

# Thermomix Pantry Essentials.



Below we've curated our **Top 20 most popular pantry staples** that feature on Cookidoo to keep your kitchen stocked with essentials.

This list may vary slightly if you are catering to special dietary requirements such as allergies, so we recommend reaching out to your Consultant for guidance if you need additional support.

- 1. Flours** (e.g. baker's, plain, cornflour, arrowroot)
- 2. Dried yeast**
- 3. Sweeteners** (e.g. raw, white, brown, honey)
- 4. Baking powder**
- 5. Bi-carb soda**
- 6. Rice and grains** (e.g. basmati rice, brown rice, rolled oats, quinoa)
- 7. Pasta and noodles**
- 8. Salt and pepper**
- 9. Sauces** (e.g. soy, fish sauce, oyster sauce)
- 10. Oils** (e.g. olive oil, grapeseed, sesame)
- 11. Nuts and seeds of choice** (e.g. almonds, pepitas)
- 12. Dried fruits of choice** (e.g. dates, apricots, sultanas)
- 13. Tinned tomatoes**
- 14. Tomato paste**
- 15. Whole seed spices** (e.g. cumin, coriander)
- 16. Ground spices** (e.g. ginger, paprika, turmeric, cinnamon)
- 17. Tinned coconut milk or cream**
- 18. Tinned or dried beans** (e.g. chickpeas, kidney beans, lentils)
- 19. Cocoa powder**
- 20. Desiccated coconut**

## MUST-HAVE ACCESSORIES FROM **themix**<sup>shop</sup>

Get your pantry organised. Pair our versatile [glass yoghurt jars](#) with our [spice jar lids](#) and [labels](#). For more storage solutions and other kitchen accessories, visit [themixshop.com.au](https://themixshop.com.au)

