



Men's Fit Guide

Imperial

SIZE HEIGHT WEIGHT

S	5'5"-5'8"	130-145
ST	5'8" - 6'0"	135-150
MS	5'6"-5'9"	140-155
M	5'7"-5'9"	145-160
MT	5'10"-6'0"	155-170
LS	5'8"-5'11"	165-180
L	5'10"-6'0"	170-185
LTS*	6'1"-6'4"	160-175
LT	6'0"-6'3"	185-200
XLS	5'8"-5'10"	180-195
XL	6'0"-6'3"	195-215
XLT	6'3"-6'6"	205-220
XXL	6'2"-6'5"	220-240

***Size LTS** is designed specifically for a surfer build with long arms/legs where an MT is too short on the arms/legs and the LT is too large.

Metric

SIZE HEIGHT (CM) WEIGHT (KG)

S	165-173	59-66
ST	173-183	61-68
MS	167-175	63.5-70.5
M	170-175	66-73
MT	178-183	70.5-77
LS	173-180	75-82
L	178-183	77-84
LTS*	185-193	73-79.5
LT	183-190	84-91
XLS	173-178	82-88.5
XL	183-190	88.5-98
XLT	190-198	93-100
XXL	188-195	100-109

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Women's Fit Guide

Imperial

Size	Height	Weight	Bust	Waist	Hips
4(XS)	5'-5'3"	95-105	32.5	24.5"	33.5"
6(S)	5'2"-5'5"	105-115	34	26"	35"
6(M)	5'3"-5'6"	110-125	34	26"	35"
6T	5'5"-5'8"	115-130	34	26"	35"
8S	5'2"-5'4"	105-120	35.5	27.5	36.5"
8(M)	5'4"-5'7"	115-130	35.5	27.5	36.5"
8T	5'7"-5'10"	120-135	35.5	27.5	36.5"
10S	5'3"-5'6"	120-135	37.5	29.5	38.5"
10(L)	5'5"-5'8"	130-145	37.5	29.5	38.5"
10T	5'9"-6"	140-155	37.5	29.5	38.5"
12S	5'4"-5'7"	140-155	37.5	32.5"	41.5"
12(XL)	5'6"-5'9"	150-165	40.5	32.5"	41.5"
14S	5'4"-5'7"	150-170	44	36"	45"
14(XXL)	5'6"-5'9"	160-180	44	36"	45"

Metric

Size	Height (cm)	Weight (kg)	Bust (cm)	Waist (cm)	Hips (cm)
4(XS)	152-160	43-48	82.56	28	5
6(S)	157-165	48-52	86	66	89
6(M)	160-157	50-57	86	66	89
6T	165-173	52-59	86	66	89
8S	157-163	48-54	90	70	93
8(M)	163-170	52-59	90	70	93
8T	170-178	54-61	90	70	93
10S	160-168	54-61	95	75	98
10(L)	165-173	59-66	95	75	98
10T	175-183	64-70	95	75	98
12S	163-170	64-70	103	82.5	105.5
12(XL)	168-175	68-75	103	82.5	105.5
14S	163-170	68-77	112	91.5	114
14(XXL)	168-175	73-82	112	91.5	114