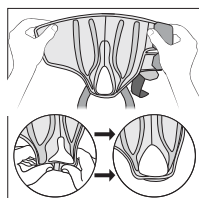


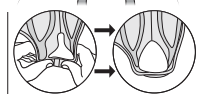
# PHANTOM ANKLE BRACE

## w/ advanced strapping & flex-supports stirrup stays

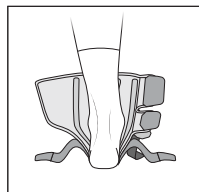
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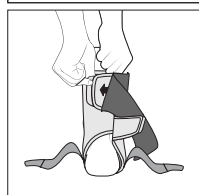
For optimal comfort and frequent use, wear a thin sock that extends beyond the top edge of the brace.



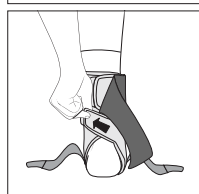
Open brace from the back and familiarize yourself with the stays. If needed, the stays can be formed by hand so the foot opening has rounded triangle shape.



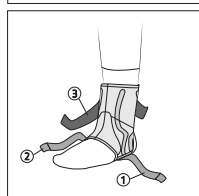
Place foot thru opening and pull the brace as far back as possible onto foot. Stays should be aligned to fit around the ankle bones on both sides.



Tightly wrap upper back closure with tension. Pull across to the other side, checking that it remains aligned along the top.



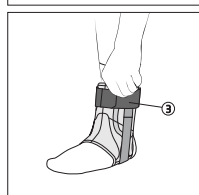
Tightly wrap lower back heel-lock closure with tension across achilles, but not so tight to cause discomfort. Readjust both back closures for ideal comfortable compression fit.



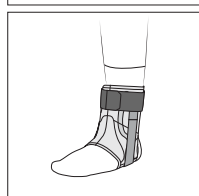
Familiarize yourself with the vertical tension stirrup straps (1 and 2) and top compression wrap strap (3).



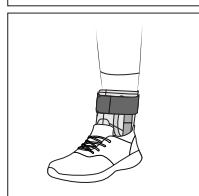
With brace snugly fit with back closures, put weight on foot and pull firmly upwards on vertical tension stirrup straps (1 and 2). Securely attach straps to both sides of brace.



Tightly wrap the top closure strap (3) with tension around the top of the brace and securely attach.



Evaluate overall fit, compression and stability of ankle brace. It should be very snug, but comfortable without inhibiting circulation. Readjust straps as needed for desired comfort, compression and stability.



Ankle brace is intended for use with a shoe. Place foot in shoe and adjust closure to accommodate space required for ankle brace. Shoe must be closed tightly over ankle brace to maximize support performance (do not inhibit circulation).