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# Insider: Not spent for nothing



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| OCTOBER 03, 2017

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Without grain there is no beer. Without spent grains there would be no Brewer's Crackers. These are the delightfully crisp and tasty crackers that Kyle Fiasconaro makes using spent grain, a byproduct from the beer brewing process. From his native Long Island to

Brooklyn to Boston, Fiasconaro tested spent grains in bread, granola, and crackers. For the former chef and forager, the crackers were a winner. In March, he started selling four varieties — Original, Sesame Sea Salt, Honey Graham, and Spicy Peppercorn (5 ounces for \$4.95; \$5.95 for the Honey Graham) — which he bakes at Cutty’s, the popular Brookline sandwich shop.

Cambridge’s Lamplighter Brewing Co. provides the spent barley and wheat. Cracker enthusiasts will undoubtedly agree that the chef’s five years of experimenting were well spent.

*Available at Cutty’s,*

*284 Washington St., Brookline, 617-505-1844;*

[www.brewerscrackers.com](http://www.brewerscrackers.com) LISA ZWIRN

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Mr. Petty burst onto the scene in 1970s as one of the most original, searching voices in rock and remained a major hitmaker for decades. [MORE...](#)

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As he has done in the past, Brady advocates eating “real foods” and achieving balance — almost to an extreme. [MORE...](#)

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Louisa Kasdon and Ilene Bezahler, powerhouses in the Boston food community, have joined forces to create The Food Voice. [MORE...](#)

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The champion skier is in town for the Forbes Under 30 Summit. [MORE...](#)

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In this mash-up recipe, a spicy Korean chile paste is mixed with homemade ranch dressing to go with beet salad. [MORE...](#)

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