



# Heated Socks Remote Control



User Manual

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## SAFETY

- MOUNTAIN LAB GEAR Heated Socks must be used in accordance with the manufacturer's specifications and instructions to reduce the risk of burns and fire, which could result in property damage, serious injury or death.
- Prior to using this product, consult with your physician if you have any health-related issues.
- Check the skin under heated areas regularly to avoid injury.
- Inspect the wires before each use, and discontinue use if the wires show signs of damage.
- Do not operate the socks in high temperature environments.
- If the battery swells or becomes malformed, stop using the product immediately and safely dispose of the battery.
- Do not submerge the sock or battery in water or liquid.
- Avalanche transceivers can experience interference from all electronic devices in close proximity, including heated socks—even when they are powered off. Do not use or wear your heated socks in close proximity to an avalanche transceiver in use. For more information on avalanche transceiver interference, refer to the manufacturer of your transceiver.

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## CONTENTS

- One Pair of Heated Socks
- Two 5V 2600 mAh Smart Lithium-Ion Rechargeable Batteries
- Remote Control Fob
- Dual Battery Charge Cable and Adapter
- User Manual

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## SPECIFICATIONS

- 50% wool/50% polyester knit socks
- 3 heating levels – high, medium & low
- Socks can be controlled by remote control fob, or manually

HEAT SETTING	TEMPERATURE	DURATION
<b>LOW</b>	38-45°C / 100-113°F	8 HOURS
<b>MEDIUM</b>	45-50°C / 113-122°F	5 HOURS
<b>HIGH</b>	50-55°C / 122-131°F	2.5 HOURS

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## USER INSTRUCTIONS

### CHARGING

Charge the batteries for three hours at room temperature before first use.

Always remove the batteries from the socks prior to charging.

To charge, insert the charging cable connectors into the ports on the batteries, then plug the charging adapter into a household electrical outlet.

The battery life indicator lights will flash green while the batteries are charging and stay solid green when charging is complete.

## HOW TO USE

For each sock, insert the cable connector from inside the battery pouch on the cuff of the sock into the port on the battery, then place the battery inside the knit pouch.

Turn on each sock by pressing and holding the power button on the battery for two seconds.

Four small green lights below the power button will illuminate briefly to indicate the battery charge.

Four lights indicates a full charge; no lights indicates that the battery is empty.

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## REMOTE CONTROL

To cycle through the heat settings, short press the button on the remote control fob.

Three circular lights on the remote control indicate the heat setting:

**RED = HIGH, GREEN = MEDIUM, BLUE = LOW**

The corresponding light is also indicated on the top of the battery.

**NOTE:** The remote control fob adjusts the heat level of both socks together; the socks cannot be individually adjusted in this way.

To turn off the heat and place the socks in standby mode, press and hold the button on the remote control for one second. The lights on the remote control will briefly flash in order: red, green, blue.

To power off the socks, press and hold the power button on each battery for two seconds.

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## MANUAL CONTROL

Press and hold the power button on the battery for two seconds to turn on each sock.

Short press the power button on the battery to cycle through the heat settings, as indicated by the lights on top of the battery:

**RED = HIGH, GREEN = MEDIUM, BLUE = LOW**

**RED, GREEN, BLUE FLASHING IN ORDER = NO HEAT, STANDBY MODE**

**NOTE:** Manual control of the sock heat levels allows the individual socks to be adjusted separately.

Press and hold the power button on the battery for two seconds to power off each sock.

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## CARE INSTRUCTIONS

Remove batteries before cleaning or storing the socks

Clean by hand using mild detergent and cold water to spot clean

Machine washing is not recommended

Do not use bleach

Do not dry clean

Do not wring

Do not iron

Lay flat to air dry

Charge the batteries every six months when not in use

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## WARRANTY

For warranty information, contact [warranty@mountainlabgear.com](mailto:warranty@mountainlabgear.com)



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