

Women's Health Treatment

Cupping offers a more natural, holistic approach to treating infertility. There have been many successful documented cases where conception and pregnancy ensued in cupping sessions. According to Eastern Medicine, there are 5 main pathological conditions that need treatment to bring about healing of the uterus, hormone balancing, and repair of the body as a whole to achieve healthy gestation (pregnancy).

These conditions are:

- Kidney Deficiency
- Liver-Qi Stagnation
- Phlegm-Dampness
- Blood Stagnation
- Cold Uterus

A combination of placement cupping and cupping massage can be incorporated to assist with the healing and repair of these 5 conditions. There is no time span for achieving successful gestation as other factors such as diet and stress need to be taken into consideration as well.



Treatment time:

30 min.



Suggested price:

\$80



Cost per treatment

\$0,52



SAMPLE MENU DESCRIPTION:

The Bellabaci Cupping technique combines placement cupping and movement cupping that makes use of positive and negative pressure massage performed with hands and innovative silicon cups, in combination with CircuFlow massage oil for the benefit of stimulating blood and lymph removal while assisting to heal, repair, and optimize woman's health. This treatment is excellent for stimulating blood circulation and proving healing in the body whilst getting rid of toxins in the body.



CHROMA & AROMA SELECTION

For the full Bellabaci experience, have the client view all 6 of the Genies. Using periphery vision, the client should choose the color which appears most vibrant. Should there be 2, then the chosen Genie is detected via smell. In true Aromatherapy, your olfactory memory will guide you to which blend your body and mind needs. If the Genie smells wonderful, it is the correct formula. If the Genie does not smell as great, it is not what your body is in needs. Humans are intelligent beings, and we have the ability to know what we need, we just need to learn how to revive this ability. For a practical parable, when you are sick with a virus, you may crave orange juice (immune-boosting) or chocolate for its calcium and uplifting element value during times of pain. The Chroma & Aroma Selection is completed before a Bellabaci Treatment is performed, either during consultation or guest check-in at reception, should a concierge be able to guide the client.



What you'll need:

The Revive Complex and Circuflow Wellness Massage Oil is the professional's choice for infertility, and overall women's health treatment, and increases blood and lymphatic circulation.

The natural cleansing properties of Bay Leaf, Juniperberry, and Cypress essential oil will address the fluid retention, blood, and lymphatic system.

Bellabaci Body Cups and Super cups are made from silicone and will increase blood and lymph circulation allowing fresh oxygenated blood to nourish the tissues whilst loosening and assisting the removal of fluid in the area whilst stimulating the natural collagen regeneration.

This treatment offers little to no overhead cost, no expensive machines needed, the oils do not stain towels or become rancid and our technique gives the therapist's wrists a well-deserved break while the clients benefit from tangible results.

Professional Products needed:



Homecare:





Treatment Protocol



1

TREATMENT ROOM PREPARATION

Set the ambiance of treatment by utilizing lighting, diffusers, and music. The treatment room should be set up prior to the guest's arrival. Ensure all supplies are available like your Meno-Free Calm Body Bellabaci Professional Wellness Massage Oil or Balm, Bellabaci Body, Super Cups, linens, and towels for warmth. The massage table must be properly draped. Assist your guest to the treatment room and onto the table, if needed, lying face down.



2

INHALATION & PRESSURE POINT

Apply 2 drops of the Revive Bellabaci Professional Pure Essential Complex on the hands. Place hands under the client's face in the face cradle. Encourage the client to take in slow deep breaths. Then apply on the back using intentional hand placements/pressures along the spinal column pressure on the exhale of the client.



3

PERFORM TREATMENT

Apply 2 pumps of the Profesional Circuflow Wellness Massage Oil into your hands and perform an effleurage on the legs and lower back x3.

Placement Cupping is optional:

Place 3 soft super cups on the lower back, 1 soft cup on each leg above the knee, and one soft cup on each ankle. Leave the placement cups for 10 minutes whilst you provide a relaxing scalp massage for the client and then remove them. Remove cups by squeezing and sliding them off the body

Please see diagram on the right.



4

PERFORM CUPPING MASSAGE

- Assist your client to turn-over facing up. Ensure the client is comfortable by placing a bolster below the knees and covering the eyes.
- Apply 2 drops of Revive Concentrate to your hands and press onto the abdomen by gently using pressure point therapy. Follow with 1-2 pumps of the Profesional Circuflow Wellness Massage oil into your hands and perform an effleurage on the abdomen x3.
- Perform kneading on the abdomen using your hands only.



Treatment Protocol Cont.

- Perform cup effleurage using a soft body cup starting on the right hip moving up and across to the left side and down following the colon. See diagram 1.
- Make use of a soft body cup to perform small circles on the colon starting on the right hip and repeat x6. See diagram 2.

Optional

- Perform Placement Cupping using 3 Soft Body Cups. Please refer to the diagram on the left. Leave the cups in place for 10 minutes. Perform a foot/Reflexology massage while the cups are in place. See diagram 3.
- Remove the cups by squeezing them to release the suction and slide them off the body.
- Make use of the soft body or super cup depending on the size of the abdomen and drain the colon x 6. See diagram 1.
- End off with Hand effleurage
- Use a warm compress to remove excess oil should it be requested

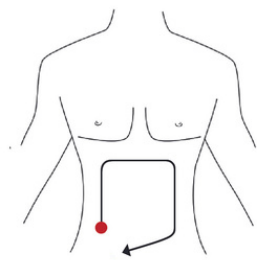


Diagram 1
Colon
Effleurage/Draining

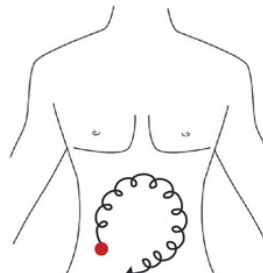


Diagram 2
Colon Small Circles



Diagram 3
Placement cupping



5

COMPLETION OF SERVICE

Complete the service by thanking your client and asking how they feel. Have a mirror available to show the client the changes in the skin. Place robe and slippers by the side of the table so the client can slip into them as they exit. Advise the client on what you have noted and used today and offer the CircuFlow Bellabaci products or Circuflow Body Kit from the homecare list for your client as a retail option and provide homecare advice.