

SIZE GUIDE FOR RING, BANANA & BARBELL



FIND YOUR PERFECT FIT

Please print this guide at 100% scale.

To make certain that your size is accurate, position a credit card over this outline.

RING

The sizing measurements correspond with the inner diameters of each ring.
The rings as shown are in 1,2 mm thickness. Place your ring over the circles until you find the perfect fit.

5 mm



6 mm



7 mm



8 mm



9 mm



10 mm



11 mm



12 mm



BANANA

The length is measured in a straight line across the centre, between the balls.
The balls as shown are in 3 mm thickness.

8 mm



10 mm



12 mm



BARBELL

The length is measured in a straight line across the centre, between the balls.
The balls as shown are in 3 mm thickness.

5 mm



6 mm

