## HOW TO OPEN THE OPTIVIDA HEMP EXTRACT TOPICAL GEL



**STEP ONE** Identify the neck of the pump.



**STEP THREE** Hold onto the neck and the nozzle. Spin the nozzle until it aligns with the gap in the neck.



**STEP TW0** Find the small gap on the neck.



## STEP FOUR

Press down on the nozzle. You may need to pump it several times before the topical gel comes out.