

Firming Facial

Boosts Skin Cell Growth / Addresses Skin Sagging and Laxity / Smoothes and Firms Skin

Retail Product recommendations	Products Used	Nourishing Facial Oil
Cleansing Milk	Make-up Remover	Platinum Growth Factor Serum
Hydrating Toner	Cleansing Milk	Platinum Growth Factor Cream
Pumpkin Peel	Hydrating Toner	Eye Zone Balm
Platinum Growth Factor Cream	Pumpkin Peel	Hand Cream
Platinum Growth Factor Serum	Radiance Serum	Aromabalance Formula D
Nourishing Facial Oil	Kelp Enzyme Mask	Tension Balm
		Optional Blemish Gel

- First prepare the hot towels by placing them in a basin filled with hot water. Add 3 drops of the **Aromabalance Formula D** (optional) to the water, so that the hot towels are infused with the essential oil.
- To begin the facial, have the client face up and start inhalations using the **Aromabalance Formula D** by placing hands over top of the client's nose and asking them to take three deep breaths in through the nose and out through the mouth.
- Remove eye make up using cotton pads dampened with **Make-up Remover** and swiping gently over each eye.
- Cleanse the skin by mixing a few drops of warm water with the **Cleansing Milk**. Start at the décolleté and work your way up in flowing movements to the forehead making sure to cleanse thoroughly. Repeat
- Remove the cleanser with infused hot towels.
- Tone the skin evenly by using the **Hydrating Toner** on two cotton pads and wiping the entire face, neck and décolleté in flowing movements.
- Place two new warm dampened cotton pads over each eye. Apply the **Pumpkin Peel** in long smooth movements from the base of the neck to the chin, followed by cheeks, nose, around the eyes and forehead. Leave the **Pumpkin Peel** on for 10-15 minutes. (NB: check with client for sensitivity)
- Remove the **Pumpkin Peel** with infused hot towels.
- Tone the skin by using the **Hydrating Toner** cotton pads.
- Start the skin analysis and perform extractions if necessary. Make sure to use the **Blemish Gel** with a steamer if extractions are performed.
- Apply **Radiance Serum** to face, neck and décolleté, pat and press in the serum until absorbed.
- Start the facial and décolleté massage using **Nourishing Facial Oil**. Massage for 10 minutes using upward movements.
- Apply **Kelp Enzyme Mask** over face, neck and décolleté. Leave on for 10-20 minutes.
- Using the **Hand Cream** give the client a hand and wrist massage while mask is applied and give a neck massage using the **Tension Balm**.
- Remove the **Kelp Enzyme Mask** by placing an infused warm, moistened towel gently on the client's face. Slightly press in for one minute all over, and remove the mask. Repeat removal of mask from neck and décolleté.
- Tone the skin once more by using the **Hydrating Toner** cotton pads.
- Massage **Platinum Growth Factor Serum** in to the face, neck and décolleté until absorbed.
- To finish, use the **Eye Zone Balm**, and blend from the outer eye contour to the inner eye contour, and apply the **Platinum Growth Factor Cream** to face, neck and décolleté as the final moisturizer.

Cost Analysis	Make-up Remover	0.1 oz	\$0.30	Tension Balm	0.1 oz	\$0.47
	Cleansing Milk	0.2 oz	\$0.48	Platinum Growth Factor Cream	0.1 oz	\$1.33
	Pumpkin Peel	0.2 oz	\$1.20	Platinum Growth Factor Serum	0.05 oz	\$0.55
	Hydrating Toner	0.1 oz	\$0.25	Kelp Enzyme Mask	0.2 oz	\$1.16
	Radiance Serum	0.05 oz	\$0.45	Aromabalance Formula D	3 drops	\$0.36
	Nourishing Facial Oil	0.05 oz	\$0.44	TOTAL		\$7.72
	Hand Cream	0.1 oz	\$0.42	DURATION:		45 - 60 mins
	Eye Zone Balm	0.05 oz	\$0.31	SUGGESTED PRICE:		\$90 - \$150
	OPTIONAL: Blemish)Gel 0.2 oz		\$0.38			