

## Instruction Manual

Please read this instruction manual carefully before use. Keep this instruction manual at hand and refer to it when necessary.



### Warning

Indicates that there is a risk of serious consequences such as serious injury if handled incorrectly.



### Caution

Indicates that there is a risk of minor injury or material damage if handled incorrectly.

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Be sure to push in the crown after setting the time. It is not waterproof if the crown is not pushed in.

### Instruction for a self-winding mechanical wrist watch

This is a self-winding mechanical wrist watch. The mainspring is wound when the watch is worn on your arm with ordinary arm motion. You can also wind the mainspring by turning the crown. Should the watch not be moving, please shake it to start. When the second hand starts moving, set the time and put it on your wrist.

When winding the mainspring with the crown, hold the watch in your left hand and turn it forward with your right hand. It is enough to wind about 10 times. Even if the mainspring is fully coiled up, there is over-winding protection. Insufficient winding of the mainspring can lead to inaccuracy, so we recommend that you wear it for approximately 8 hours a day. If there is little movement of the arm, such as at desk work, the accuracy can be kept good by winding the crown appropriately.

### ● How to set the time

- ① Pull out the crown
- ② Turn crown to set the current time.
- ③ Push in the crown. (The second hand stops when the crown is pulled, so the second hand can be adjusted using a telephone time signal service.)

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### Product Specifications:

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Functionality: 3 hands by indicating hour, minute and second

Vibration: 28,800 per hour

Time keeping accuracy while worn: -10 seconds to +30 seconds per day at room temperature (5 to 35°C)

Drive system: Self-winding spring type  
(with manual winding)

Number of rubies: 24

Water resistance: 3 bars

Specifications are subject to change.

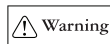
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Repairs and other inquiries regarding products are handled at the shop where you purchased the product.

Manufacturer: Precision Watch Tokyo Co. Ltd.

## Precautions for use and maintenance

### ● Things to be aware of when wearing

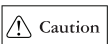


Please be aware that wearing the watch if you fall over or collide with others may cause you to be injured.

If you are holding an infant, please be aware that contact with the watch and the infant's skin may cause injury or rash due to allergies.

Please be aware of handling while you wear the watch, as wrong handling may cause damage to the watch.

### ● Daily care of the watch



Cases and bands are in direct contact with the skin.

If dirty, the dirt may stain the cuffs of clothing and cause rashes. Always clean before use.

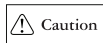
When removing the watch, wipe off any excess moisture with a soft cloth so the case, band, and packing will last longer.

Please note that the watch may deteriorate if it is washed with chemicals (organic solvents such as benzene, thinner, alcohol, and detergent).

#### <Leather strap>

Wipe gently with a soft cloth to absorb moisture. Wiping with rubbing may cause discoloration or loss of luster.

### ● Rash and allergies



Please use the band with some allowance and good ventilation.

Depending on your physical condition, it may cause itching and rash on your skin.

The cause of rash may be due to:

1. Allergy to metals and leathers
  2. Dirt, rust, sweat, etc. on the watch body/strap
- If any abnormality occurs on your skin, stop using it immediately and consult a doctor.

1. Exposure to direct sunlight, high temperature, or low temperature for a long time may cause a delay or advance in time accuracy.
2. Leaving it where there is a magnetic effect (TV, speaker, mobile phone, magnetic necklace, etc.) may cause a delay or advance in time accuracy.
3. Leaving it in a place with strong vibration may cause damage, delay or advancement in time accuracy.
4. If the watch is left where chemical vapors are emitted or where chemicals are exposed, it may cause deterioration or damage to the watch. Examples of chemicals: benzene, thinner, acetone, alcohols, kerosene, nail polish, cosmetics sprays, cleaners, toilet cleaners, adhesives, mercury, iodine-based disinfectants, insecticides, etc.
5. If the watch is left in a special environment such as a hot spring bath or a storage place containing an insecticide, the watch may deteriorate.
6. If you do not wear the watch for a long time, it is recommended that you put it in a box and store it in a well-ventilated place.

### ● At the time as below:

- ◇ When the watch stops  
Possible cause: The mainspring is not wound.  
→ Wake the watch about 10 times or wind the crown several times. After that, if you install it as it is, the mainspring will be wound automatically. If the watch does not move even if you wind the mainspring, consult your dealer.
  - ◇ The watch temporarily advances / delays  
Possible cause:  
Placed for a long time in a hot or cold place  
→ The accuracy will be restored by placing the watch at room temperature.  
Possible cause:
    - Placed near something that generates magnetism
    - You dropped, hit hard, or played a sport that shocks the wrist
    - Strong vibration was applied to the watch.  
→ The accuracy will not return. Please consult your store.
  - ◇ Cloudiness on crystal does not disappear  
Possible cause:  
Water has entered the watch due to deterioration of the waterproofing.  
Turned the crown while submerged and pulled it out.  
→ Consult with the store where you purchased the product.
- Storage
- Note the following items may cause damage or deterioration of the watch or cause malfunctions when the watch is not in use.