## Oil Cleanse Protocol

Step One: Prep	Apply steam, or a draped damp, warm towel over face. Leave on for 10 to 15 seconds to soften the skin and allow the pores to open.
Step Two: Apply LaFlore® Product: Longevity Concentrate	Use 1 dropper full of Longevity Concentrate. Place oil in the palm of hand and gently rub hands together to warm the oil.
Step Three: Massage LaFlore® Product: Longevity Concentrate	Begin to massage Longevity Concentrate onto face. Take 3-5 minutes to massage the face and work the oil into the skin. Use this time to release tension in the facial muscles. Taking the time to massage will release dirt and build up from the pores.
Step Four: Remove	Apply damp, wet towel, or sponge to remove the remaining oil.
Step Five: Finishing Touches LaFlore® Product: Live Probiotic Concentrated Serum	Pat skin dry with towel and apply 1-2 pumps of Live Probiotic Concentrated Serum. Allow one minute for absorption.
Treatment Time - 10 Minutes	

Disclaimer: Although our formulas are tested by dermatologists, discontinue use if irritation occurs. Do not use on open or broken skin.



**Products used in this protocol:** Live Probiotic Concentrated Serum, Longevity Concentrate