

Checklist for Perception Disorders

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Name of Patient

Date

For a homeopathic remedy determination we need to know exact symptoms. Please note in the field below what you find most striking.

Mainsymptoms

Now mark on this side between 8 and 16 important symptoms that pertain to the perception disorder. Symptoms are changes when the patient is not well. They differ from the healthy state.

High Reliability

Interpretation

Light (bright) aggravates	<i>Over-sensitivity to bright light</i>
Looking, eyes strained, aggravates	<i>Irritability after media consumption (TV/PC)</i>
Reading aggravates	<i>Dislikes reading, tires quickly</i>
Talking aggravates	<i>Slow speech development, speech disturbances</i>
Touch aggravates	<i>Dislikes touch</i>
Warmth in general aggravates	<i>Irritability in warm environment</i>
Warmth of Room/Stove aggravates	<i>Irritability in overheated room</i>
Uncovering ameliorates	<i>Uncovers or takes off clothes often</i>
Cold in general aggravates	<i>Feels cold easily</i>
Uncovering aggravates	<i>Covers himself or wraps up warmly</i>
Aversion against movement	<i>Laziness</i>
Writing aggravates	<i>Writes/draws in cramped way, tires easily</i>
After waking up, aggravates	<i>Irritability after waking up</i>
Before falling asleep, aggravates	<i>Irritability in the evening, before sleep</i>
Understanding difficult	<i>Grasps complex issues only slowly</i>
Sadness	<i>Downcast, weepy</i>
Irritability	<i>Aggressive, fits of rage</i>

Intermediate Reliability

Noise aggravates	<i>Irritated by noise of others</i>
Smell sensitive	<i>Intolerant of smells</i>
Taste diminished	<i>Adds spice to everything</i>
Travelling in car aggravates	<i>Nausea/headaches while being driven in a car</i>
Movement ameliorates	<i>Restlessness/irritability improved by sports</i>
Memory weak	<i>Easily forgets things just learned</i>
Muscles tense (must be confirmed by physician)	<i>Basic muscle tone high</i>
Muscles flabby (must be confirmed by physician)	<i>Basic muscle tone low</i>

3. The following symptoms are common in disturbances of perception and ADD/ADHD but **have proved to be unreliable when choosing a homeopathic remedy**. They still may play a certain role in the fine tuning of the remedy determination. Therefore underline only symptoms here which are very pronounced.

Mind	Performance	<i>Hunger aggravates</i>
<i>Mood swings</i>	<i>Mistakes in arithmetic</i>	<i>Sweet things aggravate</i>
<i>Sulky</i>	<i>Slowness</i>	<i>Milk aggravates</i>
<i>Serious</i>	Fresh Air/Movement	<i>After eating ameliorates</i>
<i>Fearful</i>	<i>Desire for fresh air</i>	<i>After drinking ameliorates</i>
<i>Compulsive ideas</i>	<i>Avversion to fresh air</i>	
<i>Proud, arrogant</i>	<i>Fresh air ameliorates</i>	
<i>Nasty</i>	<i>Walking in fresh air ameliorates</i>	
<i>Jealous</i>	<i>Physical effort ameliorates</i>	
<i>Greedy, stingy</i>	<i>Involuntary movements (tics)</i>	
<i>Brash, cheeky, rude</i>	Touch	
<i>Dictatorial</i>	<i>Pressure of clothes aggravates</i>	
<i>Dislikes washing himself</i>	<i>Combing hair aggravates</i>	
Modalities of Mind	<i>Touch ameliorates</i>	
<i>Mental effort aggravates</i>	<i>Rubbing, massaging ameliorates</i>	
<i>Being alone aggravates</i>	Weather/Phases of Moon	
<i>Being with people aggravates</i>	<i>Cold weather aggravates</i>	
<i>Darkness aggravates</i>	<i>Autum aggravates</i>	
<i>Room full of people aggravates</i>	<i>Winter aggravates</i>	
<i>Strangers aggravate</i>	<i>Windy weather aggravates</i>	
<i>Being consoled aggravates</i>	<i>Change of weather aggravates</i>	
<i>Fear aggravates</i>	<i>Full moon aggravates</i>	
<i>Upset aggravates</i>	<i>New moon aggravates</i>	
<i>Annoyed aggravates</i>	Eating/Drinking	
<i>Anger aggravates</i>	<i>Disgust</i>	
<i>Lack of sleep aggravates</i>	<i>Desires sweet things</i>	
Motor phenomena	<i>Desires salty things</i>	
<i>Stammering</i>	<i>Desires milk</i>	
<i>Grinding teeth</i>	<i>Middday aggravates</i>	

Please note here further specific symptoms not mentioned on this checklist: