

Wellness Meter

The Wellness Meter helps those seeking to track and verify improvements to their wellness. It is included at no charge (one per Bed Cover order). Not only will you feel the benefits, but you can also prove them.

Please note that while the Wellness Meter is a wonderful tool, is not necessary for your Bed Cover to work. Only for testing your body's voltage before, during, and after grounding. Remember, you'll need to make direct contact with the Bed Cover for the grounding tests to work. If you do not experience a decrease in voltage during your test:

1. Ensure you are making direct contact with the Bed Cover.
2. Secure the Grounding Plug connections to both the Bed Cover and Outlet.
3. Check that the Outlet is functioning properly.

Setup:

1. Insert the included Batteries into your Wellness Meter.
2. Take out the Red and Black Clip Cables.
3. Plug the Red Clip Cable into the Red Cable Port (VΩHz±).
4. Plug the Black Clip Cable into the Black Cable Port (COM).
5. Turn the large center Dial to the V setting to turn on your Wellness Meter.
6. Press the Orange SEL button to change the power testing setting from DC to AC. When in DC Mode, the display will read DC. When changed to AC Mode, it will read AC.
7. Clip the Black Clip Cable onto the pocket near the Grounding Plug on your Bed Cover.
8. Hold the Red Cable Clip in your right hand between your thumb and pointer finger.

Use:

1. Before performing any test, complete the Setup and ensure you are not leaning on or making contact with your Bed Cover.
2. While still holding the Red Cable Clip in your right hand, review your body's standard voltage reading displayed on your Wellness Meter. Track this information by adding it to your Wellness Journal.
3. While still holding the Red Cable Clip in your right hand, take your left hand and gently press it against the finished white surface of your Bed Cover.
4. After a moment, your Wellness Meter should detect a dramatic drop in your body's voltage. All the way to 0. This indicates you are fully grounded. Please note that not everyone will ground fully during their first round of testing.
5. Turn off your Wellness Meter by pressing the Power button.

Instructional Videos: <https://antiagingbed.com/pages/instructions>

Learn more about our Technology: <https://antiagingbed.com/pages/technology>