

Breakfast

AVOCADO ON TOAST (Ve) £7.95

Smashed avocado served on toasted sourdough, chilli flakes, sunblushed tomatoes and rocket

VEGAN BREAKFAST (Ve) f Scrambled tofu, avocado, cherry and sunblushed

tomatoes, rocket, herb mushrooms on sourdough toast

BREAKFAST BAGELS

all £8.95

£9.50

Open toasted bagel, choose from:

· Bacon, scrambled eggs, spinach, herb mushrooms

 \cdot Smoked salmon, scrambled eggs, avocado, rocket

· Smashed avocado, grilled halloumi, chilli flakes,

sunblushed tomatoes, rocket

All Day Food

PLANKS GRANOLA BOWL (Ve)* (GF) £6.95

Homemade maple and cinnamon granola, natural or dairy free* yoghurt, fresh berries, with a topping of chia seeds, desiccated coconut and a drizzle of honey. Add peanut butter +30p

AÇAI BOWL (Ve) (GF)

£7.50

Superfood smoothie bowl. Amazonia Acai pulp blended smoothie topped with fresh berries, banana slices, coconut, goji berries, and a sprinkle of our homemade maple and cinnamon granola

PLANKS BAKERYTwo thick slices of toast (V)£2.50Toasted bagel (V)£2.50Toasted teacake (V)£2.75

Add: Jam, honey, marmalade or peanut butter +30p

Served from 9am till 11.45am PLEASE ORDER AT THE COUNTER

KIDS BREAKFAST

EGG ON TOAST (V) Scrambled, poached or fried. Add bacon +£1.50 beans +£1	£3.25
YOGHURT AND FRUIT (V) Add honey +30p	£2.95
AVOCADO ON TOAST (Ve) TOAST (V) Add jam or peanut butter +30p	£3.50 £1.75
BACON SANDWICH	£3.50
BEANS ON TOAST (V)	£2.95

Add to any breakfast: Smoked Salmon £2.80 Bacon £2.50 | Halloumi £2.25 | Tomatoes £1.75 Mushrooms £1.75 | Poached Egg £1.50 Feta cheese £1.55 | Beans £1.25

Served from 9am till 2.45pm

ALL DAY BACON ROLL

£5.50

Honeywells smoked bacon on a freshly baked soft roll Add: Fried egg £1 | Herb mushroom £1 | Tomatoes £1

AVOCADO ON TOAST (Ve)

£7.95

Smashed avocado served on toasted sourdough, chilli flakes, sunblushed tomatoes and rocket

Add: Smoked salmon £2.80 | Halloumi £2.25 | Ham £2.25 Bacon £2.50 | Feta £1.50

KIDS LUNCH

SANDWICHES All served with veggie sticks. Choose from: Tuna, sweetcorn and mayo Cheese (V) Ham Jam (V) Cream cheese (V)	£3.95 V)
KIDS VEGGIE PLATE (Ve) Hummus, warm pitta bread, cucumber, carre	£3.50 ot sticks
CHEESE ON TOAST	£3.50



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