't dry out your skin.



Oil up
Lavender is infused into sweet almond and organic sesame oils to make up **Weleda Relaxing Body & Beauty Oil, £10.75.** Smooth onto skin after a bath or shower for smoother, more supple skin.



Natural fragrance
As winter draws in, take a moment to relax with this **Lavender and Eucalyptus Candle, £38, Africologyspa.com.** It's pretty, too!



Revive colour
Blondes, listen up! **OGX Hydrate & Tone Reviving + Lavender Luminescent Platinum Conditioner, £6.99, Boots**, contains fresh lavender oil to enhance shine and help revitalise your colour.

