



handweaving

congratulations on beginning your weaving journey

Weaving on a hand loom is joyful, gratifying and contemplative; it is an ideal antidote to the hustle of our busy lives. This manual will guide you through all the steps to create a handweaving, giving you time to focus on yourself and bring some much needed peace and tranquility.

To begin your weaving, you will need:

- 7 x 7 inch metal loom
- 36 loops

When we use our hands to weave there is so much more connection with every aspect of the weaving; the feel, texture and the rhythm. Our fingers help us to connect with the fibers and feel the life of the material speaking through our hands. These instructions are designed to guide you through using the loom and loops with your hands only.

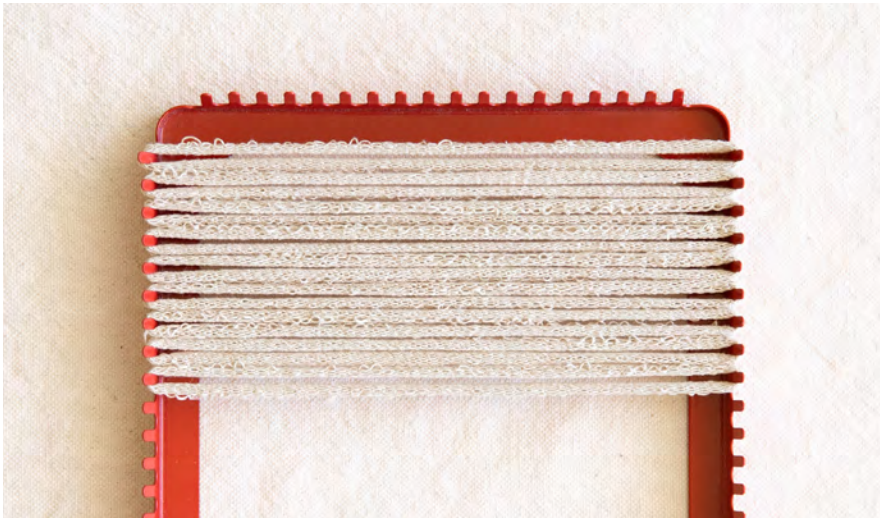
Once you have mastered the technique, the different combinations of patterns and colors you can create are limitless!



stage one ——— warping your loom

Take your loops and your loom and stretch the loops one at a time over the loom pegs from side to side

All your loops should be straight and stretched with one loop per peg. All side pegs should have a loop on them (fig.1)



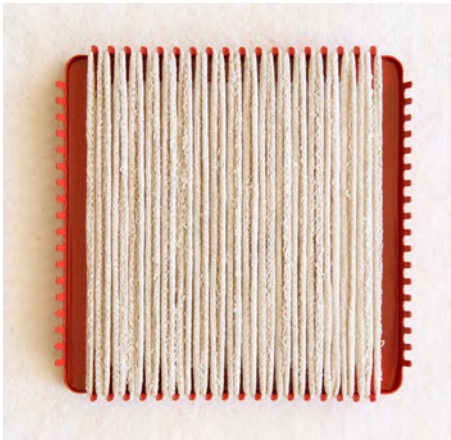
(fig.1)

stage two ——— weaving

Row One

Rotate the loom 90 degrees (fig.2)

You will now start weaving through these vertical loops from the side of your loom. Taking a new loop and starting on the right hand side of your loom, slide the loop under both strands of the second vertical loop.



(fig.2)



(fig.3)

Attach the trailing end of the horizontal loop you are currently weaving to the top peg on the right hand side of the loom.

Taking hold of the leading edge of the loop again, weave alternatively over and under every other loop (both strands) until you reach the left hand side of the loom.

Attach the end of the woven loop to the corresponding peg on the left hand side and straighten the loop. (fig.3)



(fig.4)

Row two

Start again on the right hand side of your loom and repeat the instructions for Row One above, but this time reverse the over and under loops. (fig.4 & fig.5)

So if you went under the second vertical loop for Row One, you go under the first vertical loop this time and over the second vertical loop (and so on). Repeat this all the way across, attach both ends of the horizontal loops as before and straighten the loop.

Row three onwards

Repeat the above sequence until you have covered all your horizontal pegs. (fig.6)



(fig.5)



(fig.6)

stage three ——— finishing the edges and taking the weaving off the loom

You are going to pull each loop through the loop to its right, all the way around the edges of your weaving.

Starting at the top right hand corner of your work, pull the first two loops off their pegs and slide the loop on the left (the second loop) through the loop on the right (the first loop) (fig.7)



(fig.7)

You should now be holding the second loop only, which has passed through the first loop. Again, moving to the left, un-peg the third loop and pull it through the second loop.

Continue across the top of the loom, unpegging the third loop and pulling it through the second, etc. When you get to the corner rotate the loom and continue edging. (fig.8)

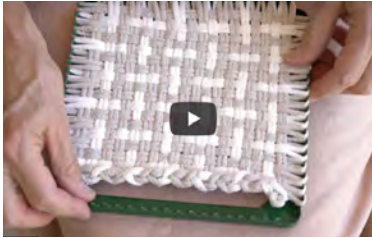
Continue around the entire weaving until you come to the last loop. Take this one and pull it through and this will be the loop to hang the weaving. (fig.9)



(fig.8)



(fig.9)



Please see my instructional YouTube: “*Guide to Taking Your Handweaving Off the Loom*” a link to this can be found on my website; www.katekilmurray.com > [about](#) > [guides](#)

what’s next?

I hope you will love the process of handweaving and gain not only some mindful time for yourself, but also a beautiful weaving to complement your home or give as a gift.

Now that you know how to use your loom, don’t forget you can find many more looms and new patterns to try in my Shop at www.katekilmurray.com

You can also become part of my Weaving Way Community by signing up on my website for my newsletter.

Kate Kilmurray



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