

LUXURIOUS BATHING EXPERIENCE

# Herbal Hydrotherapy Treatment

Treat your client to a restorative, mineral-rich hydrotherapy bath.



Treatment time:

**60 min**



Suggested price:

**\$160**



Cost per treatment

**\$7.37**



## SAMPLE MENU DESCRIPTION:

Treat yourself to a luxurious hydrotherapy treatment that re-energizes and deeply nourishes the skin.

This relaxing treatment begins with a cleansing ritual and deep exfoliation that enhances blood flow and sloughs away impurities. This aids the skin's ability to absorb phytonutrients and active ingredients from the Moor Herbal Bath. After the treatment, your skin will be cleansed, your sore muscles will be soothed, and your mind will be calmed. Then, you'll be wrapped in blankets and offered a hot cup of complimentary tea.



# What you'll need:



**MOOR SPA HERBAL BATH, 135 FL OZ**  
MRS201P

The famous Moor Herbal Bath is one of nature's treats. Water-soluble nutrients create a soothing, purifying effect for the whole body in this relaxing, reinvigorating bathing experience.



**MOOR SPA SHOWER GEL, 1 GAL**  
MRS233B



**MOOR SPA HIMALAYAN SALT GLOW, 212 OZ**  
MRS225P



**MOOR SPA COMPLETE OIL, 16.9 FL OZ**  
MRS232P

## What they'll want:

- Moor Spa Herbal Single Sachet, 6 fl oz • N2720
- Moor Spa Himalayan Crystal Salt Bath, 9 oz • MRS205
- Moor Spa Tension Balm, 1.8 fl oz • MRS237
- Moor Spa Shower Gel, 6.8 fl oz • MRS233
- Moor Spa Joint Balm, 4 oz • MRS236



# Protocol



1

## PREPARE

Invite client to shower and cleanse using the Shower Gel. Provide client a towel and ensure proper modesty draping.



2

## PREPARE FOR EXFOLIATION

After the pre-service shower, show the client the massage table and have them lie comfortably under the sheets and blankets, depending on your preferred start.



3

## BEGAN EXFOLIATION

Exfoliate the client's body, starting on the back and shoulders, working your way down to the lower legs. Help the client flip over onto their back and exfoliate the front of the legs, stomach, and arms, finishing with the décolleté and chest. Use 2 tbsp. of the Himalayan Crystal Salt Glow mixed with 1 tbsp. of the Complete Oil.

Brush off the salt using a dry towel.



4

## PREPARE BATH

Prepare the bath by adding a sachet of the Herbal Bath into the running bath water. The Herbal Bath should be thoroughly mixed into the water and the water temperature should be at a maximum of 100° F.



5

## SOAK

Set the hydrotherapy jets to a low level. The effects of the Herbal Bath should not be over-amplified by the effects of the hydrotherapy jets.

Drape the client with a towel for modesty and help the client into the bath and provide a pillow to support the neck and have them relax for 15-20 minutes.



# Protocol



6

## EXIT SOAK

Once the client is out of the bath, wrap them in a large warm towel or robe and blanket, having them rest in a warm room for up to 1 hour. During this time various active agents are still in contact with the skin and will continue to penetrate into the skin. Rinsing is not required after the Herbal Bath soak.



7

## COMPLETE SERVICE

While the client is relaxing, offer them a glass of water or the spa's preferred wellness beverage.

For clients with joint pain, varicose veins, carpal tunnel, or tendinitis, massage the Joint Balm gently onto the affected area after the treatment is finished. For muscular tension, use the Tension Balm