

PRENATALS FOR WOMEN

NUTRITION FOR HEALTHY FEMALE FERTILITY

Discussion

Each component of NutriTots Prenatal for Women plays a role in maternal nutrition. This discussion highlights key nutrients:

Folate

Methylfolate reduces neural tube defects and miscarriages.

B12

This vitamin provides energy and healthy brain development.

Vitamin D

Immune health and bone growth are attributed to Vitamin D.

Choline

Brain and nerves require choline for healthy growth.

Gentle form of Iron

Reduced nausea is attributed to certain forms of iron.

Other Important Nutrients

A host of vitamins and minerals help sustain a healthy pregnancy.



FOR YOUR HIGH
QUALITY PRE-
CONCEPTION,
PREGNANCY, AND
NURSING NEEDS



CLINICAL APPLICATIONS:

- PRE-CONCEPTION MULTI
- DESIGNED FOR LOW DOSING
- PROVIDES ADEQUATE LEVELS OF NUTRIENTS FOR MOM AND BABY DURING NURSING

THE PERFECT PRODUCT FOR
YOUR FEMALE FERTILITY
HEALTH NEEDS. FOR
INQUIRIES, CONTACT
HELP@NUTRITOTS.COM.



QUALITY INGREDIENTS

SUPPLEMENT FACTS

Serving Size: 3 Capsules Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin A (beta-carotene and retinyl palmitate)	925.2 RAE/mcg (3082 IU)	71%
Vitamin C (as ascorbic acid)	100mg	83%
Vitamin D3 (cholecalciferol)	20mcg	133%
Vitamin E (DL-alpha tocopheryl acetate)	30mg	158%
Vitamin K2 (menaquinone-7)	51mcg	57%
Vitamin B1 (Thiamine HCl)	5mg	357%
Riboflavin (riboflavin-5'-phosphate)	5mg	313%
Vitamin B3 (Niacin)	20 NE/mg	111%
Vitamin B6 (pyridoxal-5'-phosphate)	15mg	750%
Folate (5-methyltetrahydrofolate)	801 DFE/mcg	134%
Vitamin B12 (as methylcobalamin)	60mcg	2143%
D-Biotin	150mcg	429%
Vitamin B5 (Pantothenic Acid)	10mg	143%
Calcium (Calcium Citrate Powder)	100mg	8%
Iron (Ferrous Fumarate)	27mg	100%
Magnesium (Magnesium Glycinate)	100mg	25%
Zinc (Zinc Citrate)	15mg	115%
Selenium (L-Selenomethionine)	51mcg	73%
Copper (Copper Amino Acid Chelate)	0.501mg	39%
Manganese (as Amino Acid Chelate)	0.01mg	<1%
Chromium (Chromium Picolinate)	75mcg	167%
Molybdenum (Sodium Molybdate Dihydrate)	10mcg	20%
Choline (as Choline Dihydrogen Citrate)	120mg	22%
Inositol	2mg	**

** Daily Value Not Established.

* Percent Daily Values based on a 2,000 Calorie diet.

Dosing

Prenatals for Women should be consumed in the morning with food. Take 3 capsules per day. Dosing can be separated if taking all capsules at once is too difficult. Do not take after 3pm, as B vitamins may alter sleep patterns.

Consider pairing this product with Vitamin D3 drops.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.

Discussion

For women of child-bearing age, consuming enough nutrients on a daily basis is becoming more difficult since heavily processed foods are chosen over organic, whole-food diets more often than not.

At NutriTots, we aim to provide supplement products that meet daily wellness standards but could also be applied clinically under the guidance of a knowledgeable practitioner.

Each product has adequate levels of nutrients, and they are designed to be better absorbed and more tolerated than the average supplement. We specifically chose forms of nutrients that are suitable for variations in genetics and are bioactive.

If necessary, practitioners can choose to increase dosing of this particular prenatal to meet the nutritional needs of the patient.

WE WANT TO HELP YOUR FAMILY GROW:
CHECK OUT OUR:
PRENATALS FOR WOMEN
PRENATALS FOR MEN
VITAMIN D3
ABC'S & 123'S
VANILLA ICE CREAM SHAKE



VISIT OUR WEBSITE AT WWW.NUTRITOTS.COM