## MCOR SPA® Moor Spa Body Treatments

## **Pure Moor Body Wrap**

Detoxifies and Revitalizes the Body / Helps Skin Regain Suppleness & Elasticity / Effective for Cellulite, Weight Loss, Stretch-Marks & Scar Tissue

Retail Product recommendations

Complete Oil
Body Lotion
Contour Cream

Herbal Bath

Complete Nutrition / Herbal Infusion

**Products Used** 

Himalayan Crystal Salt Glow

Complete Oil

**Body Mask** 

**Body Lotion** 

Contour Cream

Shower Gel

Aromabalance Formula C

- · Prepare the treatment table by covering it with a heavy towel or blanket, then placing a large plastic sheet over the table.
- Ask the client to take a shower and cleanse the skin using the Shower Gel.
- · Mix two tablespoons of the Himalayan Crystal Salt Glow mixed with one tablespoon of the Complete Oil.
- Exfoliate the client's body starting on the back and shoulders and working your way down to their lower legs. Help the client flip over onto the back and exfoliate the front of their legs, stomach, arms, finishing with their décolleté and chest. Remove the remaining salt using a hot towel.
- · After exfoliation, turn over the client over to lie face down on the table, and prepare the back of the body.
- A full body wrap uses 150-200ml (5 to 7 fl.oz.) of the Body Mask. The mask may be warmed at the client's request by making a hot water bath for the bowl.
- Add a few drops of water to the Body Mask for smooth consistency if necessary.
- Add 5 drops of Aromabalance Formula C to enhance the effects of the mask.
- Do not apply the paste too thickly; make it just thick enough to cover the tone of the client's skin.
- Apply the Body Mask using your hands or a body brush and work your way from the ankles up the back of the legs, back, and up to the neck. Help the client flip over and apply the mask on the entire front of the body.
- Wrap your client with the plastic wrap, making sure the sheet adheres to the skin preventing any air flow. It is important that the mask does not completely dry on the client's skin.
- Wrap the client in the blanket and allow him/her to rest for 30-40 minutes.
- After the body wrap is applied, you may offer the client a scalp massage.
- After the Body Mask application, remove all sheets and help the client in to the shower. Have them to use the Shower Gel to make sure that the Body Mask is fully removed.
- Finish the treatment with the Body Lotion applied in massage motions. For anti-cellulite treatment the Contour Cream may be used on cellulite prone areas.
- OPTIONAL We also recommend offering the client a glass of the Herbal Infusion (one teaspoon) mixed with fruit juice or a capsule of Complete Nutrition with water after the body wrap treatment.

Shower Gel Himalayan Cyrstal Salt Glow Complete Oil Aromabalance Formula C Body Mask  O O	0.4 oz 1.5 oz 0.5 oz 5 drops 6.0 oz	\$0.46 \$0.75 \$1.08 \$0.41 \$5.66	Body Lotion / Contour Cream TOTAL DURATION: SUGGESTED PRICE:	0.5 oz	\$0.88 \$9.24 60 - 90 mins \$100-\$120	
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