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**TE ARA
WHETŪ
21-22**



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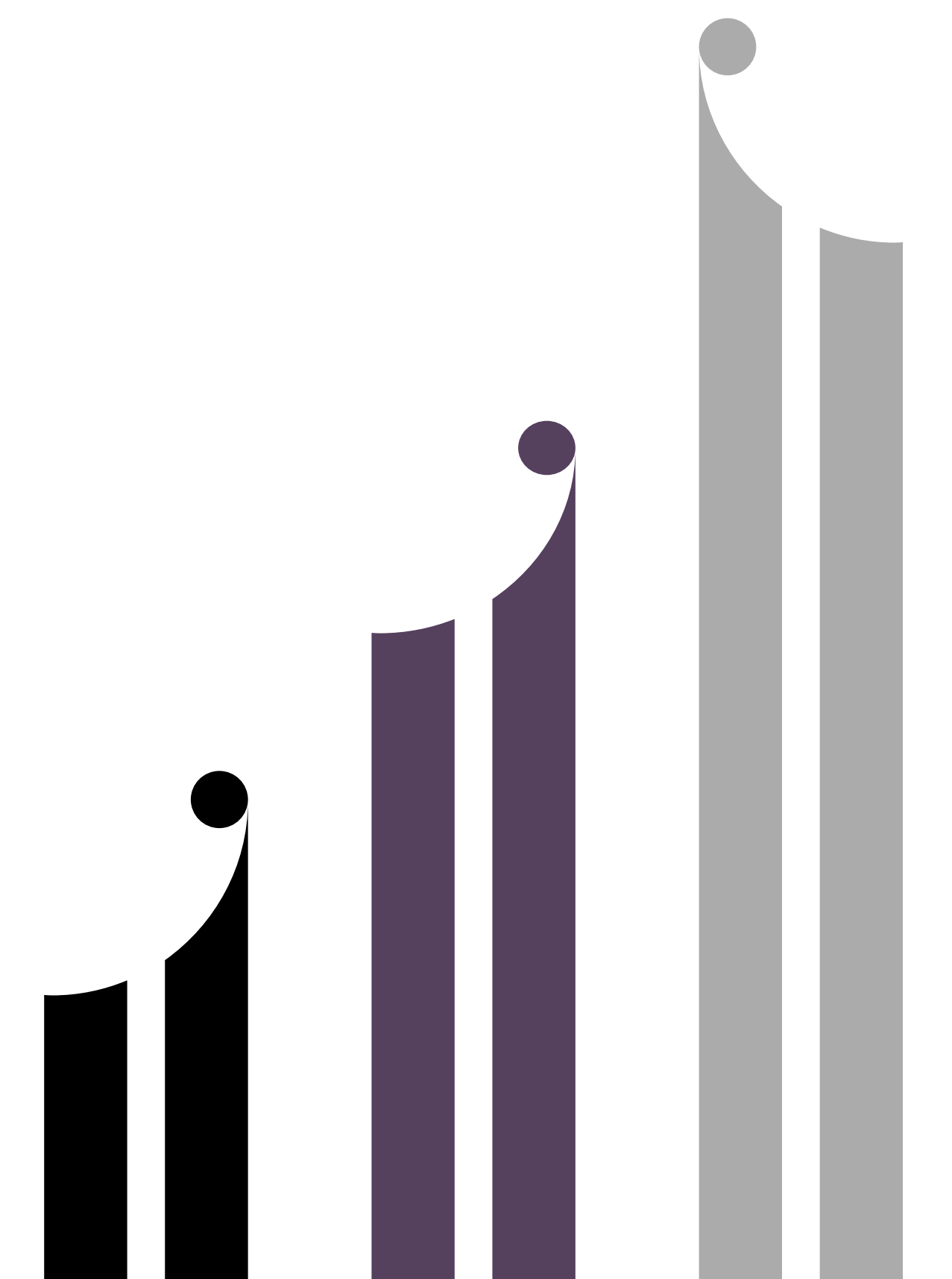
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2022 Year Calendar

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Ngā mata o te marama

Phases of the moon



Whiro



2021

Hānuere JAN

Mā	Tū	We	Tā	Pa	Hā	Rā
				1	2	3
4	5	6	7	8	9	10
11	12	●	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	○	30	31

Pēpuere FEB

Mā	Tū	We	Tā	Pa	Hā	Rā
1	2	3	4	5	6	7
8	9	10	11	●	13	14
15	16	17	18	19	20	21
22	23	24	25	26	○	28

Māehe MAR

Mā	Tū	We	Tā	Pa	Hā	Rā
1	2	3	4	5	6	7
8	9	10	11	12	●	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
○	30	31				

Āperira APR

Mā	Tū	We	Tā	Pa	Hā	Rā
			1	2	3	4
5	6	7	8	9	10	11
●	13	14	15	16	17	18
19	20	21	22	23	24	25
26	○	28	29	30		

Mei MAY

Mā	Tū	We	Tā	Pa	Hā	Rā
					1	2
3	4	5	6	7	8	9
10	11	●	13	14	15	16
17	18	19	20	21	22	23
24	25	○	27	28	29	30
31						

Hune JUN

Mā	Tū	We	Tā	Pa	Hā	Rā
	1	2	3	4	5	6
7	8	9	●	11	12	13
14	15	16	17	18	19	20
21	22	23	24	○	26	27
28	29	30				

Hūrae JUL

Mā	Tū	We	Tā	Pa	Hā	Rā
			1	2	3	4
5	6	7	8	9	●	11
12	13	14	15	16	17	18
19	20	21	22	23	○	25
26	27	28	29	30	31	

Ākuhata AUG

Mā	Tū	We	Tā	Pa	Hā	Rā
						1
2	3	4	5	6	7	8
●	10	11	12	13	14	15
16	17	18	19	20	21	22
○	24	25	26	27	28	29
30	31					

Hepetema SEP

Mā	Tū	We	Tā	Pa	Hā	Rā
		1	2	3	4	5
6	●	8	9	10	11	12
13	14	15	16	17	18	19
20	○	22	23	24	25	26
27	28	29	30			

Oketopa OCT

Mā	Tū	We	Tā	Pa	Hā	Rā
				1	2	3
4	5	6	●	8	9	10
11	12	13	14	15	16	17
18	19	20	○	22	23	24
25	26	27	28	29	30	31

Noema NOV

Mā	Tū	We	Tā	Pa	Hā	Rā
1	2	3	4	●	6	7
8	9	10	11	12	13	14
15	16	17	18	○	20	21
22	23	24	25	26	27	28
29	30					

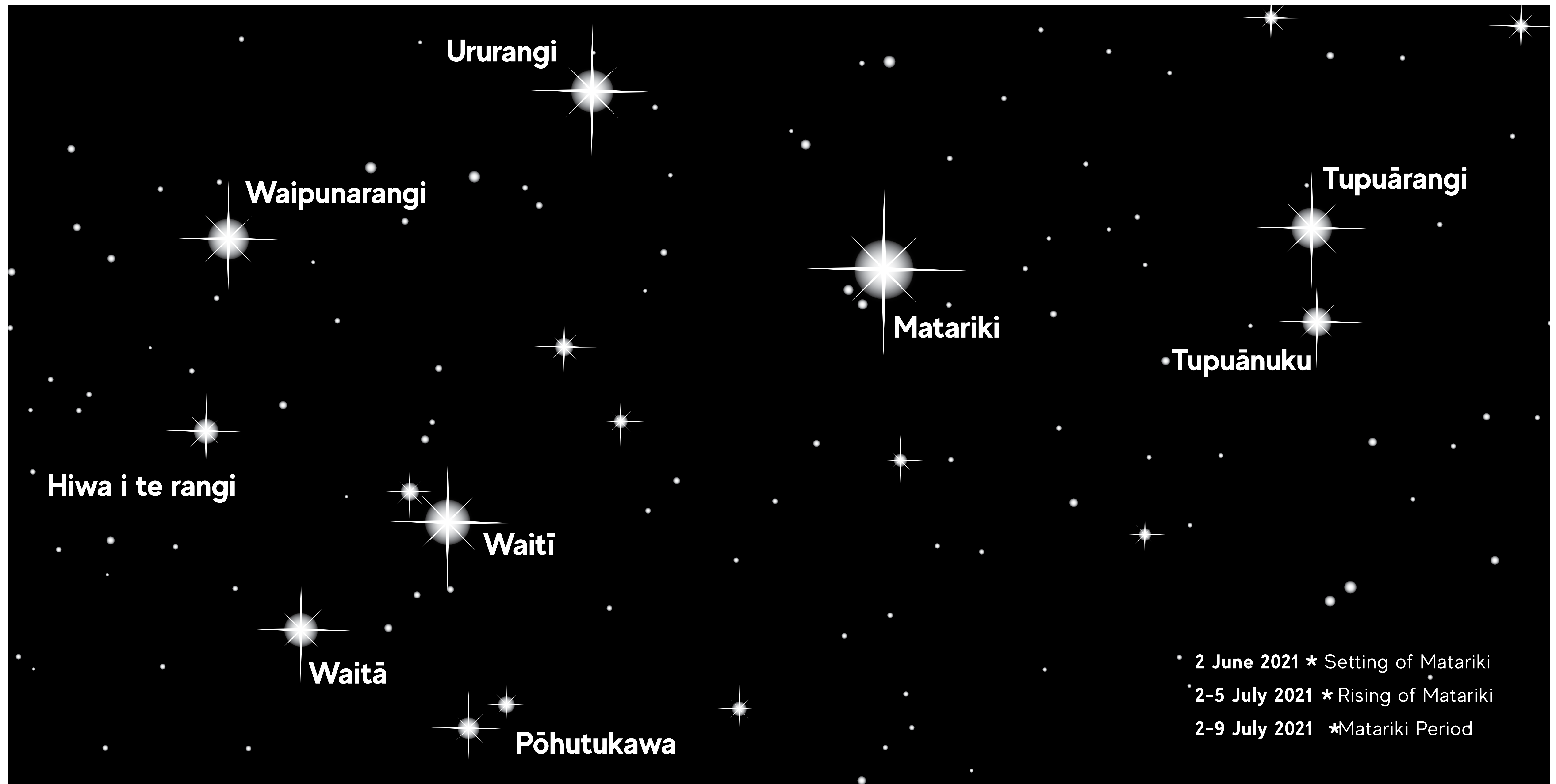
Tihema DEC

Mā	Tū	We	Tā	Pa	Hā	Rā
		1	2	3	●	5
6	7	8	9	10	11	12
13	14	15	16	17	18	○
20	21	22	23	24	25	26
27	28	29	30	31		



Matariki

Matariki star, said to be the wife of Rehua, and mother of the cluster of stars also known as Matariki. A sign of the New Māori Year, it is a time of reflection, hope, unity and good



Tupuārangī

The star associated with food that comes from the sky, such as birds, or elevated fruit and berries from trees.

Tupuānuku

The star associated with food below ground, both cultivated and uncultivated.

Ururangi

Blowing across the skies, whenua and moana, Ururangi is the star associated with the many winds of Tāwhirimātea, known to bring both destruction and relief.

Waipunarangi

Sometimes also known as Waipuna-a-Rangi. The star is associated with the many rains that fall from the puna within our skies.

Waiti

The star connected to fresh water and the creatures that live in rivers, streams and lakes. It also recognises the importance of life and rituals associated with water.

Waitā

The star associated with food harvested from the sea. It also acknowledges the vastness of Te Moana Nui a Kiwa and how the oceans provide sustenance to those on land.

Hiwa i te rangi

The "wishing star" that we send up our dreams and aspirations for the coming year. The desires of the heart, to be determined and focused in their pursuit.

Pōhutukawa

This star acknowledges those who have passed on from this life. A past practice was to "call out" the names of loved ones past, in remembrance, during this time.



Ki te anga whakamua me titiro whakamuri

Ōku whakawhetai I am grateful for...

Ōku whiwhinga me ōku whakanui My wins & highlights...

Ngā akoranga me ngā wero Learnings and challenges...

Matariki

Ōku Tirohanga
My observations

Te whakamahara i ngā mate
Remember those who have passed

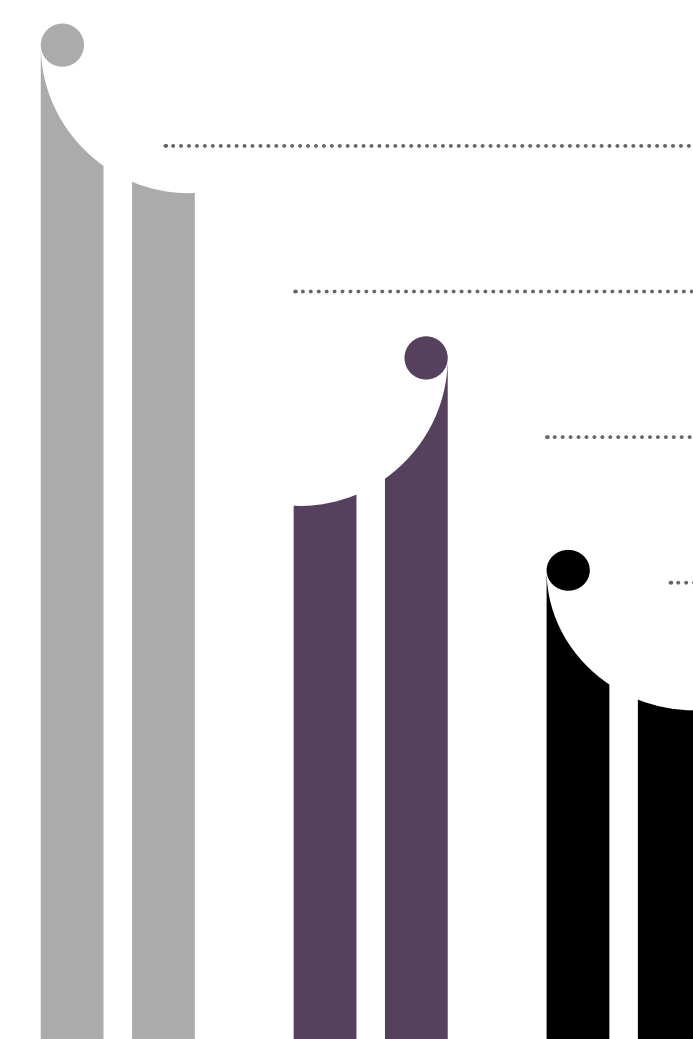
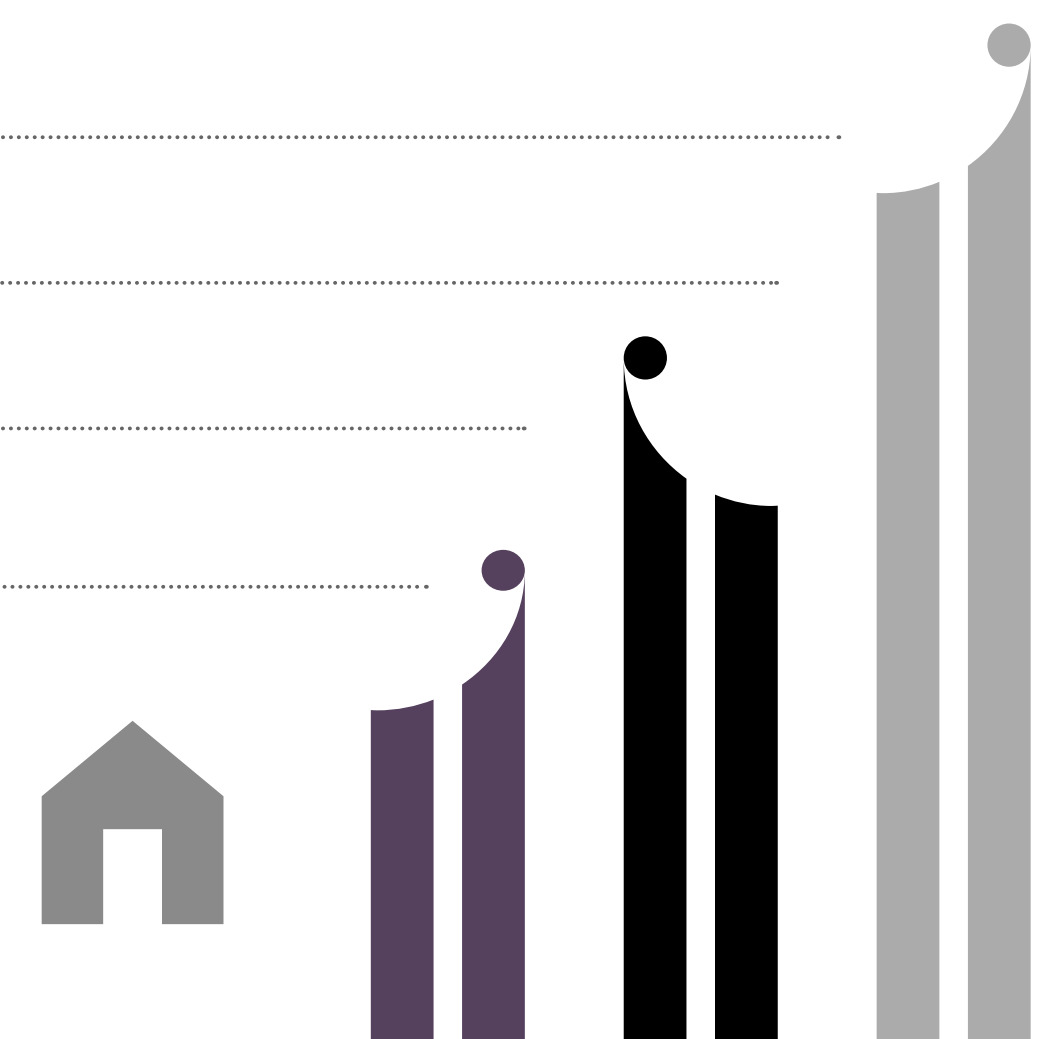
Time to reflect

Me tuku? Me mau? Me mutu? What will I let go of, take with me & stop doing?

Ki te anga whakamua me... What changes will I make to move forward?

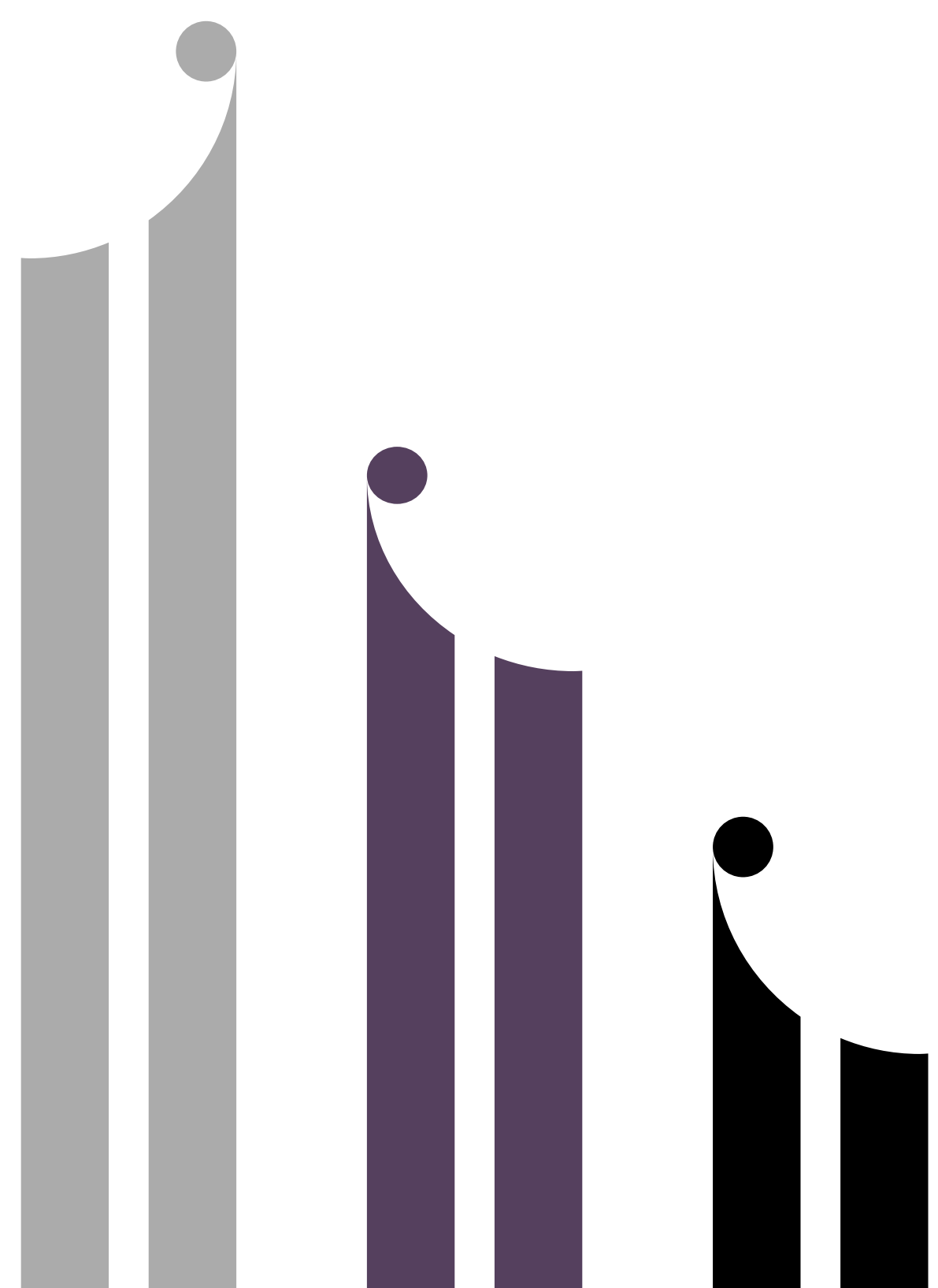
Hautapu
Feeding the stars, sharing kai with whānau

Ōku Whaingā
My aspirations for the coming year



Ōku Whāinga

MY GOALS





Mane Monday

Tūrei Tuesday

Wenerei Wednesday

Tāite Thursday

Paraire Friday

Hātarei Saturday

Rātapu Sunday

Matariki Period ★

			10 JUN	● PIPIRI	11 JUN	12 JUN	13 JUN
14 JUN	15 JUN	16 JUN	17 JUN	18 JUN	19 JUN	20 JUN	
21 JUN	22 JUN	23 JUN	24 JUN	25 JUN	○ 26 JUN	27 JUN	
28 JUN	29 JUN	30 JUN	1 JUL	2 JUL	3 JUL	4 JUL	
5 JUL	6 JUL	7 JUL	8 JUL	9 JUL			

Ōku Whāinga

My Priorities

Ōku whakamahara

Notes

Pipiri
1st month of the Māori year

Kua piri ngā mea katoa i te whenua i te mātao, me te tangata.
All things on earth cohere owing to the cold, likewise man.

Ōku whakawhetai
I'm grateful for

Hōngongoi

2021



Mane Monday

Tūrei Tuesday

Wenerei Wednesday

Tāite Thursday

Paraire Friday

Hātarei Saturday

Rātapu Sunday

					10 JUL	● 11 JUL HŌNGONGOI
12 JUL	13 JUL	14 JUL	15 JUL	16 JUL	17 JUL	18 JUL
19 JUL	20 JUL	21 JUL	22 JUL	23 JUL	24 JUL	○ 25 JUL
26 JUL	27 JUL	28 JUL	29 JUL	30 JUL	31 JUL	1 AUG
2 AUG	3 AUG	4 AUG	5 AUG	6 AUG	7 AUG	8 AUG

Ōku Whāinga
My Priorities

Ōku whakamahara
Notes

Hōngongoi

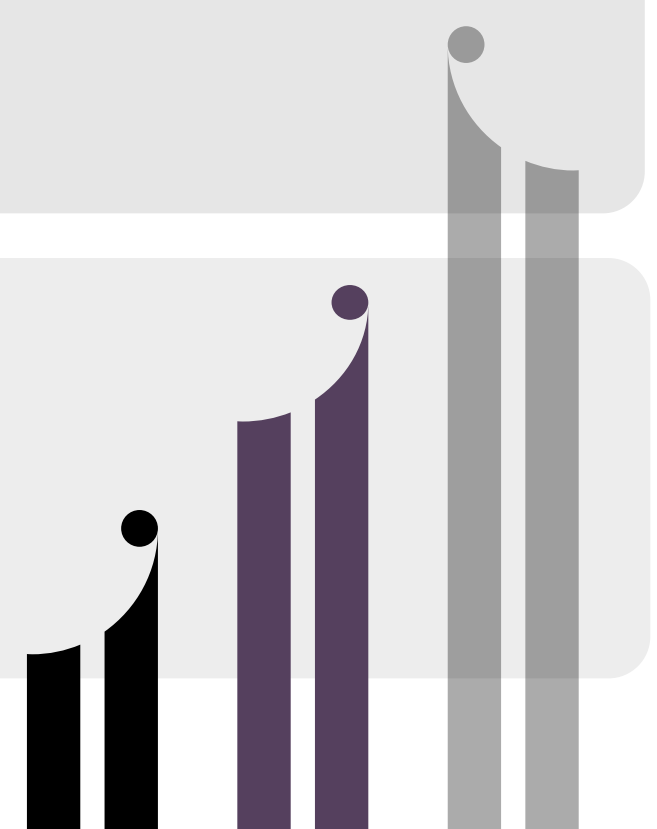
2nd month of the Māori year

Kua tino mātao te tangata, me te tahutahu ahi, ka painaina.

Man is now extremely cold, and so kindles the fires before he basks.

Ōku whakawhetai

I'm grateful for



Pipiri

Hōngongoi

Hereturikōkā

Mahuru

Whiringa-ā-nuku

Whiringa-ā-rangi

Hakihea

Kohitātea

Huitanguru

Poutūterangi

Paengawhāwhā

Haratua

Hereturikōkā

2021



Mane Monday

Tūrei Tuesday

Wenerei Wednesday

Tāite Thursday

Paraire Friday

Hātarei Saturday

Rātapu Sunday

9 AUG	● 10 AUG HERETURIKŌKĀ	11 AUG	12 AUG	13 AUG	14 AUG	15 AUG
16 AUG	17 AUG	18 AUG	19 AUG	20 AUG	21 AUG	22 AUG
23 AUG	○ 24 AUG	25 AUG	26 AUG	27 AUG	28 AUG	29 AUG
30 AUG	31 AUG	1 SEP	2 SEP	3 SEP	4 SEP	5 SEP
6 SEP						

Öku Whāinga
My Priorities

Öku whakamahara
Notes

Hereturikōkā

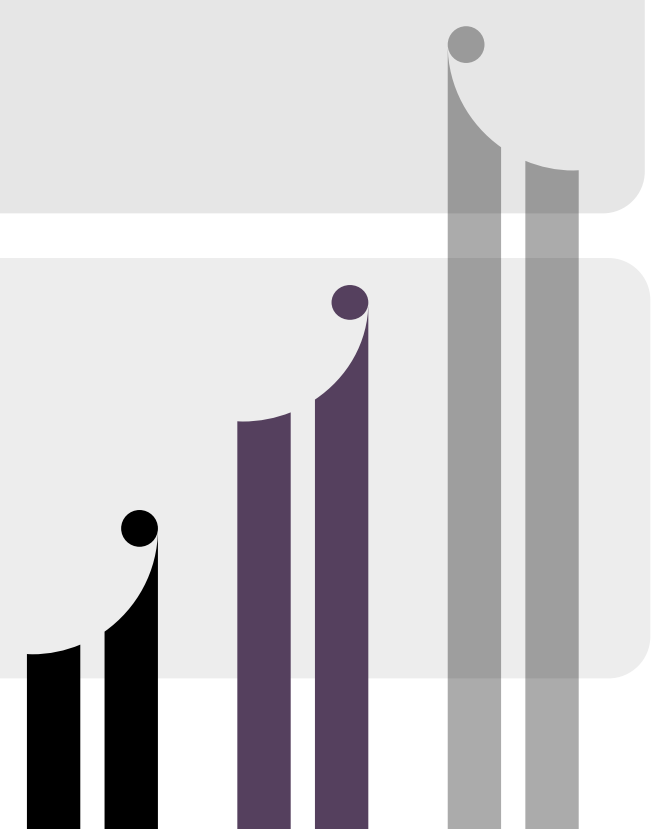
3rd month of the Māori year

Kua kitea te kainga a te ahi i ngā turi o te tangata.

The scorching effects of fire on the knees of man is seen.

Öku whakawhetai

I'm grateful for



Pipiri

Hōngongoi

Hereturikōkā

Mahuru

Whiringa-ā-nuku

Whiringa-ā-rangi

Hakihea

Kohitātea

Huitanguru

Poutūterangi

Paengawhāwhā

Haratua

Mahuru

2021



Mane Monday Tūrei Tuesday Wenerei Wednesday Tāite Thursday Paraire Friday Hātarei Saturday Rātapu Sunday

	7 SEP	● 8 SEP MAHURU	9 SEP	10 SEP	11 SEP	12 SEP
13 SEP	14 SEP	15 SEP	16 SEP	17 SEP	18 SEP	19 SEP
20 SEP	21 SEP	○ 22 SEP	23 SEP	24 SEP	25 SEP	26 SEP
27 SEP	28 SEP	29 SEP	30 SEP	1 OCT	2 OCT	3 OCT
<small>SOUTH CANTERBURY ANNIVERSARY</small> 4 OCT	5 OCT	6 OCT				

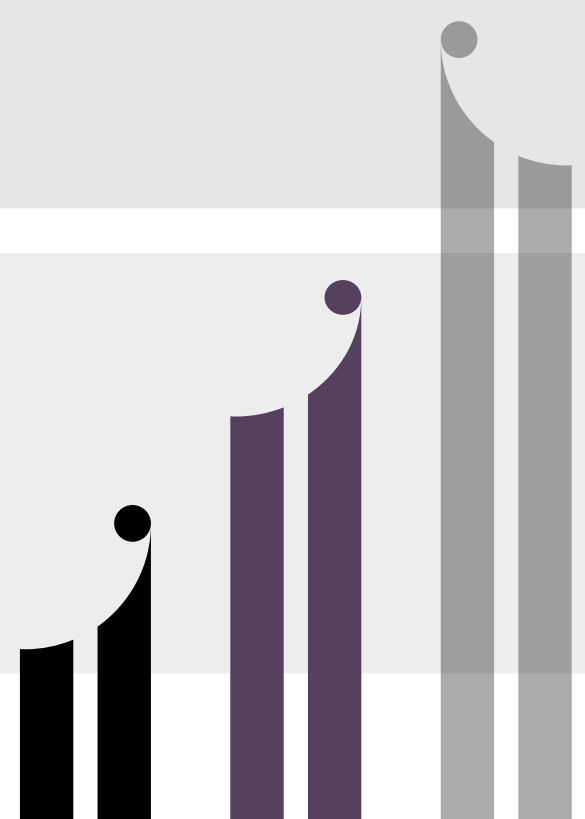
Ōku Whāinga
My Priorities

Ōku whakamahara
Notes

Mahuru
4th month of the Māori year

Kua pūmahana te whenua, me ngā otaota me ngā rākau.
The earth has now acquired warmth, and also has herbage and trees.

Ōku whakawhetai
I'm grateful for



Whiringa-ā-nuku

2021



Mane Monday

Tūrei Tuesday

Wenerei Wednesday

Tāite Thursday

Paraire Friday

Hātarei Saturday

Rātapu Sunday

			7 OCT	● 8 OCT WHIRINGA-Ā-NUKU	9 OCT	10 OCT
11 OCT	12 OCT	13 OCT	14 OCT	15 OCT	16 OCT	17 OCT
18 OCT	19 OCT	20 OCT	21 OCT	○ 22 OCT HAWKE'S BAY ANNIVERSARY	23 OCT	24 OCT
25 OCT LABOUR DAY	26 OCT	27 OCT	28 OCT	29 OCT	30 OCT	31 OCT
1 NOV MARLBOROUGH ANNIVERSARY	2 NOV	3 NOV	4 NOV			

Öku Whāinga
My Priorities

Öku whakamahara
Notes

Whiringa-ā-nuku

5th month of the Māori year

Kua tino mahana te whenua.

The earth has now become quite warm.

Öku whakawhetai

I'm grateful for



Pipiri

Hōngongoi

Hereturikōkā

Mahuru

Whiringa-ā-nuku

Whiringa-ā-rangi

Hakihea

Kohitātea

Huitanguru

Poutūterangi

Paengawhāwhā

Haratua

Whiringa-ā-rangi

2021



Mane Monday

Tūrei Tuesday

Wenerei Wednesday

Tāite Thursday

Paraire Friday

Hātarei Saturday

Rātapu Sunday

				5 NOV	● 6 NOV WHIRINGA-Ā-RANGI	7 NOV
8 NOV	9 NOV	10 NOV	11 NOV	12 NOV CANTERBURY ANNIVERSARY	13 NOV	14 NOV
15 NOV	16 NOV	17 NOV	18 NOV	19 NOV ○	20 NOV	21 NOV
22 NOV	23 NOV	24 NOV	25 NOV	26 NOV	27 NOV	28 NOV
29 NOV WESTLAND ANNIVERSARY CHATHAM ISLANDS ANNIVERSARY	30 NOV	1 DEC	2 DEC	3 DEC		

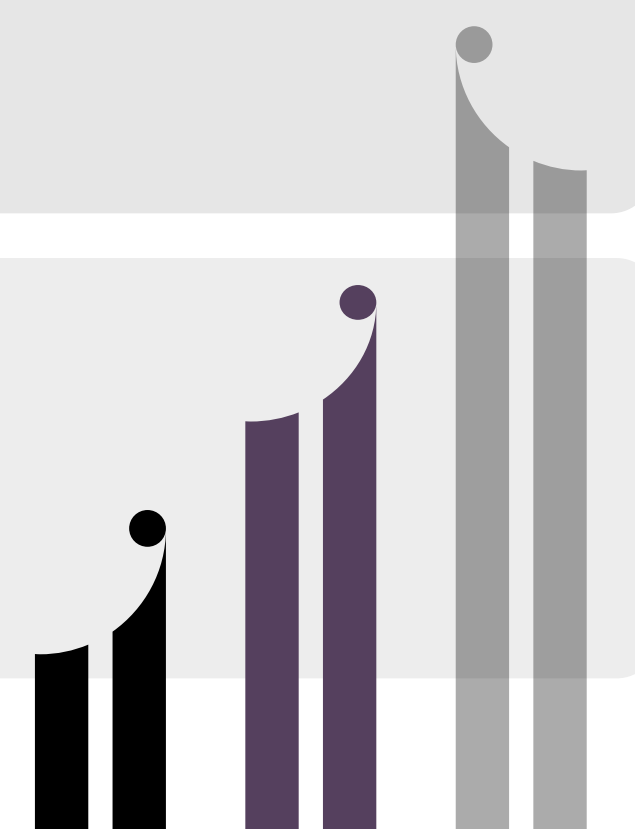
Ōku Whāinga
My Priorities

Ōku whakamahara
Notes

Whiringa-ā-rangi
6th month of the Māori year

Kua raumati, kua kaha te rā.
It has now become Summer, and the sun has
acquired strength.

Ōku whakawhetai
I'm grateful for



Pipiri

Hōngongoi

Hereturikōkā

Mahuru

Whiringa-ā-nuku

Whiringa-ā-rangi

Hakihea

Kohitātea

Huitanguru

Poutūterangi

Paengawhāwhā

Haratua

Hakihea

2021



Mane Monday

Tūrei Tuesday

Wenerei Wednesday

Tāite Thursday

Paraire Friday

Hātarei Saturday

Rātapu Sunday

					4 DEC	5 DEC
6 DEC	7 DEC	8 DEC	9 DEC	10 DEC	11 DEC	12 DEC
13 DEC	14 DEC	15 DEC	16 DEC	17 DEC	18 DEC	19 DEC
20 DEC	21 DEC	22 DEC	23 DEC	24 DEC	25 DEC	26 DEC
27 DEC	28 DEC	29 DEC	30 DEC	31 DEC	1 JAN	2 JAN

HAKIHEA

Ōku Whāinga
My Priorities

Ōku whakamahara
Notes

CHRISTMAS DAY OBSERVED

BOXING DAY OBSERVED

CHRISTMAS DAY

BOXING DAY

Hakihea

7th month of the Māori year

Kua noho ngā manu kai roto i te kōhanga.

Birds are now sitting in their nests.

Ōku whakawhetai

I'm grateful for



Pipiri

Hōngongoi

Hereturikōkā

Mahuru

Whiringa-ā-nuku

Whiringa-ā-rangi

Hakihea

Kohitātea

Huitanguru

Poutūterangi

Paengawhāwhā

Haratua

Kohitātea

2022



Mane Monday

Tūrei Tuesday

Wenerei Wednesday

Tāite Thursday

Paraire Friday

Hātarei Saturday

Rātapu Sunday

3 JAN <small>NEW YEARS DAY OBSERVED</small>	4 JAN <small>DAY AFTER NEW YEARS DAY</small>	5 JAN	6 JAN	7 JAN	8 JAN	9 JAN
10 JAN	11 JAN	12 JAN	13 JAN	14 JAN	15 JAN	16 JAN
17 JAN	18 JAN	19 JAN <small>○</small>	20 JAN	21 JAN	22 JAN	23 JAN
24 JAN <small>WELLINGTON ANNIVERSARY</small>	25 JAN	26 JAN	27 JAN	28 JAN	29 JAN	30 JAN
31 JAN <small>AUCKLAND ANNIVERSARY NORTHLAND ANNIVERSARY NELSON ANNIVERSARY</small>						

Ōku Whāinga
My Priorities

Ōku whakamahara
Notes

Kohitātea

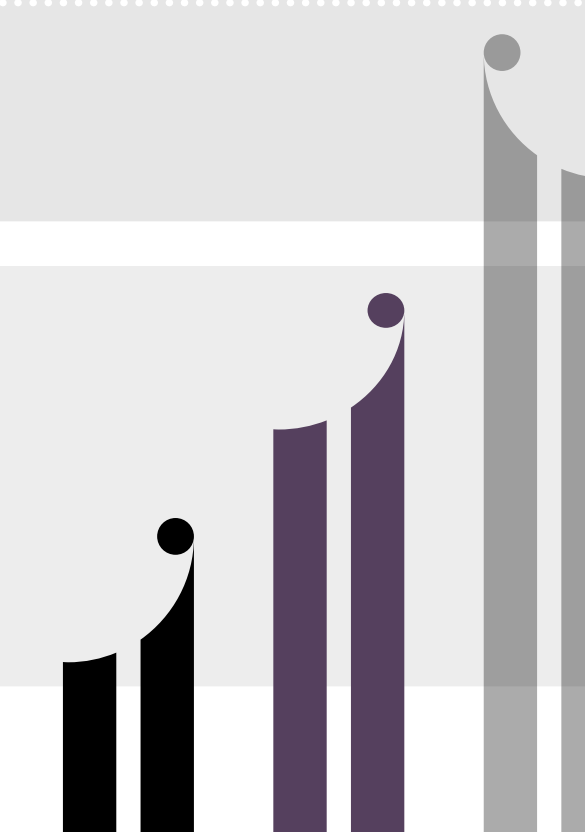
8th month of the Māori year

Kua makura te kai; ka kai te tangata i ngā kai hou o te tau.

Fruits have now set and man eats of the new food products of the season.

Ōku whakawhetai

I'm grateful for



Pipiri

Hōngongoi

Hereturikōkā

Mahuru

Whiringa-ā-nuku

Whiringa-ā-rangi

Hakihea

Kohitātea

Huitanguru

Poutūterangi

Paengawhāwhā

Haratua

Huitanguru

2022



Mane Monday

Tūrei Tuesday

Wenerei Wednesday

Tāite Thursday

Paraire Friday

Hātarei Saturday

Rātapu Sunday

	1 FEB	● 2 FEB HUITANGURU	3 FEB	4 FEB	5 FEB	6 FEB <small>WAITANGI DAY</small>
7 FEB <small>WAITANGI DAY OBSERVED</small>	8 FEB	9 FEB	10 FEB	11 FEB	12 FEB	13 FEB
14 FEB	15 FEB	○ 16 FEB	17 FEB	18 FEB	19 FEB	20 FEB
21 FEB	22 FEB	23 FEB	24 FEB	25 FEB	26 FEB	27 FEB
28 FEB	1 MAR	2 MAR				

Ōku Whāinga My Priorities

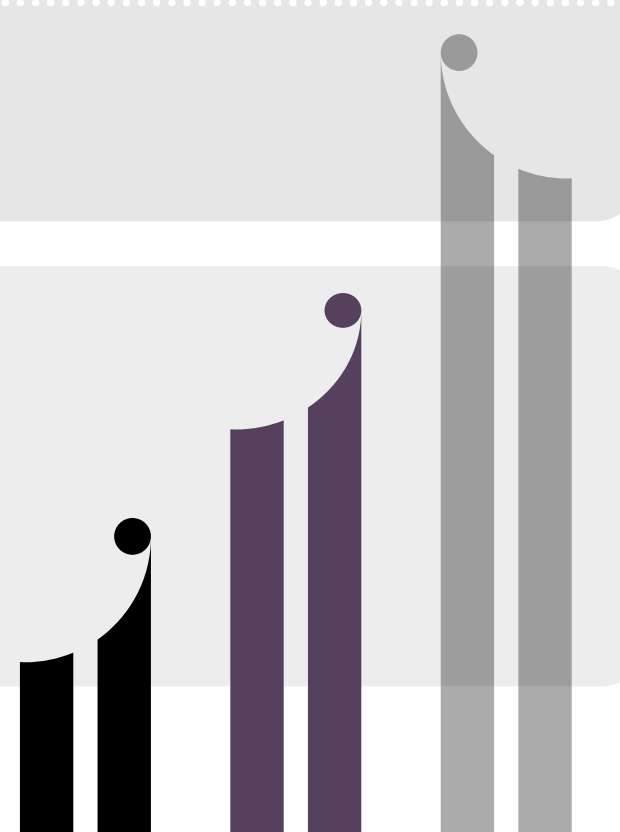
Ōku whakamahara Notes

Huitanguru

9th month of the Māori year

Kua tau te waewae o Ruhi kai te whenua.
The foot of Ruhi now rests upon the earth.

Ōku whakawhetai
I'm grateful for



Pipiri

Hōngongoi

Hereturikōkā

Mahuru

Whiringa-ā-nuku

Whiringa-ā-rangi

Hakihea

Kohitātea

Huitanguru

Poutūterangi

Paengawhāwhā

Haratua

Poutūterangi

2022



Mane Monday

Tūrei Tuesday

Wenerei Wednesday

Tāite Thursday

Paraire Friday

Hātarei Saturday

Rātapu Sunday

			3 MAR	● POUTŪTERANGI	4 MAR	5 MAR	6 MAR
7 MAR	8 MAR	9 MAR	10 MAR	11 MAR	12 MAR	13 MAR	
14 MAR	15 MAR	○ 16 MAR	17 MAR	18 MAR	19 MAR	20 MAR	
21 MAR	22 MAR	23 MAR	24 MAR	25 MAR	26 MAR	27 MAR	
28 MAR	29 MAR	30 MAR	31 MAR				

TARANAKI ANNIVERSARY

OTAGO ANNIVERSARY

Öku Whāinga
My Priorities

Öku whakamahara
Notes

Poutūterangi

10th month of the Māori year

Kua hauhake te kai.

The crops are now taken up.

Öku whakawhetai

I'm grateful for



Pipiri

Hōngongoi

Hereturikōkā

Mahuru

Whiringa-ā-nuku

Whiringa-ā-rangi

Hakihea

Kohitātea

Huitanguru

Poutūterangi

Paengawhāwhā

Haratua

Paengawhāwhā

2022



Mane Monday

Tūrei Tuesday

Wenerei Wednesday

Tāite Thursday

Paraire Friday

Hātarei Saturday

Rātapu Sunday

				1 APR	● 2 APR PAENGAWHĀWHĀ	3 APR
4 APR	5 APR	6 APR	7 APR	8 APR	9 APR	10 APR
11 APR	12 APR	○ 13 APR	14 APR	15 APR GOOD FRIDAY	16 APR	17 APR
18 APR EASTER MONDAY	19 APR SOUTHLAND ANNIVERSARY	20 APR	21 APR	22 APR	23 APR	24 APR
25 APR ANZAC DAY	26 APR	27 APR	28 APR	29 APR	30 APR	

Öku Whāinga
My Priorities

Öku whakamahara
Notes

Paengawhāwhā

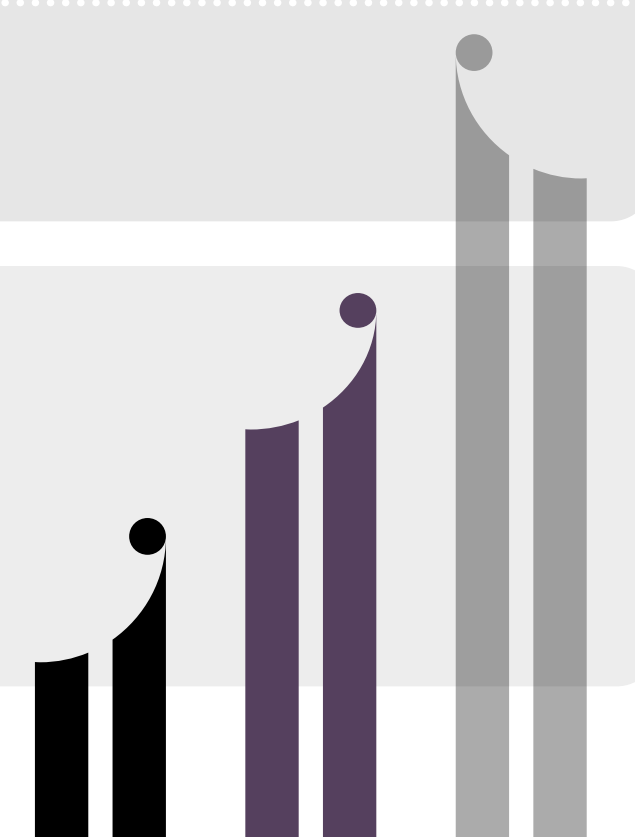
11th month of the Māori year

Kua putu ngā tupu o ngā kai i o ngā mara.

All haulm is now stacked at the borders of the plantations.

Öku whakawhetai

I'm grateful for



Pipiri

Hōngongoi

Hereturikōkā

Mahuru

Whiringa-ā-nuku

Whiringa-ā-rangi

Hakihea

Kohitātea

Huitanguru

Poutūterangi

Paengawhāwhā

Haratua

Haratua

2022



Mane Monday

Tūrei Tuesday

Wenerei Wednesday

Tāite Thursday

Paraire Friday

Hātarei Saturday

Rātapu Sunday

						1 MAY
2 MAY	3 MAY	4 MAY	5 MAY	6 MAY	7 MAY	8 MAY
9 MAY	10 MAY	○ 11 MAY	12 MAY	13 MAY	14 MAY	15 MAY
16 MAY	17 MAY	18 MAY	19 MAY	20 MAY	21 MAY	22 MAY
23 MAY	24 MAY	25 MAY	26 MAY	27 MAY	28 MAY	29 MAY

HARATUA

Ōku Whāinga My Priorities

Ōku whakamahara Notes

Haratua

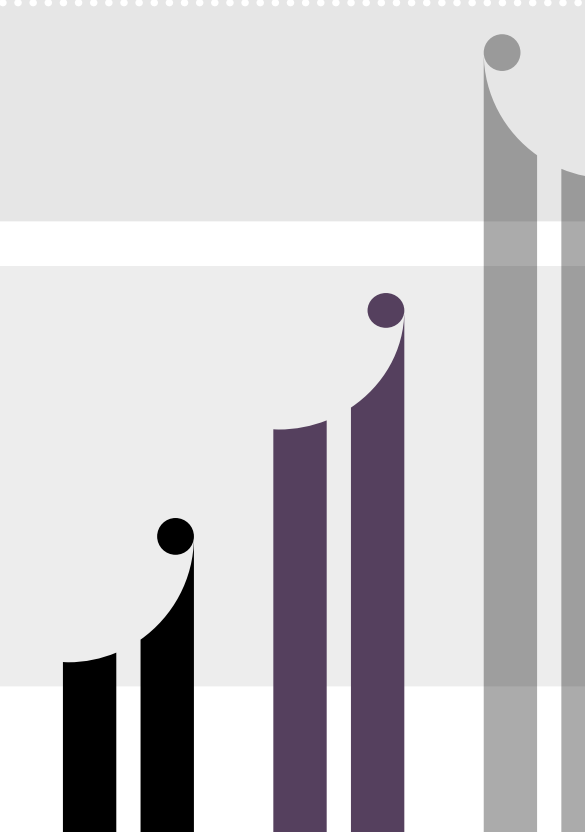
12th month of the Māori year

Kua uru ngā kai kai te rua, kua mutu ngā mahi a te tangata.

Crops have now been stored in the store pits.
The tasks of man are finished.

Ōku whakawhetai

I'm grateful for



Pipiri

Hōngongoi

Hereturikōkā

Mahuru

Whiringa-ā-nuku

Whiringa-ā-rangi

Hakihea

Kohitātea

Huitanguru

Poutūterangi

Paengawhāwhā

Haratua

Ki te anga whakamua me titiro whakamuri

Time to reflect

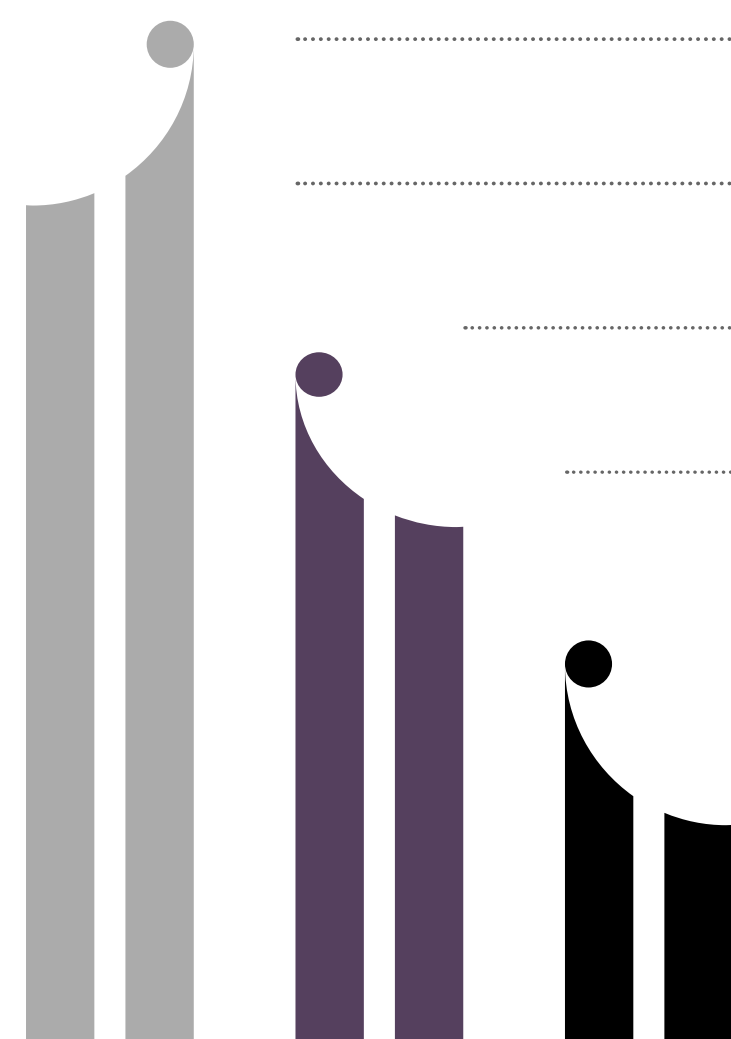
Ōku whakawhetai I am grateful for...

Ōku whiwhinga me ōku whakanui My wins & highlights...

Ngā akoranga me ngā wero My challenges & learnings...

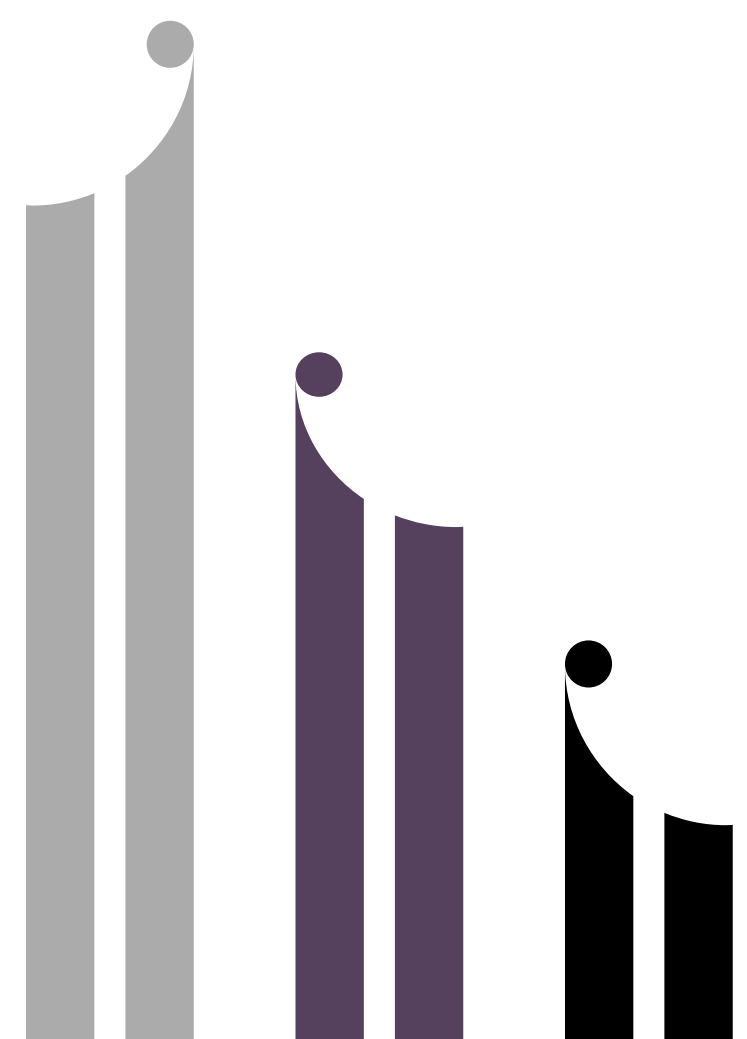
Me tuku? Me mau? Me mutu? What will I let go of, take with me & stop doing?

Ki te anga whakamua me... What changes will I make to move forward?



Ōku whakamahara

Notes



2022

Hānuere JAN

Mā	Tū	We	Tā	Pa	Hā	Rā
					1	2
●	4	5	6	7	8	9
10	11	12	13	14	15	16
17	○	19	20	21	22	23
24	25	26	27	28	29	30
31						

Pēpuere FEB

Mā	Tū	We	Tā	Pa	Hā	Rā
	●	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	○	18	19	20
21	22	23	24	25	26	27
28						

Māehe MAR

Mā	Tū	We	Tā	Pa	Hā	Rā
	1	2	●	4	5	6
7	8	9	10	11	12	13
14	15	16	17	○	19	20
21	22	23	24	25	26	27
28	29	30	31			

Āperira APR

Mā	Tū	We	Tā	Pa	Hā	Rā
				●	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	○
18	19	20	21	22	23	24
25	26	27	28	29	30	

Mei MAY

Mā	Tū	We	Tā	Pa	Hā	Rā
						●
2	3	4	5	6	7	8
9	10	11	12	13	14	15
○	17	18	19	20	21	22
23	24	25	26	27	28	29
●	31					

Hune JUN

Mā	Tū	We	Tā	Pa	Hā	Rā
		1	2	3	4	5
6	7	8	9	10	11	12
13	○	15	16	17	18	19
20	21	22	23	24	25	26
27	28	●	30			

Hūrae JUL

Mā	Tū	We	Tā	Pa	Hā	Rā
				1	2	3
4	5	6	7	8	9	10
11	12	13	○	15	16	17
18	19	20	21	22	23	24
25	26	27	28	●	30	31

Ākuhata AUG

Mā	Tū	We	Tā	Pa	Hā	Rā
1	2	3	4	5	6	7
8	9	10	11	○	13	14
15	16	17	18	19	20	21
22	23	24	25	26	●	28
29	30	31				

Hepetema SEP

Mā	Tū	We	Tā	Pa	Hā	Rā
			1	2	3	4
5	6	7	8	9	○	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
●	27	28	29	30		

Oketopa OCT

Mā	Tū	We	Tā	Pa	Hā	Rā
					1	2
3	4	5	6	7	8	9
○	11	12	13	14	15	16
17	18	19	20	21	22	23
24	●	26	27	28	29	30
31						

Noema NOV

Mā	Tū	We	Tā	Pa	Hā	Rā
	1	2	3	4	5	6
7	8	○	10	11	12	13
14	15	16	17	18	19	20
21	22	23	●	25	26	27
28	29	30				

Tihema DEC

Mā	Tū	We	Tā	Pa	Hā	Rā
			1	2	3	4
5	6	7	○	9	10	11
12	13	14	15	16	17	18
19	20	21	22	●	24	25
26	27	28	29	30	31	

● Whiro New Moon

○ Te Rākaunui Full Moon

Southern Hemisphere Lunar Dates

