**Menu for Week 1**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| ***Week 1*** | ***Monday*** | ***Tuesday*** | ***Wednesday*** | ***Thursday*** | ***Friday*** |
| ***Breakfast*** |  |  |  |  |  |
| Age Appropriate Substitute |  |  |  |  |  |
| ***Lunch*** |  |  |  |  |  |
| Age Appropriate Substitute |  |  |  |  |  |
| ***PM Snack*** |  |  |  |  |  |
| Age Appropriate Substitute |  |  |  |  |  |

Water is available to children throughout the day and at all meals and snacks. If no beverage is specified, the beverage offered will be water. All juice served is 100% full-strength fruit juice. Children (age 12-24 month) are served whole milk. After 24 months, all children are served 1% milk.

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272.

Centers may substitute food items as necessary.

**Menu for Week 2**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| ***Week 2*** | ***Monday*** | ***Tuesday*** | ***Wednesday*** | ***Thursday*** | ***Friday*** |
| ***Breakfast*** |  |  |  |  |  |
| Age Appropriate Substitute |  |  |  |  |  |
| ***Lunch*** |  |  |  |  |  |
| Age Appropriate Substitute |  |  |  |  |  |
| ***PM Snack*** |  |  |  |  |  |
| Age Appropriate Substitute |  |  |  |  |  |

Water is available to children throughout the day and at all meals and snacks. If no beverage is specified, the beverage offered will be water. All juice served is 100% full-strength fruit juice. Children (age 12-24 month) are served whole milk. After 24 months, all children are served 1% milk.

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Centers may substitute food items as necessary.

**Menu for Week 3**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| ***Week 3*** | ***Monday*** | ***Tuesday*** | ***Wednesday*** | ***Thursday*** | ***Friday*** |
| ***Breakfast*** |  |  |  |  |  |
| Age Appropriate Substitute |  |  |  |  |  |
| ***Lunch*** |  |  |  |  |  |
| Age Appropriate Substitute |  |  |  |  |  |
| ***PM Snack*** |  |  |  |  |  |
| Age Appropriate Substitute |  |  |  |  |  |

Water is available to children throughout the day and at all meals and snacks. If no beverage is specified, the beverage offered will be water. All juice served is 100% full-strength fruit juice. Children (age 12-24 month) are served whole milk. After 24 months, all children are served 1% milk.

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Centers may substitute food items as necessary.

**Menu for Week 4**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| ***Week 4*** | ***Monday*** | ***Tuesday*** | ***Wednesday*** | ***Thursday*** | ***Friday*** |
| ***Breakfast*** |  |  |  |  |  |
| Age Appropriate Substitute |  |  |  |  |  |
| ***Lunch*** |  |  |  |  |  |
| Age Appropriate Substitute |  |  |  |  |  |
| ***PM Snack*** |  |  |  |  |  |
| Age Appropriate Substitute |  |  |  |  |  |

Water is available to children throughout the day and at all meals and snacks. If no beverage is specified, the beverage offered will be water. All juice served is 100% full-strength fruit juice. Children (age 12-24 month) are served whole milk. After 24 months, all children are served 1% milk.

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Centers may substitute food items as necessary.