



Ergo Lift Table



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INTRODUCTION

Congratulations on your purchase! Stronglite's Ergo Lift is perfect for day spas, medi-spas, and resorts. It features a smooth yet powerful electric lift actuator complete with on-demand height adjustments. This stunningly designed table provides exceptional comfort, function, and years of trouble-free use.

The Ergo Lift is constructed with state of the art materials beginning with a heavy-duty steel frame. The upholstered tops are available in two (2) separate variations; Tilt and Flat. The Ergo Lift was designed with operational simplicity in mind. The height adjustment functionality is controlled by a single foot control. The Tilt variation of the table is equipped with manual back tilt.

The following information lists features, specifications, and options for your stationary massage table. There is no assembly required for your Ergo Lift.

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SAFETY INFORMATION

Safety Symbols

Familiarize yourself with the following Safety & Warning symbols. They are designed to prevent damage and injury to you, your clients, and your new Earthlite product.

IMPORTANT: The important safety instructions and warnings in this manual cannot cover all possible problems and conditions that can occur. Use common sense and caution when installing, operating, or maintaining this appliance.



Indicates an imminently hazardous situation which could result in serious or fatal injury.



Indicates a potentially hazardous situation which could result in serious injury.



Indicates a potentially hazardous situation which could result in equipment damage and/or injury.



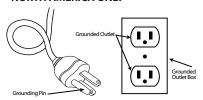
RISK OF ELECTRIC SHOCK, FIRE, AND EXPLOSION

- 1) Always unplug this furnishing from the electrical outlet before servicing.
- 2) Never use this furnishing if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the furnishing to a service center for examination and repair.
- 3) Keep the cord away from heated surfaces.
- 4) Do not use outdoors.
- 5) Do not operate where aerosol (spray) projects are being used or where oxygen is being administered.
- 6) To disconnect, turn all controls to the off position, then remove plug from outlet.
- 7) Connect this furnishing to a properly grounded outlet only. See Grounding Instructions.

GROUNDING INSTRUCTIONS:

POWER SUPPLY: (120V AC grounded) Electrical limitations: Do not use extension cord with this product, plug directly into grounded outlet. **This product must be grounded.** If it should malfunction or breakdown, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. This three prong grounded plug will only fit into wall outlet one way. If the plug does not fit fully in the outlet, contact a qualified electrician to install the proper outlet. Do not change the plug in any way.

NORTH AMERICA ONLY



INTERNATIONAL VERSIONS ONLY

This product is for use on a nominal 220V-240V circuit and has a grounding plug (plug type varies by country). Make sure that the product is connected to an outlet having the same configuration as the plug. No adapter should be used with this product.

SAFETY INFORMATION



To reduce the risk of burns, fire, electric shock, or injury to persons:

- Use this furnishing only for its intended use as described in these instructions. Do not use attachments not recommended by the manufacturer.
- 2) Do not operate this equipment unless properly trained.
- 3) Install this furnishing in treatment area not accessible to the public.
- Close supervision is necessary when this furnishing is used by, or near children, invalids, or disabled persons.
- 5) This product does not have "pinch point" protection. Only operate when no possibility of any portion of the body could be caught and injured while moving the table top upward/downward, or activating the back/foot tilt.
- 6) Do not use this furnishing to support video equipment such as televisions or computer monitors.
- Never attempt to use the Head or Leg lift section to support concentrated weight such as sitting or standing



- 1) When lowering any section of the table, make sure that no supplies or any part of yours or your client's body is between the top of your table and its base. This could result in injury, or could damage your table as well as the item. It is recommended that you always return your table top to the lowest flat position to avoid leaving the base exposed.
- 2) When lowering the table height, be sure there are no foreign obstacles are underneath your table that could obstruct it from lowering completely. This could damage your table.
- 3) Never set anything under the table frame to avoid collision if lowered.
- 4) Never operate your table on an uneven surface. Adjust the leveling feet so that your table is stable.
- 5) Never raise the head or leg section with a client in the prone position (face down.)
- 6) Never use or store your table in a wet or very humid environment. Water and excessive moisture can damage the wood cabinet and electrical components. Evidence of exposure to water or moisture will void your warranty.
- 7) If you have purchased the Flexible Armrest Option, never use the Armrests as handholds or body support mechanisms, especially when setting clients on or off the table.
- 8) Never drop or insert any object into any opening.

TABLE SPECIFICATIONS

FEATURES

- · Heavy Duty Steel Frame
- Reliable Motor
- Luxuriously Upholstered Top
 Pro-Plush™ Deluxe 3-Layer 3" Cushioning System
- · Hands Free Foot Control
- Nature's Touch Upholstery 100% PU in Beige
- ADA Compliant
- · Lifetime Limited Warranty on Frame, 3 yrs on foam and upholstery, 2 yrs on motor and controls

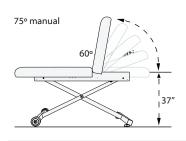
SPECIFICATIONS

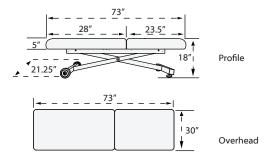
- Width: 30"
- Length: 73"
- Height Range: 18" 37"
- Lift Capacity: 400 lbs.

OPTIONS

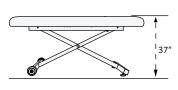
- Manual Tilt Top
- Extra Foot Pedal
- Caress[™] Facecradle
- Deluxe Adjustable Armrests (Non-Tilt End Only)

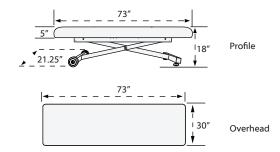
Tilt





Flat





UNDERSTANDING COMPONENTS

Getting to Know Your Table

Your new Ergo Lift table ships ready to connect right out of the box, and knowledge of each common component of the table will ensure a successful experience every time you use it. The following is a list of components that come with each Ergo Lift stationary table. Tilt version of the Ergo Lift include additional components. The following terminologies will also be of helpful assistance should you need to contact us:

COMMON COMPONENTS

- · Actuator (1)
- Scissor lift, steel frame (1)
- Upholstered top (1)
- Foot control (1)
- Foot control extension cable (1)
- · Back wheels (2)
- · Adjustable foot glide levelers (2)
- Maple Headrest Outlets (2)
- Power cable (1)

Motor Linear actuator Back wheels Straight leg steel frame Foot glide levelers

PLUG DESCRIPTIONS & ELECTRICAL SPECIFICATIONS

China PLUG DESCRIPTION			
North America	UK / Middle East	Asia	Europe
120V AC	220V AC	220V AC	220V AC

ELECTRICAL SPECIFICATIONS				
SERVICE	120V / 60Hz	220V / 50Hz		
MAX. AMPERAGE	2.5A	1.5A		
VOLTAGE	120V AC	220V AC		
MAX. CONSUMPTION	287.5 WATTS	287.5 WATTS		

WEIGHT & LIFT CAPACITIES

400 lbs.

The Ergo Lift is powered by a heavyduty, quiet lift actuator to enable easy height adjustment, and positioning. The recommended lift capacity for the Ergo Lift massage table is 400 lbs.

50 lbs.

The back rest of the table has a maximum weight capacity of 50 lbs.



Safety Lockout

Your table may be equipped with a safety lockout. The table will only operate when the magnetic pin is inserted into the lock. Remove pin when table is not in use to prevent unauthorized use and potential injury.

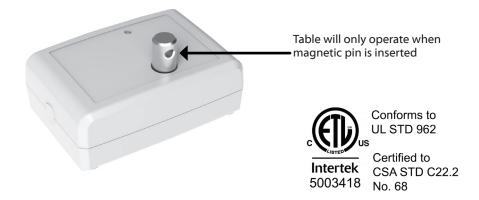


TABLE REMOVAL FROM SHIPPING CRATE

All Ergo Lift table models come completely assembled and ready to use.



If you did not have your table shipped with 'white glove' service, you may be required to remove your table from its shipping crate. We highly recommend that at least two people conduct the following steps to uncrate the table.

Recommended Tools Needed





Unpacking your Ergo Lift Stationary Table

The following steps will guide you through carefully removing your stationary table from the shipping crate. We recommend wearing work gloves during these steps.

Remove the rectangular cardboard lid from the top of the table. Once you have removed the cardboard lid and surrounding cardboard walls from shipping crate, you will find the wheels and foot glide levelers are seated tightly within wood brackets which have been screwed into the plywood base of the shipping crate.

Step 1

With a Phillips #1 screwdriver (or a powered screwdriver), carefully unscrew and remove the two (2) Front facing wood brackets from the plywood base. (**Diagram A**)

We recommend removing only the two (2) front facing wood brackets (**Diagram A**) that enclose the foot glide levelers. Do not remove the rear brackets which enclose the rear wheels (**Diagram B**). These brackets are twice as thick as the front brackets, and will be more difficult to remove.



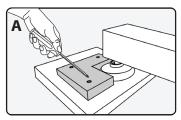
Once the front brackets are removed, carefully pull the table straight away from the rear brackets and slide the table onto the floor. We recommend at least two (2) people conduct this step together. (Diagram C)

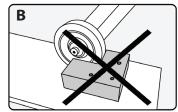


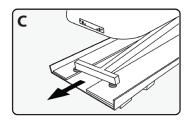
It is possible to lift the table directly out of the shipping crate without removing any of the wood brackets, but this is <u>not</u> recommended because the weight of the table is at least 180 lbs.

Step 3

Once the table is pulled safely away from the shipping crate, make sure the path from the table to your preferred destination is clear of any obstacles or tripping hazards. (Diagram D)





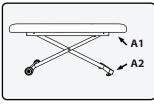


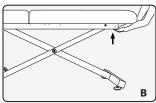


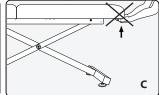
PLACEMENT AND INSTALLATION

Once your table is placed safely on the floor, temporarily plug the table into a power outlet and using the foot control, raise the table to waist height, which will make it easier for moving. Once the table is at the desired height, unplug the power cable from the outlet and place the power cable along with the foot control on top of the table to prevent a tripping hazard. For ease of movement and flexibility, your table was built with two (2) rear wheels and two (2) front foot glide levers.

The following steps will guide you through safely moving your table to the desired location. We recommend that at least two (2) people conduct the following steps:







Sten 1

Locate the front and rear sections of the table frame underneath the upholstered top as designated by the black arrows above. These are the recommended locations to hold when guiding your table to the desired location (Diagram A1).

Note Regarding Step 1:

Locate the front crossbar of the table frame where the foot glide levelers are located (**Diagram A2**). This is a secondary recommended section of the frame to hold if you prefer, but may be more difficult. If you choose this location, properly bend at your knees prior to lifting or pulling the table.

Step 2

Ensure there are no obstacles or tripping hazards in the way and carefully pull the table by the frame into the desired location (**Diagram B**). A second person's assistance is recommended to help push the table from the opposite end.



Do NOT pull or push the table from the upholstered top. Moving the table in this fashion can damage the table and put too much pressure on hinges or other components of the table. Damage made to the table by pulling or pushing on the upholstered top may void the warranty (Diagram C).

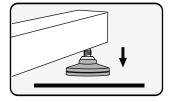


Install this furnishing in treatment area not accessible to the public.

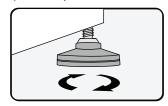
SAFETY ZONE: The treatment area must have 3-ft minimum unobstructed clearance around entire table. Posting a notice is recommended to maintain "Safety Zone Clearance". The designated work area around the table should be clearly marked off.

LEVELING THE TABLE

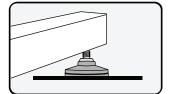
Not all commercial and residential floors are perfectly level. The Ergo Lift has foot glide levelers that swivel into place against the floor. If your table is not already level when you remove it from the shipping crate, follow these easy steps to level your table:



Step 1
Locate which foot glide leveler is not even with the floor.



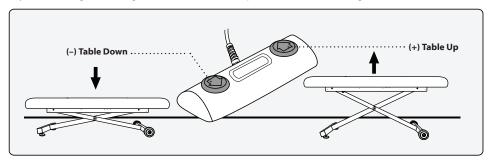
Step 2Rotate the foot glide leveler clockwise or counter clockwise to bring it to ground level.



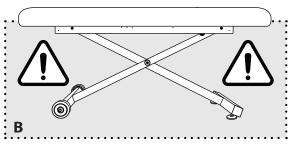
Step 3
Once the foot glide leveler is tight with the floor, apply pressure on top of the table to confirm stability.

HEIGHT ADJUSTMENT

The Ergo Lift comes out of the shipping crate ready to go to work. The foot control is already connected, allowing you to simply raise and lower the table with your feet while your hands remain free to focus on your clients. The left foot pad (-) lowers the table and the right foot pad (+) raises the table. The height adjustment range of the Ergo Lift is 18" at its lowest position and 36" at its highest.



There is no on/off switch on the foot control, so even while the table is not in use, the foot control is still operable. There is a potential for harm or bodily injury when the foot control is being depressed. We recommend unplugging the table from the power outlet when not in use.



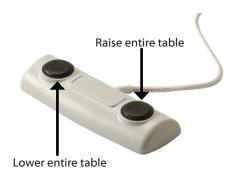


The Ergo Lift is not equipped with a safety shut off or crush sensor. The area directly underneath the Ergo Lift (designated by the space inside the dotted line in (**Diagram B**) must remain clear of all objects during operation.

Keep small children away from the table at all times.

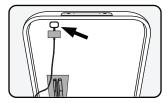
FOOT CONTROL OPERATION

Your Ergo Lift table is equipped with a foot pedal that raises and lowers the entire table. The left button lowers the table and the right button raises it.



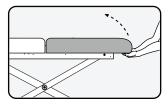
Tilt Top Tables

Every Ergo Lift with manual tilt functionality is equipped with a newly designed locking tilt mechanism which allows you to tilt the back section of the table in increment levels to accommodate your clients. Each increment increases the back tilt by 10°. The following steps will guide you through adjusting the back tilt to the desired level, and then returning it to a flat position, or other desired level.



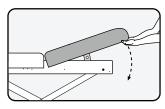
Step 1

To tilt the back section upward from its flat position, carefully place both hands underneath the rear edge of the upholstered top of the tilt section, as pictured above.



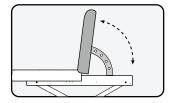
Step 2

Lift the tilt section of the table to the desired level. The tilt section will automatically 'click' into position as you lift upward.



Step 3

To return the tilt section to a flat position, release the locking mechanism by lifting the back section all the way forward past 90°, until the locking mechanism releases.



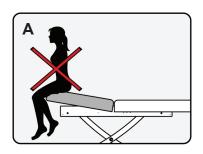
Step 4

Once the locking mechanism is released, lower the tilt section until it is flat (1), then lift again to another desired angle (2).



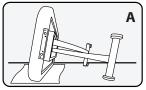
Do Not sit, or put unnecessary amounts of pressure on the back section of the table when it is in tilt position on any level (**Diagram A**). This can damage or destroy the tilt mechanism for the back

section of the table and cause harm or bodily injury to persons. The tilt mechanism of the table is intended solely to be used when a client is properly seated or laying on top of the table correctly. Damage caused to the table in this manner can void the warranty.



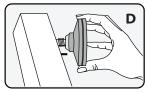
REPLACING A FOOT GLIDE LEVELER

If a foot glide leveler becomes damaged or is need of replacement, carefully follow these next steps. We recommend that at least two (2) people conduct steps 1 & 5.



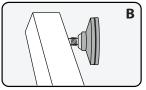
Step 1

Unplug the table and carefully lean the table on its side opposite the foot glide leveler in need of replacement (Diagram A).



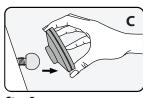
Step 4

Attach the new foot glide leveler to the metal ball joint and push. The Foot glide leveler will snap into place (**Diagram D**).



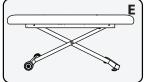
Step 2

Locate the damaged foot glide leveler in need of replacing which is attached to its metal ball joint (**Diagram B**).



Step 3

Remove the damaged foot glide leveler by pulling it directly off the metal ball joint (**Diagram C**).



Step 5

Carefully return the table back to its upright position (**Diagram E**).



We recommend at least two (2) people lay the table on its side before conducting step 1 & 5. Lay a towel or blanket down under the table, before resting the table on its side to protect the upholstery.

TROUBLESHOOTING

This helpful troubleshooting guide will provide you with information about how to recognize a problem with your Ergo Lift, determine possible causes, and find a solution. In the event your specific situation is not covered in this guide, please contact Earthlite at 800-872-0560 or 760-599-1112 so our technical support department can assist you.

Our Customer Service Representative will ask you to provide the following information:

- a) Your table's serial number (located on the underside of the head section of the table top
 - b) Description of the problem

Problem	Probable Cause	Solution
My table is wobbling and moving from side to side.	The table is not level with the floor.	Adjust one or both of the foot glide levers until the table becomes level with the floor and is stable.
Table top won't rise or lower. Finger lever seems stuck	Cables might be caught or tangled.	Check to see that all the cables are free and not caught on any brackets.
Where can I find my table number?	The customer might be looking on the motor.	The table number is located on underside of the table, near head section on a white label. It will read 'SNT' followed by a 6 digit number.
My table is making noise when going up and down.	The center bolt that connects the legs together is too tight.	Remove the plastic cap covering the center bolt and loosen the bolt one half to one full turn.
My table is making a clicking noise and it's not going up or down.	The control box is not relaying the signal from the foot pedal to the actuator.	Replace the control box.
My table is not going up or down and it's not making any sound.	Foot pedal is not relaying signal to the control box.	Replace the foot pedal.

Perform the following steps as needed for basic maintenance on your Ergo Lift massage table and optional accessories. Perform the basic maintenance recommendations for upholstery between client treatments.

Category	Recommendation
Upholstery	Remove day-to-day dirt with a mild soap and warm water solution. For tough stains and to disinfect, use a 15:1 water to bleach solution. Always rinse surface with clean water, and then gently wipe the upholstery. Allow upholstery to air dry before using or storing. Do NOT use Armor All® or citrus-based cleansers. For best results, use only the products suggested above. Alternative cleansing methods may cause serious damage to your table. Such damage would not be covered under the Earthlite warranty program.
Steel Table Frame	The powder coated steel frame can be kept clean with a mild detergent and warm water mix. Periodically remove dust from frame with a dry, soft cloth.
Electronic Components	Anti-static electronic aerosol dusters can be used to keep the surfaces of electronic components, power cables, and plugs free of dust.
Lubrication & Mechanical	If necessary, lubricate wheel joints, casters, foot glide levelers, ball joints, and other mechanical parts with a light machine oil. Periodically check table and ensure all bolts remain tightened.

Absolute Satisfaction Return Policy

If you are not completely satisfied with your Earthlite portable table, chair, or accessory, you may return it within thirty (30) days for a full refund (excluding shipping & handling charges on the original order). Standard stationary and lift tables may be returned within thirty (30) days for a refund (excluding shipping & handling charges on the original order) less a 20% restocking fee. Custom or upgraded products are non-returnable and non-refundable. Proof of purchase is required to obtain RMA (Return Material Authorization) and all returns must be in like-new condition and in the original packaging. Customers will be responsible for all shipping charges.

Warranty Information

Earthlite offers an industry best warranty against defects in materials, design, and workmanship, to the original owner, as follows:

- Frame lifetime warranty
- Foam and upholstery covering warranted for three (3) years
- Lift motors, controls, electronics warranted for two (2) years from the original date of purchase*
- Accessories and options warranted for one (1) year from the original date of purchase

This warranty does not cover damage caused by normal wear and tear, misuse, accidents, or neglect, which includes tears in the upholstery and damage caused by cleaners. All warranties are limited to repair or replacement at Earthlite's discretion, shipping not included. Proof of purchase is required to obtain RMA (Return Material Authorization) and customers may be required to return defective items. International customers are responsible for all associated return costs (inbound and outbound), as well as any applicable duties and taxes.

*If within these two (2) years, there is a defect, malfunction, or failure of the lift motor or controls, Earthlite will replace or repair the defective component at our discretion; shipping not included. Parts are warranted for 90 days after replacement or 2 years from the original date of table purchase, whichever comes later.





Contact Us

Earthlite 990 Joshua Way Vista, CA 92081 USA (800) 872-0560 (760) 599-1112 Int'l (866) 599-7374 fax info@earthlite.com Hours of operation:

Monday - Friday 8 a.m. to 5 p.m. PST

Saturday - Sunday Closed

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