

DOGGY DATE NIGHT

# Dinner Menu



## Starter

### **Sweet Potato and Carrot Soup**

For your pup: Serve a simple, pureed blend of boiled sweet potatoes and carrots, ensuring it's cooled to a safe temperature.  
For you: Elevate your version with spices, a touch of cream, and a sprinkle of fresh herbs to enhance the flavour.

## Main

### **Grilled Chicken with Rice and Green Beans**

For your pup: Serve a portion of grilled, skinless, boneless chicken breast, cut into bite-sized pieces, with plain cooked white or brown rice and steamed green beans.

For You: Season your chicken breast with your favourite spices before grilling. Accompany it with rice and green beans, and elevate the dish with a homemade tomato sauce. To make the sauce, sauté garlic and onions in olive oil, add crushed tomatoes, and let it simmer with herbs like basil and oregano until it thickens.

## Dessert

### **Peanut Butter Banana Yoghurt Parfait**

For your pup: Create a simple mix of plain, unsweetened Greek yoghurt and banana slices. You can add a dollop of dog peanut butter for an extra treat.

For you: Layer the plain yogurt with banana slices, peanut butter, and perhaps a drizzle of honey or a sprinkle of granola for texture.

