



Red Poppy & Hemp Stress Soak

Cost Per Treatment: **\$1.02**

Time: **15-20 minutes**

What to Charge: **\$50-\$75**

A root chakra grounding color therapy bath, featuring red poppy, bergamot, and cannabis sativa seed oil, that promotes deep relaxation for overworked clients.

What You'll Need:

- Kneipp Red Poppy & Hemp Pure Bliss Mineral Bath Salt Professional Pack (4-pack provides a total of 70.5 oz.) / KN150P

What They'll Want:

- Kneipp Red Poppy & Hemp Pure Bliss Mineral Bath Salt (17.63 oz.) / KN150

What to Do:

1. Add 2 oz. of bath salt to warm bath water (97°-100°F / 36-38°C).
2. Allow client to enjoy bath for 15-20 minutes. ***Excellent enhancement prior to a massage or facial.***
3. For best results, client should take home Red Poppy & Hemp Pure Bliss Mineral Bath Salt and use weekly during at-home baths.