

PRENATALS FOR MEN

# NUTRITION FOR HEALTHY MALE FERTILITY

## Discussion

Each component of NutriTots Prenatal for Men plays a role in paternal nutrition. This discussion highlights key nutrients:

## Folate

Reduces birth defects and increases sperm count

## B Vitamins

Increases overall fertility and sperm count

## Vitamin D

Associated with healthy levels of testosterone

## Choline

Associated with healthy sperm motility

## Gentle form of Iron

Associated with increased oxygen and blood flow

## Other Important Nutrients

Minerals are associated with healthy sperm count and hormones



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FOR YOUR HIGH  
QUALITY PRE-  
CONCEPTION AND  
DAILY WELLNESS  
NEEDS

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## CLINICAL APPLICATIONS

- DESIGNED FOR HEALTHY MALE HORMONES
- INCREASES SPERM COUNT
- REDUCES CHANCES OF MISCARRIAGE AND BIRTH DEFECTS

THE PERFECT PRODUCT FOR  
YOUR FEMALE FERTILITY  
HEALTH NEEDS. FOR  
INQUIRIES, CONTACT  
HELP@NUTRITOTS.COM.



# QUALITY INGREDIENTS

## SUPPLEMENT FACTS

Serving Size: 3 Capsules Servings Per Container: 30

|  | Amount Per Serving         | %DV   |
|--|----------------------------|-------|
| Vitamin A<br>(beta-carotene and retinyl palmitate) | 925.2 RAE/mcg<br>(3082 IU) | 71%   |
| Vitamin C (as ascorbic acid)                       | 100mg                      | 83%   |
| Vitamin D3 (cholecalciferol)                       | 20mcg                      | 133%  |
| Vitamin E (DL-alpha tocopheryl acetate)            | 30mg                       | 158%  |
| Vitamin K2 (menaquinone-7)                         | 51mcg                      | 57%   |
| Vitamin B1 (Thiamine HCl)                          | 5mg                        | 357%  |
| Riboflavin (riboflavin-5'-phosphate)               | 5mg                        | 313%  |
| Vitamin B3 (Niacin)                                | 20 NE/mg                   | 111%  |
| Vitamin B6 (pyridoxal-5'-phosphate)                | 15mg                       | 750%  |
| Folate (5-methyltetrahydrofolate)                  | 801 DFE/mcg                | 134%  |
| Vitamin B12 (as methylcobalamin)                   | 60mcg                      | 2143% |
| D-Biotin   | 150mcg                     | 429%  |
| Vitamin B5 (Pantothenic Acid)                      | 10mg                       | 143%  |
| Calcium (Calcium Citrate Powder)                   | 100mg                      | 8%    |
| Iron (Ferrous Fumarate)                            | 27mg                       | 100%  |
| Magnesium (Magnesium Glycinate)                    | 100mg                      | 25%   |
| Zinc (Zinc Citrate)                                | 15mg                       | 115%  |
| Selenium (L-Selenomethionine)                      | 51mcg                      | 73%   |
| Copper (Copper Amino Acid Chelate)                 | 0.501mg                    | 39%   |
| Manganese (as Amino Acid Chelate)                  | 0.01mg                     | <1%   |
| Chromium (Chromium Picolinate)                     | 75mcg                      | 167%  |
| Molybdenum (Sodium Molybdate Dihydrate)            | 10mcg                      | 20%   |
| Choline (as Choline Dihydrogen Citrate)            | 120mg                      | 22%   |
| Inositol   | 2mg                        | **    |

\*\* Daily Value Not Established.

\* Percent Daily Values based on a 2,000 Calorie diet.

## Dosing

Take 3 capsules daily with food.

Pair Prenatals for Men with Vitamin D3 drops to further address immune health.

## Discussion

Formulated to be a daily wellness supplement for men of all ages, Prenatals for Men serves as a broad nutritional supplement that contains adequate levels of vitamins and minerals.

With bioactive forms, each dose is designed to be well tolerated and easily absorbed.

The vitamins and minerals in this blend are known for affecting sperm health, testosterone levels, blood flow, and sperm motility.

When trying to conceive, it is best to take all parties into consideration. The health of the sperm is paramount to a healthy developing fetus. Most fertility trials recommend males take a prenatal for 3 months before trying to conceive.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.

WE WANT TO HELP YOUR FAMILY GROW:

CHECK OUT OUR:

PRENATALS FOR WOMEN

PRENATALS FOR MEN

VITAMIN D3

ABC'S & 123'S

VANILLA ICE CREAM SHAKE

VISIT OUR WEBSITE AT [WWW.NUTRITOTS.COM](http://WWW.NUTRITOTS.COM)

