## LaFlore® Probiotic Express Facial

**Step One:** Pre-Cleanse

LaFlore® Product: Enzymatic Cleanser

Dampen the skin with water or a steamed towel. Use 2-3 pumps of Enzymatic Cleanser and massage into face and neck. Remove cleanser using sponges, steam or cool towel or damp 4x4 wipes.

Step Two: Cleanse

LaFlore® Product: Enzymatic Cleanser

Combine 1 pump of Enzymatic Cleanser with an equal amount of water in a rubber bowl and whip with a fan brush until foamy. Apply to the face and neck and massage into the skin for 90 seconds. Apply a damp, warm towel to the face and massage along the jawline and under the cheekbones. Finish with forehead compressions and remove the cleanser from the face and neck.

**Step Three:** Massage

**LaFlore® Products:** Live Probiotic Concentrated Serum, Longevity

Concentrate

Mix 1 pump of Live Probiotic Concentrated Serum with Longevity Concentrate and perform a relaxing 10-minute facial massage. This will help neutralize any remaining surface bacteria, reduce redness, and soothe residual inflammation. To remove, apply a damp, warm towel to the face and massage along the jawline and under the cheekbones. Finish with forehead compressions and remove any remaining massage cream from the face and neck.

Step Four: Moisturize

LaFlore® Product: Daily Defense Moisturizer, Eye Cream Complex Use 2 pumps of Daily Defense Moisturizer and evenly distribute onto the skin. Apply 1 drop of LaFlore® Eye Cream Complex to ring fingers, tap together and gently massage under the eyes.

## Treatment Time - 20-30 Minutes

Disclaimer: Although our formulas are tested by dermatologists, discontinue use if irritation occurs. Do not use on open or broken skin.



Products used in this protocol: Enzymatic Cleanser Live Probiotic Concentrated Serum, Longevity Concentrate, Daily Defense Moisturizer, Eye Cream Complex