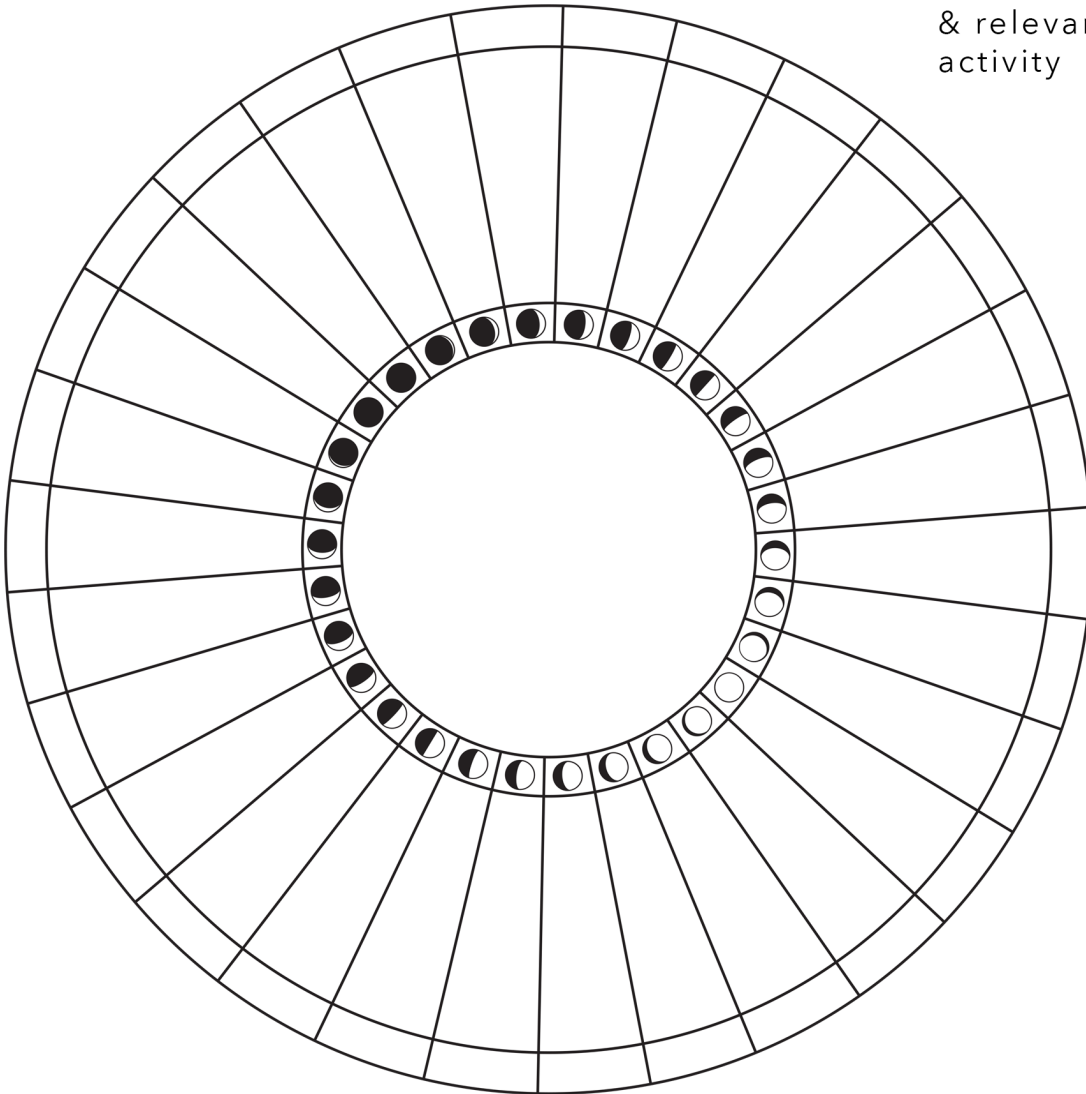


Maramataka Dial

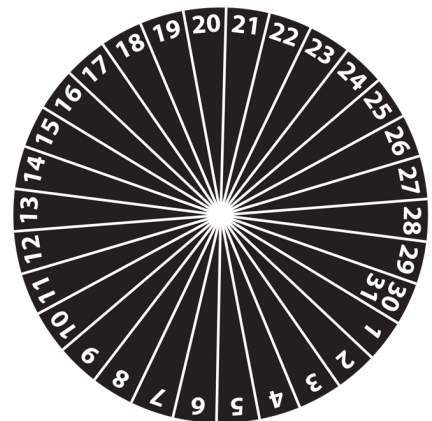
Outside Wheel

Phase of the Marama
& relevant energy &
activity



Inside Wheel

Numbers align to the
date of the gregorian
day i.e. 1st, 15th etc



Instructions

- 1 Cut out both dials
- 2 Write out the names for the relevant phases
- 3 Place bifold pin in through the centre
- 4 Rotate the inside wheel to align to the phase of the moon