

# Easy step-by-step CLASSIC VEGIE-FUL

Preparation time 20 mins plus 15 mins freezing Cooking time 55 mins Serves 6-8

**COTTAGE PIE** 

3 Tbsp extra virgin olive oil 1kg beef mince 2 brown onions, finely diced 3 carrots, finely diced 3 sticks celery, finely diced 4 cloves garlic, minced 1/2 cup tomato paste 4 tsp fresh thyme leaves, plus extra to garnish 500ml salt reduced beef stock 250ml red wine 2 Tbsp Worcestershire sauce 1.2kg desiree potatoes, peeled, roughly chopped into 3cm pieces 100g butter, chopped Sea-salt flakes and freshly ground black pepper, to season 1/2 cup shredded tasty cheese 20g parmesan, coarsely grated 1/2 cup panko breadcrumbs Mixed salad leaves, to serve

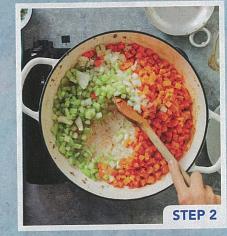
deep frying pan over medium-high heat. Add mince and cook, stirring, for about 8 minutes or until browned. Transfer to a bowl and set aside. STEP 2 Heat remaining oil in same pan, add onion, carrot and celery and cook, stirring, for 10 minutes. STEP 3 Add garlic, tomato paste, thyme, stock, wine and Worcestershire sauce and bring to the boil. STEP 4 Return mince to pan. Reduce heat to medium-low and simmer for 10 minutes. STEP 5 Scoop mince mixture into a large baking dish. Freeze for 15 minutes to cool, making it easier to top with mash. STEP 6 Meanwhile, preheat oven to 200°C fan-forced (220°C conventional). Put potatoes in a large saucepan and cover with room temperature water.

Bring to boil, reduce heat to medium

STEP 1 Heat 1 Tbsp of the oil in a large

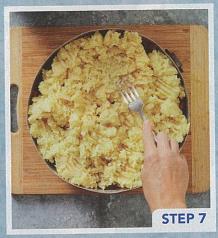












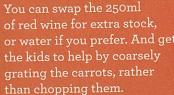
and simmer for 15 minutes or until very tender. Drain well and return to saucepan off heat. Add butter and mash until potatoes are almost smooth with a few small lumps. Season then stir in tasty cheese. Spoon potato in dollops on top of cooled beef mince mixture.

STEP 7 Use a fork to spread potato to cover mince completely. Run fork back and forth to create a rough surface.

STEP 8 Combine parmesan and breadcrumbs in a medium bowl, scatter over top, then season. Bake

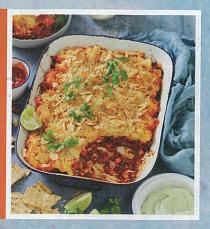
for 25 minutes or until beef is hot and potato is golden. Garnish with extra thyme and serve with salad.

### COOK'S TIP



#### TEX-MEX COTTAGE PIE

To make the Classic vegie-ful cottage pie Mexican, omit the thyme and Worcestershire and add a 30g sachet taco seasoning mix and 400g can drained red kidney beans at the end of step 4. Swap breadcrumbs for 1 cup crushed corn chips. Serve with sour cream, salsa, guacamole, lime wedges, coriander and extra corn chips.



## Are you part of the Thermomix family

IF SO, MAKE THIS
SMALLER CLASSIC
VEGIE-FUL COTTAGE PIE
Serves 4

20g parmesan, rind removed, roughly chopped 1kg desiree potatoes, peeled, roughly chopped into 3cm pieces 1 tsp sea-salt flakes 250g milk 30g butter, chopped 2 carrots, roughly chopped

2 sticks celery, roughly chopped 1 brown onion, roughly chopped 2 cloves garlic 20g extra virgin olive oil

500g beef mince 70g tomato paste 4 sprigs thyme, leaves picked,

plus extra to garnish
120g beef stock
120g red wine (or beef stock)

1 Tbsp Worcestershire sauce

1 Tbsp cornflour

½ cup panko breadcrumbs Mixed salad leaves, to serve

STEP 1 Put parmesan in mixing bowl and grate 10 sec/speed 9. Transfer to a large bowl, cover and set aside in fridge for use later on. STEP 2 To make mashed potato topping, insert butterfly whisk. Put potatoes, salt and milk in mixing bowl and cook 30 mins/95°C/speed 1, placing simmering basket instead of measuring cup onto mixing bowl lid.

STEP 3 Add butter. Insert measuring cup and mash 30 sec/speed 3. Transfer to a bowl and cover with foil to keep warm. Wash mixing bowl and dry thoroughly. STEP 4 Preheat oven to 200°C fan-forced (220°C conventional). To make filling, put carrot and celery in mixing bowl and chop 5 sec/ speed 5. Transfer to a large bowl. STEP 5 Put onion and garlic in the mixing bowl and chop 5 sec/speed 5. Use spatula to scrape down sides of bowl. STEP 6 Add oil and cook 5 mins/varoma/speed 1. STEP 7 Add mince and cook 5 mins/100°C/speed 1. STEP 8 Add tomato paste, thyme, stock and wine and cook 5 mins/100°C/speed 1. STEP 9 Return chopped vegetables to mixing bowl and cook 5 mins/100°C/speed 1. STEP 10 Combine Worcestershire sauce and cornflour in a bowl and add to mixing bowl. Combine 10 sec/speed 1. STEP 11 Pour into a large baking dish. Spoon warm mashed potato on top. STEP 12 Remove parmesan from fridge and stir in panko breadcrumbs. Scatter over the top of the mashed potato. STEP 13 Bake for 25 minutes or until potato topping is golden. Garnish with extra thyme and serve with salad on the side.



#### GINGER SESAME TURKEY RICE BOWLS

Preparation time 15 mins Cooking time 10 mins Serves 6

2 Tbsp Cobram Estate Light Flavour extra virgin olive oil 1 red onion, finely diced 500g turkey mince 2 tsp finely grated ginger 2 Tbsp kecap manis (Indonesian sweet soy sauce) 3 tsp sesame oil 2 x 450g pack microwave steamed brown rice 1/3 cup coriander leaves, roughly chopped, plus extra to serve 1 carrot, cut into matchsticks 4 small radish, trimmed, thinly sliced 2 cups watercress sprigs 1 avocado, diced 1/4 cup pickled ginger Black sesame seeds, to serve Lime wedges, to serve Red chilli, to serve Green shallots, to serve

STEP 1 Heat oil in a large frying pan over medium heat. Add onion and cook, stirring, for 5 minutes or until softened. Add mince and cook, stirring with a wooden spoon to break up any lumps, for 5 minutes or until browned. Stir in ginger, kecap manis and sesame oil and cook for 1 minute.

STEP 2 Meanwhile, heat rice following packet directions, then combine in a large bowl. Add coriander and stir. Divide between 6 wide shallow ▶