

## IDB Tray Preparation



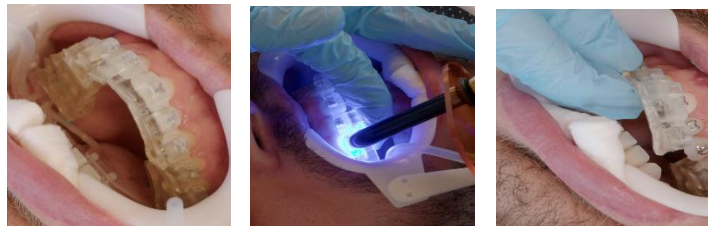
1. Verify all brackets are fully seated and in the correct orientation (Pt. Rx sheet).
2. Using a ½ Hollenback, butter in adhesive ensuring coverage of the entire bracket pad.
3. Shape or follow bracket contour when applying additional adhesive to the top 80%, leaving occlusal edges tapered.
4. Make sure the adhesive is only on the bracket and not on the tray. Remove any flash.

## Patient Preparation



1. Prophyl and non-fluoride pumice. Rinse and dry.
2. Isolated with Nola and tongue guard.
3. Etch one arch at a time (to avoid contamination, **DO NOT** etch the other arch until after the first arch is bonded).
4. With a micro-brush, apply a thin coat of Assure Plus and cure for 3-5sec per tooth.
5. When ready to deliver trays for the opposing arch repeat steps 3 & 4.

## Patient Bonding



1. Start with one arch seat tray, apply occlusal pressure with finger and buccal pressure with curing light.
2. Cure for 5sec each tooth buccally (turn the light off between each tooth).
3. Fully cure adhesive 5sec each tooth from gingival and occlusal.
4. Remove all trays by lifting and rolling from lingual to buccal.
5. Repeat steps 1-4 for the opposing arch.

- ❖ Read the custom Rx that came in the patient's IDB kit!
- ❖ Be sure to turn the light off between each buccal bracket cure – Avoid curing the adjacent bracket.
- ❖ Don't apply buccal pressure prior to buccal cure technic – Do not press composite against tooth, allowing it to pull away from tooth/pad.
- ❖ Call your Practice Development Specialist with questions – they are here to help you!

## What to do for a Rebonding:

### a. **Initial Bonding Day:**

Only cut the jig into individual tooth jigs – if necessary. The jig will still go over the bonded brackets with a little more resistance, but it gives a more stable bonding procedure technique.

### b. **Quick Solution:**

Grab a new bracket from the bracket kit that matches what is shown in Bracket Rx for that tooth. Ensure that the bracket kit is easily accessible for assistants.

### c. **Reusing Bracket:**

Before taking the bracket off the wire, ID which tooth that bracket belongs to, note how it is oriented (you can use a sharpie at this point to mark which side is the gingival side), Micro-etch the bracket, load it into the IDB tray with sharpie marking up in the tray and bond or direct bond.

## How to load bracket into IDB tray:

- Confirm that you have selected the right bracket for the right tooth and that it is being loaded into the right bracket jig of the IDB tray.
- Use Mathieu or cotton pliers to grip the gingival end of the bracket pad or the side with the color and hook (if applicable). See **image 1**.
- Place the bottom end first into the bottom of the bracket box slot at an angle. See **image 2**. Roll forward and push down. See **image 3**.

