



Leaning In, Letting Go Lenten Devotional

By Nicole Massie Martin

Reflection Questions for Personal and Small Group Use

1. Name three areas in your life where you've been carrying unnecessary burdens.
2. What are some of the pain points that drive you closer to God?
3. When was the last time you had an experience when you sought God for something and things seemed to get worse before they got better?
4. Where do you need God to change your perspective of God's will and timing?
5. From what or whom must you flee in order to experience the full safety of God's presence today?
6. What can you do to make the Lord your refuge?
7. Name three ways the light of Christ can be found in you.
8. What rocks have you thrown and what windows have you broken for which you have failed to receive God's mercy?
9. In what ways do we as believers devalue what God declares priceless?
10. What would it look like for you to value what God values?
11. What have you been counting as gain that would be considered a loss from God's perspective?
12. What would it look like for your faith to grow in spite of your fears?
13. What practical actions can you take to address your fears?
14. Name five new ways you have experienced God's revelation to you within the last year.
15. What stands in the way of your worship? How can you clear the path to walk with joy, even in suffering?
16. Are there places in your life where you can replace gratitude for griping?
17. What do you know about God that will ease the burden of what is unknown for your life?
18. What would it look like for you to embrace your loss and lean into God's redemption?
19. Can you recall a time when God spoke to you but you only recognized it as God's voice after the fact?
20. Name one thing you've been trying to handle that you should have already placed in God's hands.
21. In what ways can you lean into God's joy and peace and blessings in your life more regularly?
22. What will you commit to do to continuously lean into Christ's sacrifice and the benefits of His love for you?