



TALLGRASS UK
ANIMAL ACUPRESSURE

Tallgrass Animal Acupressure UK

Equine or Small Animal Acupressure Practitioner Course

Course Syllabus

Practical Hands-on & Classroom Study

Introduction to Equine or Small Animal Acupressure – 16 hours over 2 days

The Introductory course offers you the ability to perform a complete acupressure session protocol and gives you an understanding of the Traditional Chinese Medicine (TCM) concepts and theories underlying acupressure.

There are no prerequisites for this course.

Specific theory and hands on practice study includes:

- Yin/ Yang and 5-Element Theories
- 4 - Examinations - Demonstration and practice
- Acupressure protocol - Opening, Point work and Closing techniques
- Association points - location, assessment and energetics
- Source points - location, assessment and energetics
- Acupressure session, assessment, point selection & practice

Online Exam and 6 case studies to be completed and submitted

Equine or Small Animal Meridians & Specific Conditions – 32 hours over 4 days

This 4-day hands-on class provides hands-on demonstrations, practice and exercises for the acupressure session protocol, Association, Alarm, Source, Master points. Major meridian exercises, specific conditions and Assessment exercises.

Prerequisites for this course are completion or currently studying online courses; Overview of TCM and Meridian Theory.

Specific theory and hands on practice study includes:

- Yin/ Yang and 5-Element Theories
- 4 - Examinations - Demonstration and practice
- Acupressure protocol - Opening, Point work and Closing techniques
- Association points - location, assessment and energetics
- Source points - location, assessment and energetics
- Acupressure session, assessment, point selection & practice
- 5-Element Theory and use of Correspondence Chart

- Meridian system overview, demonstration, and exercises
- Location, flow, function, and attributes of each of the 12 major meridians and 2 extraordinary vessels
- Common physical and emotional issues associated with each of the elements and meridians
- Acupoints that can benefit these issues, their location, energetics and reinforcement of acupressure protocol and techniques
- Further use of Association points and addition of Alarm points

Online Exam and 6 case studies to be completed and submitted

Tui Na: Original Chinese Meridian Massage – 16 hours over 2 days

This 2-day hands-on course offers theory and hands-on skills entailing the massage form or Tui Na. Students will learn 10 specific massage techniques that are used in this meridian massage form. Specific acupoint massage techniques as well as meridian massage techniques are presented. Pre-requisites for the course include a working knowledge of the Meridian System and Traditional Chinese Medicine concepts

6 case studies to be completed and submitted

Online / Home Study

Overview to TCM - Equine or Small Animal (Online) – 25 hours

Covers the underlying concepts of TCM: Yin/Yang Theory in relation to the animal body & assessment of conditions; Meridian Theory & meridian system; Five-Element Theory; internal organ systems, zang-fu organs in relation to the body; &, how vital substances function within the body.

Meridian Theory - Equine or Small Animal (Online) – 25 hours

Meridian Theory courses offer an understanding of how the meridians function within the animal's body. The more you learn about the meridian system and their location, the better your working knowledge of acupressure.

5-Element Theory - Equine or Small Animal (Online) – 25 hours

This course provides an in-depth description of the correspondences and officials of the five elements: Wood, Fire, Earth, Metal, and Water. It discusses how the Theory is applied to Chinese Medicine for both assessment and treatment purposes. Additionally, the course demonstrates a point selection technique that can be used during the Point Work segment of the acupressure session protocol.

Acupoint Classification - Equine or Small Animal (Online) – 20 hours

In TCM, acupressure points are categorized by how they can best be used to rebalance Chi within the body. This course covers the major acupoint classifications, such as: Source, Association, Alarm, Master, Connecting, Influential, and Jing-well points. You'll learn the functions, location, & energetics of key acupoints. Knowing this provides participants with tools to develop session plans for specific animal conditions.

Acupoint Energetics and Landmark Anatomy - Equine or Small Animal (Online) – 20 hours

This course presents a systematic approach to learning the anatomical landmarks necessary for locating acupressure points on animals. Emphasis is placed on the location of major bones, joints, tendons, muscles, and ligaments. Upon completion, participants are able to use anatomical language, locate points using anatomical landmarks and know the function and energetics of specific acupoints.

Canine Health & Pathology Course (Online) – 30 hours

The Canine Pathology course provides an overview of common canine pathologies. Each pathology includes a description of the issue, its clinical signs, treatment patterns and information on prevention. Written in conjunction with Bill Harnetty, DVM, Hocking College, Nancy Zidonis, and Barbara Chasteen, this course provides canine bodyworkers with additional tools and information to help them assess the dog and recognize conditions requiring immediate veterinarian attention.

Equine Health & Pathology Course (Online) – 30 hours

The Equine & Canine Pathology courses provide an overview of common pathologies. Each pathology includes a description of the issue, its clinical signs, session patterns and information on prevention. Written in conjunction with Bill Harnetty, DVM, this course provides bodyworkers with additional tools and information to help them assess the animal and recognize conditions requiring immediate veterinarian attention.

Equine Indicators & Assessment Course (Online) – 30 hours

The Indicators & Assessment course is designed for the Tallgrass Animal Acupressure Institute participants to round out your studies in becoming a practitioner. The idea behind this course is to add to your base of knowledge and pull all you have learned into a “package” which supports your ability to be effective as an animal acupressure practitioner. Indicators & Assessment is a treasure trove of information taken from the rich source of Traditional Chinese Medicine (TCM).

2 case studies to be completed and submitted

Small Animal Indicators & Assessment Course (Online) – 30 hours

Indicators & Assessment is a treasure trove of information based on the rich source of Traditional Chinese Medicine (TCM). The course begins with a review of the unique TCM theories and concepts underlying acupressure such as Yin-Yang Theory, Meridian Theory, Five-Element Theory, plus Acupoint Classifications. By reinforcing your knowledge of the basics, you are ready to step-up to the next level of knowledge presented in this course. The rest of Indicators & Assessment is devoted to expanding and deepening your knowledge of Chinese medicine and how to apply it to your practice of small animal acupressure.

2 case studies to be completed and submitted

Proficiency Verification - Equine or Small Animal (Online) – 5 hours

This course is designed to review your knowledge of Animal Acupressure theory and hands-on proficiency. It consists of 3 parts including a multiple-choice exam and the submission of 3 videos one of the acupressure protocol, one of specific acupoints, and the third of meridian tracings.