

RELAXING FACIAL ADD-ON

CBD Facial Enhancement

Add a hemp-based holistic treat to your existing facial services with a lightweight, non-comedogenic CBD-MCT oil blend to release stagnation and puffiness.



Treatment time:

15 -20 mins



Suggested price:

\$125



Cost per treatment

\$32.50



SAMPLE MENU DESCRIPTION:

You deserve something a little extra. Celebrate yourself with this relaxing facial service enhancement to your facial of choice.

Once the skin has been thoroughly cleansed, a few drops of CBD facial concentrate oil is massaged onto the face, neck, and décolleté. Stress melts away on contact as you indulge in a luxurious massage.





What you'll need:



PROSANA CBD FACIAL CONCENTRATE

PSN100

This lightweight, non-comedogenic blend of broad spectrum hemp CBD oil and MCT delivers radiance to neglected skin. This luscious facial oil also helps reduce the appearance of redness. Packaged in an amber glass bottle with measured dropper (measures up to 1 mL). Amber glass protects the integrity of the oils. THC-Free. Third-party lab tested. 300 mg. 0.50 fl. oz.



FACIAL STEAMER WITH OZONE & STAND

C3723



SPAEQUIP STANDARD UV TOWEL CABINET, WHITE

SE0010



SPOSH TREATMENT ROOM TERRY HAND TOWEL, 16X27, 12 PACK

JL715



Protocol



1

FACIAL

Follow your preferred facial protocol cleanse, exfoliate, and tone the skin.



2

STEAMER

After cleansing, exfoliating, and toning the skin according to the client's selected facial service, position steamer 16 inches away from the face and décolleté.



3

APPLY OIL

Apply one drop of the Prosana CBD Facial Concentrate to client's face, neck, and décolleté using sweeping effleurage strokes.



4

BEGIN MASSAGE

Perform your facial, neck, and décolleté massage of choice. If you would like to use our favorite facial massage method, see next page.



5

COMPLETE

Turn the steamer off and use a hot towel to wrap the face and gently remove excess oil from the skin. Follow with your mask step and the remainder of your facial service.



Facial Massage Steps

- Once oil is thoroughly distributed, begin the massage at the décolleté, using the palms of your hands to sweep from the center out toward the shoulders. Repeat this a total of 6 times.
- Cross your arms and place the palms of your hands on opposite sides of the décolleté and sweep them slowly across the length of décolleté and up toward the shoulders. Continue along down the tops of the arms and come back up to the shoulders. Pause for a moment and press down with light pressure, allowing the shoulders to open up and relax.
- Without breaking contact, move from the shoulders down toward the center of the décolleté and pause for 2-3 seconds. Return hands to starting position on opposite sides of décolleté and repeat this sequence (steps 5 and 6) for a total of 6 times.
- Moving from center of the décolleté, effleurage up the neck toward the jawline. Petrissage along chin and jawline for about 3 passes on each side of the face.
- Using 4 fingers excluding the thumbs, move to the outer corners of the mouth and perform circles following the hollows of the cheek up to the earlobes.
- Perform circles back from the earlobes down to the nostrils. Perform more circles from the nostrils up to the earlobes, and come back down to the corners of the mouth. Repeat this sequence for a total of 6 times. End at the nostrils and pause for 2 seconds.
- Using your ring fingers, make little "C's" around the corners of the nostrils and the sides of the nose. Repeat for a total of 6 times; then, using your ring fingers, make light, alternating effleurage strokes up the bridge of the nose to the forehead.
- Once at the forehead, return all 4 fingers to the skin and effleurage from the midline out to the temples, and come back to center. Without pausing, use your 4 fingers to make circles across the forehead from the midline, out. Repeat for a total of 6 times.
- Move to the temples using your index and middle fingers. Make static circles using light pressure for 12 seconds.
- Using the ring finger of your dominant hand, slowly "Figure 8" around the eye area 3 times. Repeat the "Figure 8" process again in the opposite direction.
- Move back to the temples and lightly press down 10 times at a consistent tempo.
- Trace fingers back up to the center of the forehead, and using your middle fingers on the center of the forehead and your thumbs on the crown of the head, apply light pressure and hold for 8 seconds.
- Finally, place the palms of your hands on the forehead and press down lightly for 4 seconds.