

## REJUVENATING PEDICURE

# Luxury Wellness Pedicure

Wellness includes your feet! Nourish, repair, and protect. Maintain optimal skin, nail, and circulatory health with this luxury wellness pedicure.



Treatment time:

**60 mins**



Suggested price:

**\$65**



Cost per treatment

**\$7.35**



### SAMPLE MENU DESCRIPTION:

Using safe, effective, and podiatrist recommended products, our nail tech professional will address your concerns and provide therapeutic solutions. All within a luxurious and pampering experience. Includes exfoliation to slough away dry skin, a blissful massage that boosts circulation and blood flow, and undivided time for yourself to relax and de-stress. Your feet will be refreshed, renewed, and beautiful.



# What you'll need:



**DR.'S REMEDY CARESS ANTI-FUNGAL CUTICLE OIL, 0.5 OZ**  
DRS160

Formulated with a trio of nourishing natural oils for supreme conditioning, Anti-fungal CARESS Cuticle Oil intensely hydrates nails and skin and revives dry, cracked cuticles on contact. Fast-absorbing with no greasy feel, these luxe drops deliver deep conditioning with an organic blend of comforting Lavender Oil, antioxidant-rich Grape Seed Oil, Algae Extract, and purifying Tea Tree Oil. Undecylenic Acid—a powerful fatty acid—acts as the first line of defense against nail fungus.



**FOOTLOGIX SHOE DEODORANT, 4.2 OZ**  
N1214



**FOOTLOGIX FOOT DEODORANT, 4.2 OZ**  
N1213



**FOOTLOGIX FOOT SOAK CONCENTRATE, 33.8 OZ**  
N1216



**FOOTLOGIX EXFOLIATING SEAWEED SCRUB, 32 OZ**  
N1219



**FOOTLOGIX DD CREAM MOUSSE, 10.2 OZ**  
N1233



**FOOTLOGIX VERY DRY SKIN FORMULA, 10.2 OZ**  
N1205



**FOOTLOGIX MASSAGE FORMULA, 16.9 OZ**  
N1221



# What you'll need:



**DR.'S REMEDY HEALING HYDRATION NAIL MOISTURIZER TREATMENT WITH PENTAVITIN, 0.5 FL OZ**  
DRS157



**DR.'S REMEDY CALMING CLEAR GEL PERFORMING FINISHER, 0.5 FL OZ**  
DRS159



**DR.'S REMEDY FEARLESS FOOT FINISHER, 2.6 OZ**  
DRS168



**DR.'S REMEDY RESCUE RED, 0.5 FL OZ**  
DRS141



# Protocol



1

## CONSULTATION

Have your client fill out the Footlogix Pedicure Information Form to identify any medical conditions or allergies. Spray Footlogix Shoe Deodorant into client's shoes to refresh footwear for after the service.



2

## EVALUATION

Use a Footlogix Cleansing Wipe to cleanse the client's feet. remove nail polish, and conduct a visual foot and leg evaluation. If there are no abrasions or open sores, begin soaking the feet.



3

## PREPARATION

Add one pump of Footlogix Foot Soak into a foot bath. Soak feet for 5-10 minutes. The Foot Soak makes cuticle work and callus reduction easier.



4

## EXFOLIATION

Remove client's feet from bath and gently pat dry. Use one pump of Footlogix Exfoliating Seaweed Scrub and apply to feet as well as lower legs. Add water to emulsify the scrub. Rinse product off legs and feet and pat dry.



5

## APPLICATION

Apply a small amount of Footlogix Cuticle Softener onto the cuticle and nail fold of each toe and allow to absorb for 60 seconds. Spray Footlogix Callus Softener on the soles of feet. Let the callus softener absorb for 2-3 minutes. Once the skin is no longer wet, but slightly tacky, file the soles and back of the heels with the Footlogix Stainless Steel File. Repeat Steps 5 and 6 on the other foot.



# Protocol



6

## REPAIR

Cut toenails and clean around nails in the groove, under the free edge, and along cuticles.



7

## REJUVENATION

Apply Footlogix Very Dry Skin Formula to each foot and massage into the skin. To hydrate and condition cuticles, apply a small amount of Footlogix Cuticle Conditioner directly onto each cuticle area. Massage into cuticles.



8

## MASSAGE

Once the pedicure is complete, massage your client's feet and lower legs with the Footlogix Massage Formula. 2-3 pumps are sufficient for a 5 to 10 minute massage, after which the Massage Formula will be completely absorbed into the skin without leaving a greasy residue.



9

## BEAUTIFY

Begin the beautification process by apply Dr.'s Remedy Hydrating Treatment Base Coat.

Next, apply two coats of your Dr.'s Remedy polish of choice.

Once the polish has dried, apply one coat of the Dr.'s Remedy CALMING Clear Gel Performing Finisher.

Finally, complete the treatment by applying the Dr.'s Remedy Fearless Foot Finisher to the heel and arch of the foot.



10

## RECOMMEND

At-home care will include Dr.s Remedy's CARESS Cuticle Oil and a bottle of the client's lacquer color of choice. Use the At-Home Care Pad to check off the recommended Footlogix products. Instruct the client on the application of the product they should be purchasing for happy, healthy feet.