RENEWAL

□ VISIT A LOCAL

ART MUSEUM

OR TAKE A VIRTUAL

MUSEUM TOUR

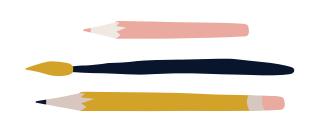






☐ CLEAN YOUR CRAFTING MACHINES AND TOOLS







START

RENEWAL















CALM





GROWTH

□ TAKE A CLASS OR
WATCH A TUTORIAL
TO LEARN A
NEW SKILL



goals

☐ REORGANIZE YOUR CRAFT SPACE

☐ WRITE DOWN YOUR CREATIVE GOALS

TRY EVEN IF IT MEANS SOMETIMES FAILING



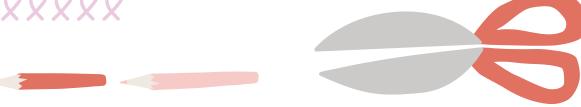






GROWTH











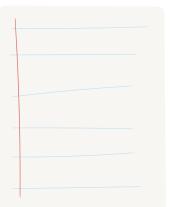




ENERGY







ENERGY











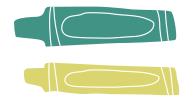


CELEBRATE THE SMALL VICTORIES

JOY



☐ USE YOUR CREATIVE SKILLS FOR A SERVICE PROJECT













ENJOY YOUR JOURNEY











EXPRESSION





GIVE YOURSELF PERMISSION





EXPRESSION







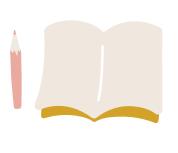
CONNECTION

☐ RECORD A

CHILDHOOD MEMORY

IN A SCRAPBOOK

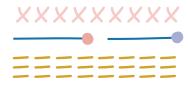
OR JOURNAL













☐ MAKE A GIFT FOR SOMEONE YOU LOVE







MAKE AM IMPACT

CONNECTION









